

# Youth & 4

Let's Go  
Ice-Skating!

GOOD NEWS  
Beyond 1984  
See Page 5

# Youth & 4

January

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**COVER:** Ice-skating can be a lot of fun — but many are afraid to try. If you don't know how to ice-skate, then the article on page 11 is for you: "How to Avoid Ice 'Fallies.'" Photo by Nathan Faulkner.

# Letters

## Could keep you out of prison

I am 18 years old, and in the custody of the Texas Department of Corrections.

I am writing this letter to *firmly urge* the readers of *Youth 83* to take heed to the teachings of this magazine. Also to pay close attention to Church services and what the ministers say.

Readers, do yourself a great favor, LISTEN to the teachings of *Youth 83*, the ministers and your parents. You will live a much happier life.

And, if you obey these teachings, it could keep you out of prison.

Name withheld  
Texas

## "Dangling the Carrot"

I have just read your article in the September issue of the *Youth 83* entitled "Dangling the Carrot" (by Dexter H. Faulkner).

I felt that I should write and tell you how I really needed that article. This article has helped me in self-motivation. With this article I have a much more clear understanding on this subject and some points on how to go about self-motivation.

Thank you very much for all the help that your article "By the Way" gives to us teens.

Heather Munro  
East London, South Africa

## Brought tears to my eyes

The article in the September issue of *Youth 83*, "Dad's Final Gift," was a very touching story. When I read this article it brought tears to my eyes and the feeling of thankfulness. It made me think of my dad and all the wonderful things that our family does together. The article brought a reminder to me that "I've got someone to watch out for me. I've got a Father — I've got a friend" looking upon me.

Candy Metzler  
Farmington, Minn.

## Our special mom

I am an 18-year-old high school graduate, who still has a lot to learn, especially about my mother!

How many times did she feed me, clothe me, comfort and listen to me?

Annalise, Christine, Julie and I would like to thank our *special* mom, for everything she does for us. We love you!

Also, a big thank you to Ann Hays, for her article, "My Mom Is a Real Person" (October-November).

Ours sure is!

Sherry L. McGovarin  
Hastings, Ont.

# Love, Marriage and Sex

## Why Sex?

*What is the true purpose and meaning of sex? The fifth in a series.*

By Herbert W. Armstrong

**H**istory is being *written* in unhappy, frustrated lives. Why is the "New Morality" not solving the problem?

The more human leaders have tampered with moral codes, social regulations, forms of government, international movements for peace, the further they have plunged the world into evils, wars and violence, human misery and suffering. And the further they have driven humanity from mankind's transcendent potential.

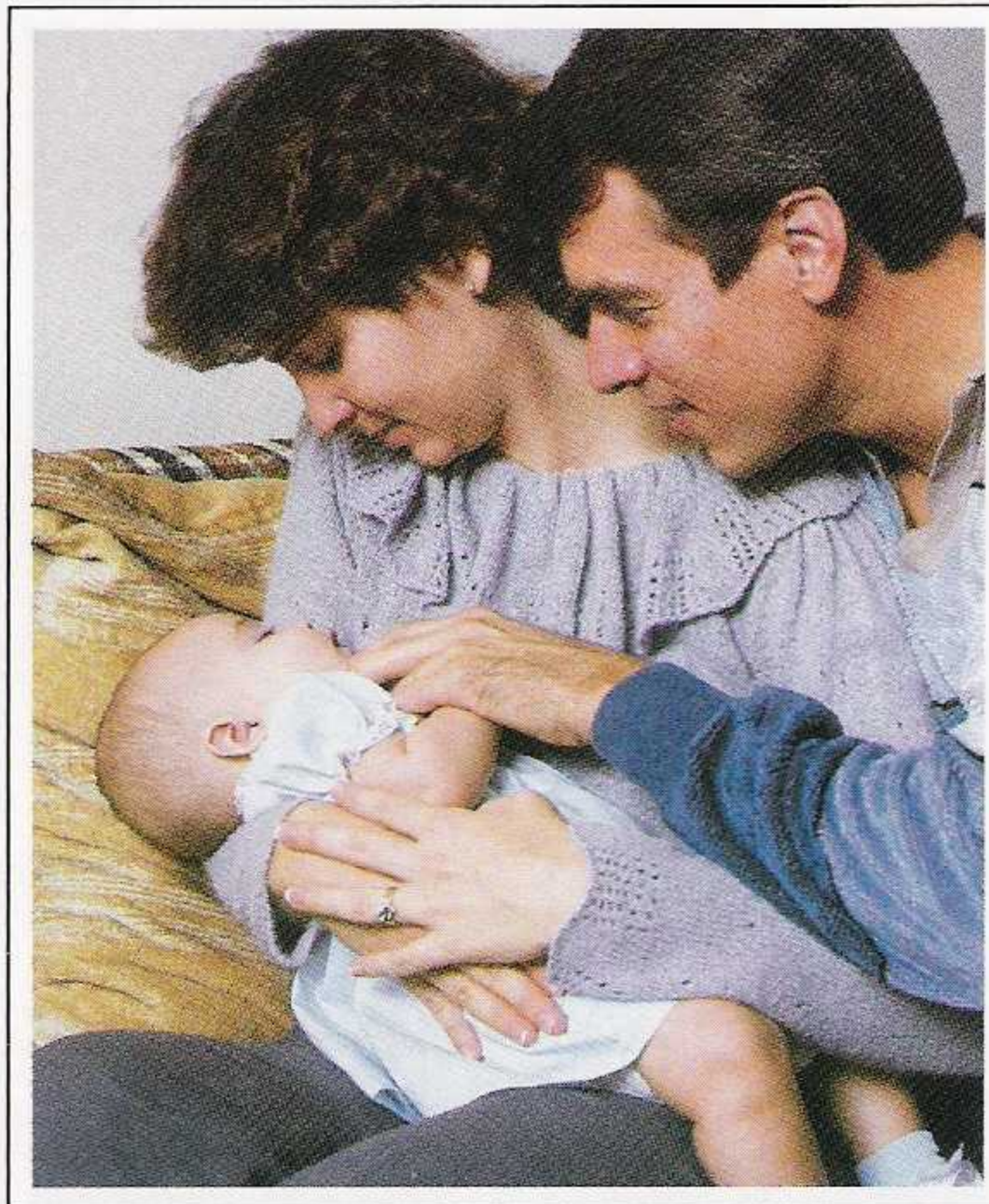
There is — I repeat again and again — a CAUSE for every effect.

And the cause? The MISSING DIMENSION — the basic, foundational KNOWLEDGE — the true premise for all explanations, philosophies and guidance in conduct. And the WAY OF LIFE that would CAUSE all good.

Our first parents rejected revelation as the *starting point* in knowledge and human conduct. They rejected the LAW of God. All humanity has continued in that fatal error.

Through nearly 6,000 long and painful years the lesson *has been written* in cruel EXPERIENCE.

Man is a physical being — but with a *spiritual attribute*. And of the whole man, the MIND, with its



Human babies start out very helpless. They need parental care, protection, teaching and love.

spiritual attribute and potential, is the *all-important* factor. The body is merely the mechanism, or vehicle, that the MIND directs and uses. But how is MIND connected with SEX?

Sex anatomy and sexual functioning are connected directly with the mind through the system of nerves. There can be no use of sex apart from the mind. Every bodily action is directed, consciously or subconsciously, by the mind.

And so it is, that ATTITUDE is an *all-important* factor of sex,

and directly associated with its every function.

So there are TWO phases of any use of sex — the one, of first importance, the mental-spiritual phase; the other, physical.

Thus, as in almost every activity of life, ATTITUDE is of prime importance. Direction of mind!

Now, let's UNDERSTAND what is so fatally WRONG with all this modern knowledge of sex. In both the "Old Morality" and the "New Morality" of this world's teachings and customs, IGNORANCE OF THE CREATOR'S INTENDED PURPOSES, and dissemination of evil *moral* teachings have poisoned human minds, and injected damage-causing ATTITUDES.

*A mixture of half good food and half potassium cyanide will kill you as surely as the dose of potassium cyanide alone!*

Not all of the purely *physical* knowledge published in this modern onslaught of sex books has been correct, by any means. But even if the dissemination of the physical details, of itself, were completely true, it is COMBINED, in every case — whether *in* such a book or from other sources — with a false and poisonous ATTITUDE OF MIND concerning sex PURPOSES and uses!

It thus becomes DEADLY MORAL AND SPIRITUAL POISON. And today's world is gulping down the

Photo by Hal Finch

fatal dosage! When physical information is combined with a poisonous mental attitude, it emphatically destroys moral purity and character.

### The first man and woman

Now consider the first man.

Adam was *not born*; he was *created*, suddenly, a full-grown adult man. His wife Eve was created, suddenly, a full-grown adult woman.

But we must not suppose that they were created with a full storehouse of knowledge implanted automatically in their minds. Perhaps you never thought of it in this light before — but consider:

How did we, the adults of today, come into possession of the knowledge we have? We were not born with it. A newborn babe knows nothing at birth. He is born with a mind, capable of absorbing knowledge — a very little at first, but cumulatively additive. Humans must be taught — must learn.

That is one of the *vital reasons* why marriage and family life are necessary for humans, unlike animals. Human babies start out very helpless. They need parental care, protection, teaching, training and love. They need the warmth and companionship of family life.

What was the difference between Adam, at the instant of his creation, and a baby at the instant of birth?

Within a portion of a single day, AN ADULT MAN was miraculously created, *suddenly*, out of the dust of the ground! Adam was created with a MIND, *as yet unfilled with knowledge*, but capable of receiving knowledge, reasoning from it, acting on it.

And *it was a mind free from defect or degeneration!*

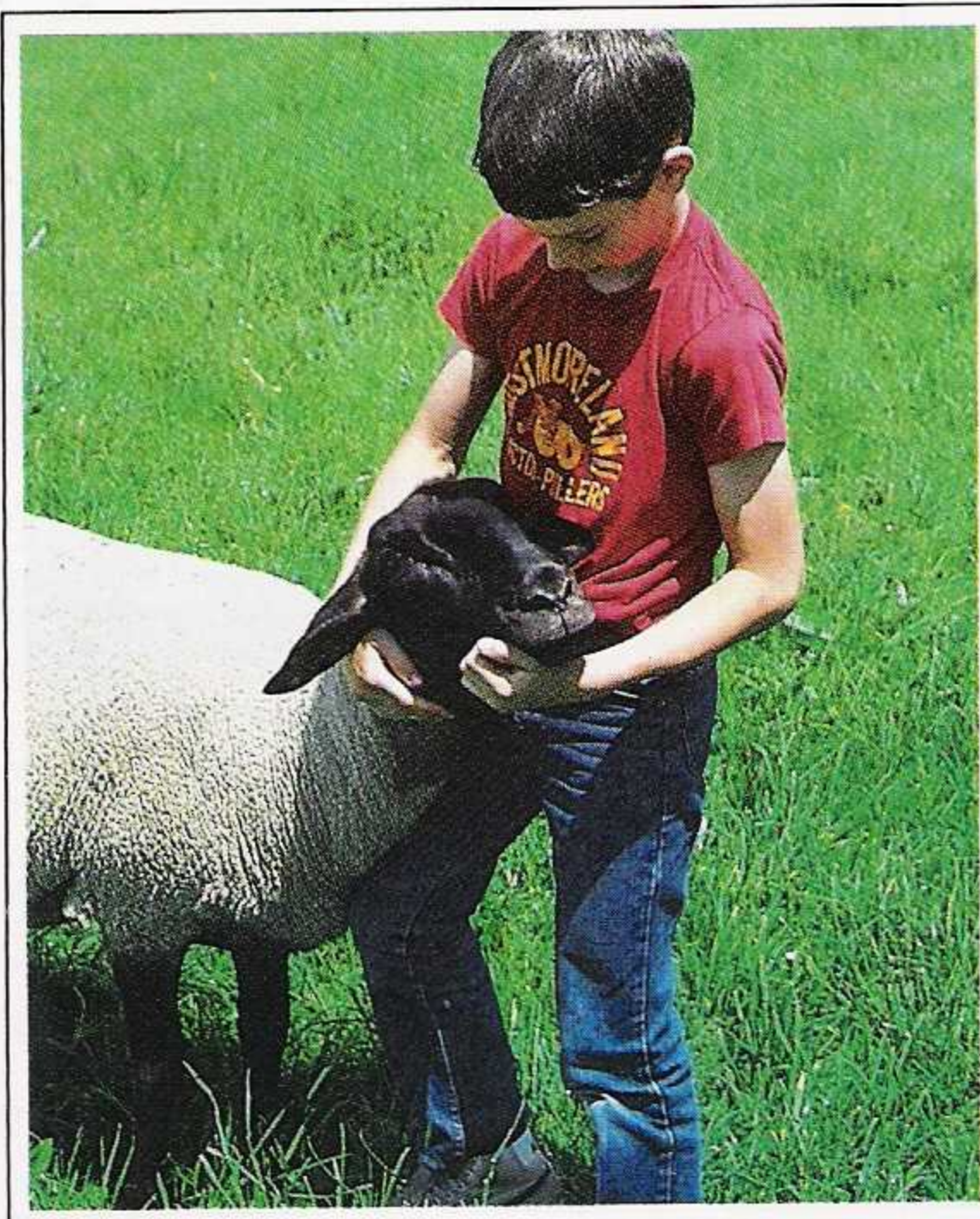
What, then, was the difference between Adam at the instant of his creation, and a baby at birth? He was started off as an adult — his mind had adult capabilities — but he was as much without knowledge, and therefore as help-

less, as a newborn babe! He was created with adult *capacity*, but not with adult knowledge!

The *very first need* of the first man and the first woman was to be given essential KNOWLEDGE! That is humanity's *first need* today, but humanity has rejected that essential knowledge. But of necessity, the first man and woman were created with ability of speech and of understanding speech as taught them by God.

### The Great Educator

And here enters a basic TRUTH long ago forgotten by the world!



In humans, there is a tremendous meaning to begetting and birth that is entirely nonexistent with animals.

The Almighty is *not only* the Creator! He is also the Great Educator!

The ETERNAL instructed the first man and woman. And He instructed them about SEX! The Great Designer, Creator and Lawgiver revealed for mankind the basic FOUNDATION of ALL KNOWLEDGE! That foundation of necessary knowledge — not otherwise discoverable by man — is available today in the Bible.

Yet our first parents rejected God's revelation of knowledge, rebelled against God and His law

for man's welfare! And their children have been rejecting and rebelling ever since!

Think of it! God the Creator is also Ruler of all His vast creation. He is also the Great and Supreme EDUCATOR for all mankind. Yet mankind rejects Him as both Ruler and Educator — and most reject Him as Creator!

### Original sex education

On the physical plane, God instructed the first human family in regard to food (Genesis 1:29, 2:9).

And He also instructed them in regard to SEX.

“And God said, Let us make man in our image, after our likeness . . . So God created man in his own image, in the image of God created he him; *male and female* created he them. And God blessed them, and God said unto them, Be fruitful, and multiply, and replenish the earth . . . And God saw every thing that he had made, and, behold, it was *VERY GOOD*” (Genesis 1:26, 27-28, 31).

GOD made mankind *male and female*. God created SEX in humans. And GOD said it was *VERY GOOD* — *not evil, shameful, degrading or sinful of itself*. Only *wrong use* becomes sinful.

God created sex for USE. Had He not intended sex to be used, He would not have designed it. In the angel family God did not intend sex to be used — so He did not design angels to be male and female. Angels have no sex apparatus, perform no sex function, do not reproduce.

If the Creator designed human sex anatomy, and set in motion human sex stimuli and capacity for functioning, He did it for definite PURPOSES. And God most assuredly did not neglect His responsibility of *revealing* to that first man and woman the right PURPOSES this functioning within their bodies and minds was to serve.

In the passage quoted above, God commanded sex to be used

FOR REPRODUCTION! He said, "Be fruitful, and multiply, and replenish the earth" (Genesis 1:28).

But that is far, far from the *only* purpose — as we shall see later!

### Special meaning of human reproduction

Now reproduction, merely as such, is, of course, common to animals and plants, as well as humans.

**BUT, IN HUMANS, REPRODUCTION HAS A SACRED AND GOD-PLANE MEANING NOT APPLICABLE TO ANY OTHER KIND OF LIFE!**

We shall see, later, that the birth of a human baby differs in striking manner from that of animals. Animals are not born to become the very HEIRS of God!

In humans, there is TREMENDOUS, AWE-INSPIRING MEANING and significance to begettal and birth that is entirely nonexistent with animals or plants. And God intended — had man been willing to heed God's instruction — that the very KNOWLEDGE of these deep and wonderful MEANINGS should bring man dynamic JOY!

So far as the purely *physical* functions of the process are concerned, reproduction is the same in mammals as in humans. That is a mere PHYSICAL process. But there is deep, spiritually transcendent MEANING in human begettal, gestation and birth that raises it to an altogether and incomparably higher plane than mere animal reproduction.

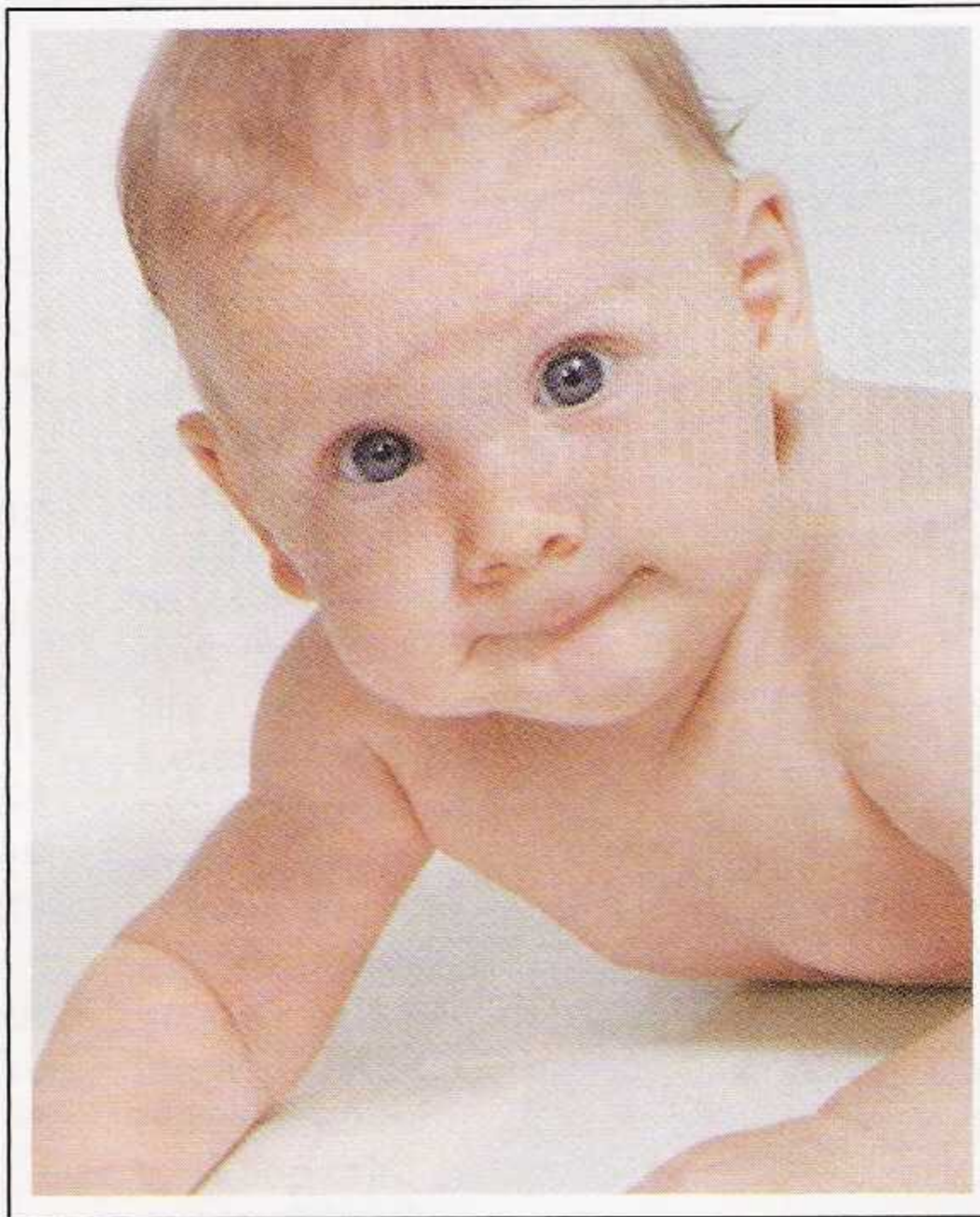
### How reproduction pictures spiritual salvation

Human children are begotten through sex. And that very begettal, period of gestation and birth of a human baby gives us the very PICTURE of the spiritual SALVATION and gift of eternal life made possible through Jesus Christ!

This is *another* reason Satan seeks to deceive his world regarding the purposes and right atti-

tude toward sex! By this very BLINDING of the world to GOD'S *purposes* of SEX, Satan has HIDDEN from his world the true KNOWLEDGE about GOD — that God is actually a FAMILY — a divine KINGDOM into which we may be born! He has HIDDEN from the world the real TRUTH of SALVATION — what it *is*, where it *leads*, how we receive it!

This FALSE MORALITY — both the so-called old and the so-called new — has been a far more potent weapon for the destruction of humanity than has been realized!



A newborn babe knows nothing at birth. He is born with a mind, capable of absorbing knowledge.

Now see and UNDERSTAND how human reproduction pictures spiritual SALVATION!

All human life comes from a tiny egg, called an ovum, produced inside the human mother. This ovum is about the size of a pinpoint. Inside it, when highly magnified, can be seen a small nucleus. But this ovum has a very limited life, *of itself!* Some doctors and scientists believe it has a life of some 24 hours, unless fertilized by a sperm from a male.

But human life may be

imparted *to* it by a sperm cell, produced in the body of the human father. The sperm cell is the smallest cell in the human body — about one-fiftieth the size of the ovum. The sperm — technically named a spermatozoon (plural, spermatozoa) — on entering an ovum, finds its way to and joins with the *nucleus*. This imparts *life* — physical *human* life — to the ovum.

But it is not yet a born human being. Human life has merely been *begotten*. For the first four months it is called an *embryo*. After that, until birth it is called a *fetus*. This human life starts very small — the size of a tiny pinpoint — and the sperm that generates it is the *smallest* cell in a human body!

Once begotten, it must *be fed* and nourished by physical food from the ground, through the mother. From this physical nourishment it must grow, and *grow* and GROW — until physically large enough to be born — after nine months.

As it grows, the *physical* organs and characteristics gradually are formed. Soon a spinal column forms. A heart forms and begins to beat. Other internal organs form. Finally hair begins to grow on the head, fingernails and toenails develop — facial features gradually shape up. By

nine months the average normal fetus has grown to a weight of approximately six to nine pounds, and is ready to be born.

### The type of spiritual salvation

Now notice carefully the astounding comparison!

First, understand briefly what spiritual salvation is. Few professing Christians understand this.

God said, in the "forbidden fruit" chapters of Genesis, that man is WHOLLY composed of physical matter from the ground (Genesis 2:7 and 3:19). Job said there is a spirit IN man (Job 32:8). It is explained in I Corinthians 2 that no man could have

Youth 84 photo

HUMAN comprehension, knowledge and intellect, but by "the spirit of man which is IN him" (verse 11).

This spirit essence is NOT the man, but something IN the *wholly physical man*. It imparts the power of intellect to the physical brain. It marks the vast, vast difference between animal brain and human MIND. This spirit cannot see, hear or think. The physical brain sees through the eye, hears through the physical ear, thinks with the physical brain. Yet this spirit acts as a computer, adding to the brain the psychic and intellectual power. It also adds to MAN a spiritual and moral faculty not possessed by animals.

The human's LIFE, however, is not supplied by this spirit. Human life is merely a temporary PHYSICAL and chemical existence, caused by the breathing of air, the circulation of blood by the heartbeats, and by refueling through food and water. Man's LIFE is mere temporary physical chemical existence — like the life of an automobile engine, or all vertebrates.

### To be born again?

Remember, God told Adam and Eve that for disobedience, and stealing the forbidden fruit, they would SURELY DIE. But God had offered them freely the *gift of eternal life*, by choosing the tree of life.

When they chose the forbidden fruit, God drove the man (and his wife) out of the Garden, "lest he put forth his hand, and *take also of the tree of life*, and eat, and *live for ever*" (Genesis 3:22).

But, through Christ, a repentant humanity may *yet* receive God's gift of eternal life. To Nicodemus, Jesus explained, "Except a man be born again, he cannot see the kingdom of God" (John 3:3).

Of course Nicodemus couldn't quite grasp that. He knew that he had been born by being delivered from his mother's womb. He

knew the difference between being BORN and being merely BEGOTTEN — something few theologians seem to know today.

Jesus explained, "That which is born of the flesh IS FLESH; and that which is born of the Spirit IS SPIRIT" (verse 6). Man is MORTAL. Man came from THE GROUND. He is FLESH — material flesh. Jesus was not talking about another *physical* birth — but He *was* talking about a *spiritual* birth — when man shall BE SPIRIT — be wholly *composed* of SPIRIT. He shall then have been BORN of GOD! God is Spirit



A mother carries her unborn baby in that part of her body where she can best protect it. (Youth 84 photo)

(John 4:24, Revised Standard Version); man is physical flesh.

A human has to be BEGOTTEN by his human father. To be born *again* of the Spirit — of GOD — one must first be begotten by the SPIRITUAL FATHER — Almighty God.

### The amazing comparison

Now see how HUMAN begettal, period of gestation and birth is the astounding identical TYPE of spiritual salvation — being BORN of God — being given ETERNAL LIFE in the Kingdom of God —

the God FAMILY into which we may be BORN!

Each adult human is, spiritually, an "egg" or "ovum." This spiritual ovum has a very limited life span, of itself — compared to ETERNAL LIFE — an average of some 70 years. But spiritual, *divine immortal* life may be imparted to it by the entrance into it of the HOLY SPIRIT, which comes from the very Person of GOD the Father. This divine Spirit of GOD imparts to us also the *divine nature* (II Peter 1:4). Heretofore we have had only human, fleshly or carnal nature.

As the human sperm cell is the very *smallest* of all human cells, even so, many newly begotten Christians start out with a very *small* measure of God's Holy Spirit. Many may still be, at first, about 99.44 percent carnal! Apparently those in the Church of God at Corinth were (I Corinthians 3:1-3). The apostle Paul said he still had to feed them on the spiritual *milk* — not yet adult spiritual food.

Now, as the physical male sperm finds its way to, and unites with the *nucleus* in the ovum, so God's Spirit enters and combines with the human MIND! There is, as explained above, a *spirit IN man*. This human spirit has combined with the brain to form human MIND. God's Spirit unites

with, and witnesses with *our* spirit that we are, now, the children of GOD (Romans 8:16).

And God's Holy Spirit, now combined with our human spirit in our MIND, imparts to our mind power to comprehend SPIRITUAL KNOWLEDGE (I Corinthians 2:11) — which the carnal mind cannot grasp.

Now we have the presence of ETERNAL LIFE — God life — through God's Spirit, but we are not yet immortal spirit beings — not yet BORN of God — not yet inheritors, and possessors, but physical HEIRS (Romans 8:17). But *IF* God's Holy Spirit dwells in us, God will, at the resur-  
(Continued on page 27)

# GOOD NEWS Beyond 1984!

*George Orwell's book, 1984, reveals a nightmarish vision of the future. But what tomorrow will really bring is good news beyond man's wildest dreams!*

By Michael Snyder

It was but four years after World War II. A war-weary world seemed determined to prevent all future conflicts. A period of hope prevailed.

But that year a disturbing book appeared. Written under the pen name George Orwell, the book called *1984* painted a grim picture of the future. It dared, in fiction, to predict that the world would be enslaved in barbaric totalitarianism in less than 35 years.

The year 1984 has arrived. How far have we gone? Let's take a brief look at the book.

## Your ultimate fate?

From its first published copy, *1984* stirred deep controversy. In the Orwellian world, three superpowers — Oceania, Eurasia and Eastasia — remain constantly at war. Oceania includes what had been England and the United States, as well as other areas.

The supreme leader of Oceania is "Big Brother," whose mustachioed face gazes down from gigantic posters everywhere. The posters' captions read, "Big Brother Is Watching You."

The book's main character, Winston Smith, lives and works in this environment. His job is to falsify information printed in the *London Times*. The *Times* must

always reflect that Oceania is winning its wars and growing economically.

Falsifying printed information is but a part of the giant INGSOC (the party that rules Oceania) effort to totally control the minds of party members.

INGSOC philosophy dominates every moment of Winston's life. Giant telescreens and listening devices installed all over London monitor the actions and movements of party members, even in their sleep.

Lies, torture, hate, brainwashing, suppression of joy and happiness — all are methods used to keep INGSOC in power. The party leadership takes great pains to keep the members in step with the party line. Violators quickly disappear after the Thought Police move in.

Even a fleeting sneer of disbelief during an INGSOC television broadcast may result in a visit by the Thought Police and a feared trip to the Ministry of Love. Calculated torture administered there is designed to cleanse the offender's mind of his or her *thoughtcrime*.

*1984* is the story of Winston's hopeless rebellion against INGSOC philosophy. In the end, he fails miserably and suffers excruciating torture.

Many literary critics believe George Orwell (whose real name was Eric Blair) wrote the book as a warning.

*Youth 84* makes no judgment of this world's political systems. But it is clear from historical accounts that the INGSOC society parallels the oppressive society of the Soviet Union in the 1920s and 1930s when Joseph Stalin ruled. Many experts today believe millions of people were killed in his terrible "purges."

During his rule, a personality cult equating Premier Stalin with Soviet patriotism was deliberately promoted. As in *1984*, huge posters of Joseph Stalin's smiling, mustachioed face beamed down



Joseph Stalin's oppressive rule in the Soviet Union may have served as a type for Big Brother's dictatorship in the book *1984*. (Photo by Wide World Photos)

on Soviet citizens everywhere.

George Orwell, a man who hated cruelty and oppression, had watched the Stalin cult engulf the Soviet land. He also had a ringside seat as the same event occurred in

prewar Germany with Adolf Hitler as the focus.

And he feared that all of humanity would eventually follow the same course.

Today, many fear that the Orwellian *1984* is but a few years distant. Various personal freedoms have been slowly eroding in societies throughout the world. Despite genuine attempts, the situation worsens.

Have you ever found yourself wondering the same question Winston Smith pondered in the book? "He had still, he reflected, not learned the ultimate secret. He understood *how*; he did not understand *why*."

Yes, *why* does humanity suffer the terrible evils of war, poverty and unhappiness? Have you ever wondered what kind of world you would live in after a nuclear war? It seems insane to even consider the possibility — but many experts believe it is coming!

### There is good news!

Perhaps it depresses you to consider your future in this world. But there is great hope — the human institutions that rule

problems this world faces today. Let's look at the cause.

There are two overall ways of life. For simplicity's sake, we call them the ways of give and get. Every human action — including yours — falls into one of these categories. But basic, necessary knowledge about these two ways of life can only be found in one place: an ancient collection of books that we today know as the Holy Bible.

The Bible explains why you are faced with such a confusing world today. It alone reveals how seemingly innocent actions combine to produce terrible, worldwide consequences. It alone explains the cause of global conflict: "Where do wars and fights come from among you? . . . You lust and do not have. You murder and covet and cannot obtain. You fight and war. Yet you do not have because you do not ask [God]" (James 4:1-2).

### The cause of world problems

Few realize the overall reason for world conflicts. But Alexander Solzhenitsyn, a man who suffered the ravages of Joseph Stalin's purges, declared the reason before English royalty: "Men have forgotten God; that's why all this has happened."

You may have not known that for nearly 6,000 years, humanity in general has rejected God and His ways by following the way of get. This way completely opposes God — it's a way of selfishly taking and concern for only one's self. It's the "me first" philosophy.

The way of give, however, is God's way.

It involves putting others' welfare above your own and focusing on developing godly character instead of temporarily satisfying physical lusts.

Many have made the mistake of assuming that God demands a boring life of self-denial. This is

hardly the case. Jesus Himself declared that "I have come that they may have life, and that they may have it more abundantly" (John 10:10). God wants people to prosper (III John 2) and enjoy this physical life.

But most — perhaps even including you — are deceived into thinking that their way (which is only following the way of get) is better.

It is this continued rejection of God that brings the turmoil and pain that George Orwell saw and described in his novel. As long as a deceived humanity (Revelation 12:9) continues to demand its own selfish way, war and poverty will also continue.

The good news is that God will soon step in and stop humanity from annihilating itself! Read about it in Daniel 2:44.

What will this coming world be like? Catch this glimpse of your future: "The desert and the parched land will be glad; the wilderness will rejoice and blossom . . . Then will the eyes of the blind be opened and the ears of the deaf unstopped. Then will the lame leap like deer, and the tongue of the dumb shout for joy. Water will gush forth in the wilderness and streams in the desert. The burning sand will become a pool, the thirsty ground bubbling springs" (Isaiah 35:1, 5-7, New International Version). How different from what you and I experience today!

George Orwell saw what humanity would eventually produce if God did not intervene. But we have the authoritative promise that God *will* indeed cut short these painful times (Matthew 24:22). The coming Kingdom of God can't be stopped!

This article barely touches the surface. If you'd like to know more, write for two free publications: *Never Before Understood — Why Humanity Cannot Solve Its Evils* and *The Wonderful World Tomorrow — What It Will Be Like*.

There is good news for this weary world — God help you to understand! □



Humanity will not annihilate itself. Instead, a world of peace and plenty will come where even the deserts will blossom.

the world today are soon to be replaced by a truly equitable world-ruling government!

You may not have realized that there exists a definite reason for



# Enter at Your Own Risk

By Richard Rice

**“N**ational Disaster Area!”

“WARNING: This room may contain hazardous materials. (But no one would ever be able to find them in this mess!)”

Your room probably doesn't deserve signs quite like this. But are you ashamed to have your friends over because of the debris they'd have to wade through?

If you're discouraged about your jumbled-up room and would like to find a simple and easy answer, here's just the solution for you.

It's a suggestion Benjamin Franklin made many years ago. If you try doing this to your room, you'll be able to conquer the clutter and even save time. Mr. Franklin's idea? “A place for everything and everything in its place.”

Apply this to your room: Choose a place to put everything and always make sure you put it back after use.

If you make this a habit, your room will always be neat, and you'll even save time. How? Because it takes less time to put books (or anything else) back in their assigned places each time, than to spend several minutes

searching for them later.

To make Mr. Franklin's suggestion practical, you need to determine first what you don't need or no longer use. Discard these items to make room for the things you really want to keep.

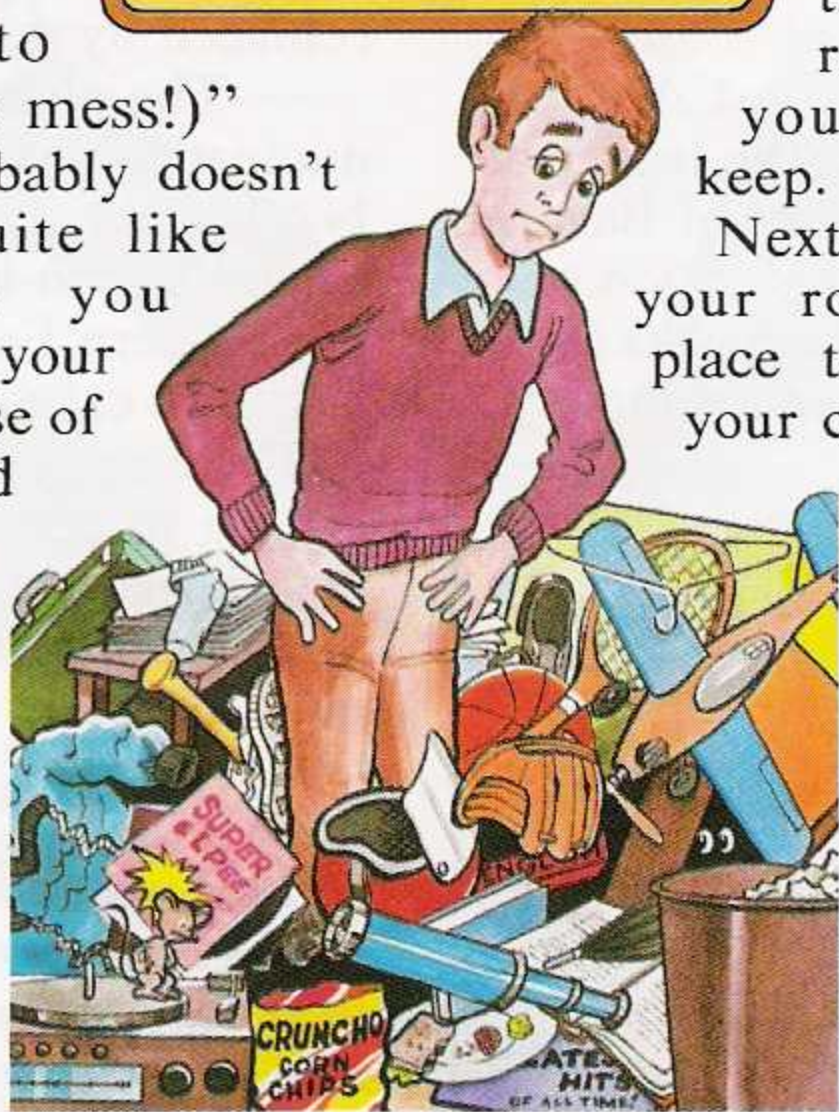
Next, begin organizing your room. Perhaps the place to begin would be your closet. For example,

you may want to hang slacks or dresses on one side and blouses or shirts next to them.

Next concentrate on your chest of drawers or dresser. Assign a drawer or two for socks and

underwear. Follow this procedure for all other items that need to be stored out of sight. Carefully organize your dresser top.

## BEN'S ROOM



underwear. Follow this procedure for all other items that need to be stored out of sight. Carefully organize your dresser top.



Now arrange other furniture you may have — such as a desk or bookcase — in an orderly fashion, keeping related items together. Use a pencil holder (or even an attractive mug) for stray pens and pencils.

Finally, take a look at the overall appearance of your room. Are the pictures straight? Is the bedspread even? Does everything look clean, tidy and organized?

The whole idea is to give your little domain a new look that you can be proud of.

But what if you have to share a room? And your brother or sister is a pack rat and doesn't care what your room looks like? Well, complaining usually won't help, but keeping your part neat may inspire your roommate to clean up too.

Or how about trying a “room cleanliness award” like they have at summer camp? Prizes, incentives, offers to help — creative ideas may help you solve this problem.

Once you've achieved order, resist the temptation to let down. With a little concentration and effort, you can keep your room in tiptop shape and ready for visitors at any moment. Not only will you feel better about yourself, but also you'll undoubtedly gain respect from your parents.

Remember: “A place for everything and everything in its place.” It's a suggestion that's hard to beat. □

Illustrations by Bruce Hedges

# NEWS THAT AFFECTS YOU

## Two Germanys, One Dream

- Right now it's only a dream, but for 80 million Germans, the hope of reunifying their people into one nation is a vision that is coming a little closer to reality.

Germany was divided into two parts after World War II when the Allied armies of France, Britain, the United States and the Soviet Union occupied Germany after Nazi dictator Adolf Hitler's

satellite country of the Soviet Union.

But Germans on both sides of the border are working toward reunification. Heinrich Windelen, West German minister for inter-German affairs, in July said, "No nation can remain divided against its will forever."

Germans are stepping up their efforts in a number of ways.

Among them:

- In a bold move last August, Franz Josef Strauss, the leader of the West German state of Bavaria, helped engineer an extension of one billion\* deutsche marks (\$400 million) in the amount of money

Germans removed deadly shrapnel guns from a small stretch of the border. These guns were used to kill or maim would-be escapees from East Germany.

Some West Germans feel that this is just a symbolic change anyway since 850 miles (1,360 kilometers) of border remain as deadly as ever. It is even rumored that the shrapnel guns are being replaced by new devices.

- The placement of U.S. nuclear missiles in Europe by NATO may have caused the Soviet Union to rethink its plan to use Eastern Europe as a defensive buffer in case of war in Europe.

The Soviet Union may now be willing to negotiate with West Germany for German reunification. The deal: Make the new Germany a neutral country that is neither pro-U.S. nor pro-U.S.S.R.

This would eliminate the threat to the Soviets of having nuclear missiles only minutes away. At the same time it would give the Germans what they want: one nation. — *By Dan Taylor* □



Today



Before WW II

defeat. They agreed to split the country into four parts, each of them administering one section.

This was intended to be only temporary. The occupying armies were to pull out after stability was restored to Germany. But the Soviets decided to keep East Germany under their control, using it as a buffer between them and their enemies in Western Europe. East Germany became a

East Germany is allowed to borrow from West Germany. This was quite welcome in East Germany, which is in deep financial trouble.

- New postal arrangements may allow East Germans to receive more packages from the West.

- According to the West German Interior Ministry, as a sign of good will, the East

\*Thousand million, British usage.

## King Leopold Taken by Death

- It was a dark time for Belgium. Her soldiers, facing a tough enemy, had pushed themselves to near collapse. Although nobody called it that yet, World War II had begun.

King Leopold III, commanding the Belgian armies,

Maps by Ron Grove

was stalling for time. He realized early in the war that his army was no match for the Nazis. His main goal in those last days of May, 1940, became protecting the British armies as they began their retreat.

Against all odds, King Leopold inspired the Belgian forces to

people were taken captive, he would go with them.

After the surrender, the Germans informed the king that all Belgian soldiers would be considered prisoners of war. He replied that the Germans "should consider me [the] first prisoner."

Even while a prisoner of war,

He became personally involved with several scientific expeditions. In 1954, the tall, lean king went on an expedition through the jungles of Panama in search of the route used by Vasco Nunez de Balboa, the European discoverer of the Pacific Ocean.

He also made many expeditions to South America, Africa and the Pacific islands where he made contact with the world's most primitive societies. King Leopold III was widely known for his humble love of people.

Though supporters and critics do not agree about the royal role during the war, there is no dispute that he stood up for what he knew to be right, even in the face of extreme opposition and danger. When he died Sept. 25, 1983, at the age of 81, the world lost a man of greatness, Leopold of the Belgians. — *By Lowell Wagner Jr.* □



Youth 84 photo

*Youth 84* Editor-in-Chief Herbert W. Armstrong introduces King Leopold III to an audience in Pasadena, Calif., in 1970. The two were longtime friends.

keep fighting. In one of World War II's most heroic moments, they delayed the invading Nazi armies three extra days, giving the British added time to evacuate 350,000 soldiers from Dunkirk, France, to Britain.

After the evacuation was under way, King Leopold realized that his troops would be needlessly slaughtered if they tried to hold out much longer. He began to negotiate a surrender. Even here, he instructed his generals to buy time for the British.

As the German army closed in, King Leopold was urged time and again to flee while he could, to abandon his post and head for England. He refused. If his

King Leopold used his powers to help his people. He intervened so often in their behalf that Adolf Hitler, getting tired of King Leopold's requests, fired off an angry letter to the king telling him to stop. King Leopold ignored it.

Toward the end of the war, he was deported by the Nazis to Germany and Austria. Isolated from his countrymen, ugly rumors began to spread that he was secretly a Nazi sympathizer and a traitor to Belgium.

The rumors were false, but enough people believed them that it became impossible for the king to return home after the war to resume ruling his country. After five years in exile, King Leopold gave his throne to his son, Baudouin, in 1951.

Leopold III quickly involved himself in humanitarian projects.

## Children of the Streets

- Imagine having to sleep in the street. Imagine spending your days roaming your city in search of something to eat. Imagine being left on your own, to live — or die — by your own wits. If you can imagine this, you have some idea what life is like for 40 million Latin American street children.

These children, abandoned by their parents, are forced to make a living for themselves from an early age. They provide for themselves in many different ways, from shining shoes on street corners, to picking pockets, to scavenging through trash cans in search of something to eat.

The problem has grown at an amazing rate in the past few years. The worldwide recession hit Latin America especially hard. Many families there,

unable to provide for their children, have turned them away in hopes that the outside world could take care of them.

It is thought that Brazil has the most street children. More than 10 years ago, Brazil began a huge effort to boost its economy. It borrowed a lot of money to help pay for this boost.

But when it came time to begin paying back the money, Brazil found that it didn't have enough. The national debt climbed to \$88 billion\*.

Cesare La Rocca, the director of a United Nations project helping street children in Brazil,

feels that "families are disintegrating in Latin America under the pressure of poverty, and what's happening with the children comes from the families' simple incapacity to resist."

Government and United Nations aid projects are having little impact. A Brazilian television network found that of the estimated two million street children in the city of Rio de Janeiro, only 20,000 were receiving any help.

But government and street child do eventually cross paths. A study by the Catholic University of Sao Paulo, Brazil, found that

80 percent of Brazil's prison inmates were former street children.

Local governments don't seem to have a way to solve the problem. But the solution is on the horizon. A new world government will soon be instituted that will make sure all children have food, clothing, shelter and true happiness. For more information, write for the book *The Wonderful World Tomorrow — What It will Be Like*. There's no cost or obligation. — *By Joel Rissinger and Lowell Wagner Jr.* □

\*Thousand million, British usage.

## Tomorrow's TV Today

• Tomorrow's television sets have more in common with your digital watch than you may think. Some of them even *look* like

wristwatches.

Japanese companies like Seiko, Hitachi, Toshiba, Casio and Matsushita have been in a

neck-and-neck race over the past few years to produce an amazing new type of television. Now, some of these televisions are showing up in the stores.

How are they different from the television in your living room? Today's televisions make a picture by bouncing a stream of electrons off the inside of the screen, making the screen glow.

The new television screens use liquid crystal diodes (LCDs) to produce their pictures. LCDs are also used to make the numbers in digital watches. Not only do these new televisions use less power than today's televisions,

they are much thinner. The thickest one on the market is only about 1-inch thick.

The screen is made up of thousands of LCDs. Each LCD is responsible for showing one tiny portion of the picture. They do this by either staying transparent or turning black, depending on what the picture is doing.

These first LCD televisions are mainly novelty items. The first ones to hit the market also double as wristwatches.

Another major breakthrough is Seiko's brand-new color pocket television, an LCD television the size of a cassette recorder. The color LCD television picture is clear, the colors crisp.

But don't expect to see LCD televisions in your town for a while yet. The wristwatch televisions are already on sale in Japan, but Seiko's color pocket television won't be out for several more months.

Both products will eventually make their way to countries like the United States and Canada where the television system is the same as in Japan. In other countries, you'll have to wait a bit longer, but that will just give you more time to scrape together the \$300 to \$500 you'll need to buy one. — *By Lowell Wagner Jr.* □



Photo by L. Gubb — Liaison

By Lowell Wagner Jr.

**I**f you already know how to ice-skate, go ahead and turn the page. Nothing personal. This article just isn't for you.

This article is only for those who feel that ice should be left in the freezer. That its only good and natural use is in the making of cold drinks. That it is only crazy people who would actually *skate* on it.

Those of us afraid of ice-skating have good reason for being that way: We don't deliberately want to do something that will cause us to fall down a lot. It lacks wisdom.

But face it, how many people do you know who have died from ice-skating? Most injuries on the ice are to the ego, not to anything important.

Still, it seems there would be precious little fun in a sport where the sole purpose is to fall down a lot.

This article will help you stay up long enough to actually enjoy the excitement and thrill of skating freely (in an upright position) across the ice.

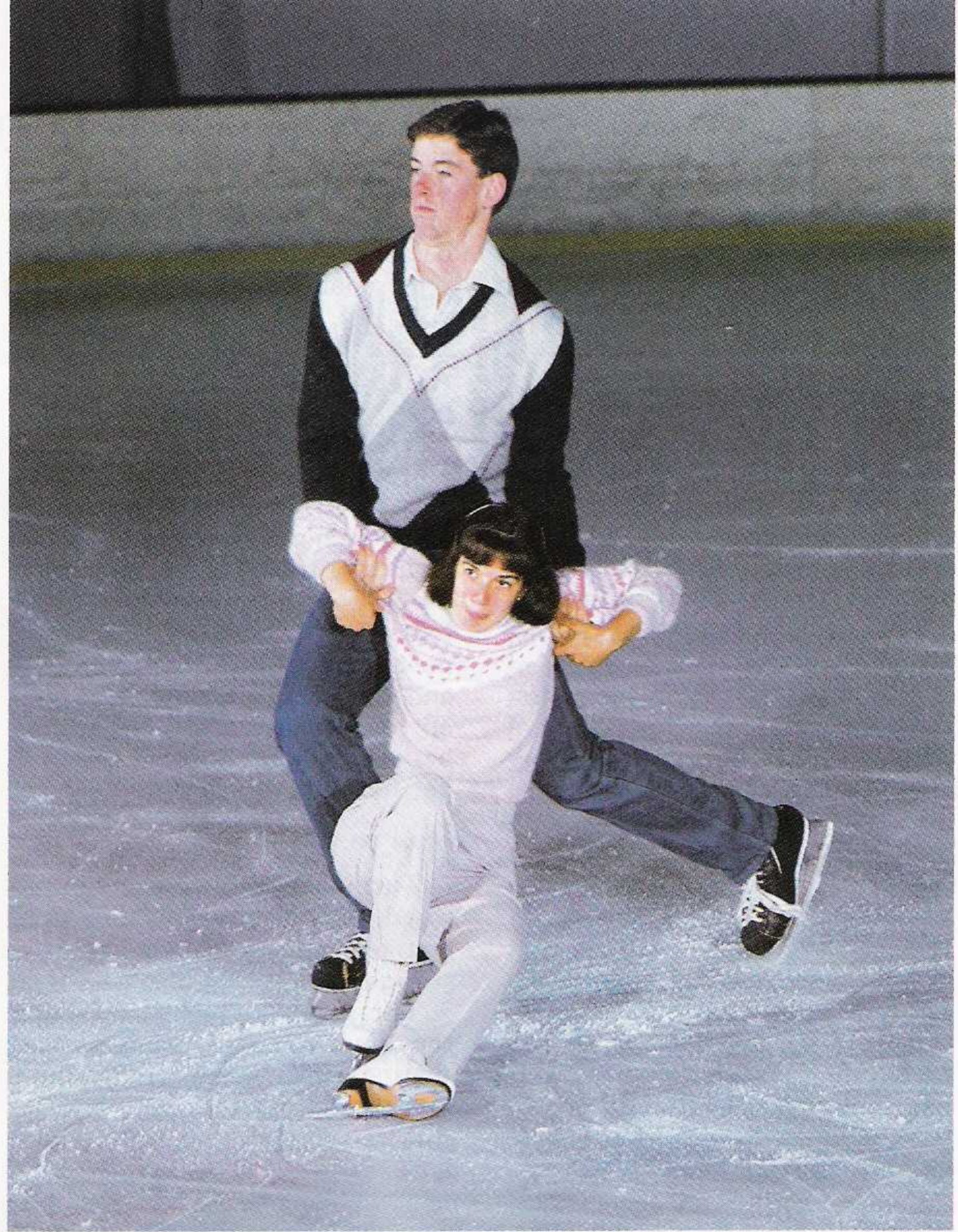
### Before you start

Ice-skating doesn't take any special training. If you can walk, you can ice-skate. But it does take some pretty specialized equipment, most notably, ice skates.

Unless you have a lot of money you don't know what to do with, you'll probably want to rent your skates to start with. Most ice-skating rinks have rental services. The only problem with rental skates is that they might not be in the best shape.

Be picky. Get a pair that fits you well. If the skate doesn't give your ankle support or if it chafes your foot, get a new pair. A poor fit can take the fun out of skating or even cause serious damage.

There is a special way to lace ice-skating boots. The laces around the toes should be a bit on the loose side — not blowing in



# How to Avoid Ice 'Fallies'

the breeze or anything, but they should give your toes enough room to move. From just behind the toes to just above the ankle, they should be rather tight — they need to provide support for your ankle. Above the ankle, they should be snug, but not as tight.

If you lace your boots like this, they will give your foot the maximum support possible when you hit (using the word loosely) the ice.

Now is a good time to get the feel of supporting yourself on two

thin pieces of steel. Walk around for a while in the dressing area. After a few shaky steps, you'll soon have a good idea of what it takes to balance yourself.

Now you're ready to start ice-skating. One foot at a time, carefully step onto the ice. Hold onto the rail that runs around the rink. After you are completely on the ice, just stand there for a while.

Keep your feet parallel to each other and spread your weight evenly between your skates. At

Photo by Nathan Faulkner

first, you may have a bit of trouble balancing and you may notice that your ankles want to cave in. After you get accustomed to the ice, it will be easier for you to keep your balance. Your ankles will grow stronger the more you skate.

After a few moments, try sliding your skate blades forward and backward, still holding onto the rail. Get the feel of the ice under your feet.

Next, still holding onto the rail, take a few steps — just like you would on dry land. Try this several times until you feel comfortable. As soon as possible, let go of the rail.

While you're taking these first few steps, remember to stay out of the way of other skaters. Stay close to the edge. Go the same direction as everyone else. Don't make erratic movements that could confuse other skaters.

### Let's skate!

Now you're ready to skate. Face the direction you want to travel. Place your feet parallel to each other. While keeping your left foot pointed straight ahead, turn your right foot until it is

pointed away from your left foot at almost a 45-degree angle.

Slightly bend both knees, keeping your hands out to the side for balance. Now push off with your right foot, gliding forward with your left. Glide as far as you can, keeping your right foot off the ice. After you stop, repeat this, pushing off with your left foot.

This is the essence of skating. Once you have this movement mastered, it's simply a matter of doing it again and again to move yourself forward. Instead of stopping after each move, though, bring your free leg — the one you pushed off with — back alongside and parallel to the other. Transfer all your weight to it then push off with the other leg. Don't forget to keep your knees slightly bent.

### How to turn

Turning is a bit more complicated. Don't attempt this until you feel comfortable going in a straight line.

This is how to make a left turn, the kind you will need in most skating rinks where traffic flows in a counterclockwise direction.

After you have pushed off with

your right foot, cross it in front of and to the other side of your left foot. Glide on your left foot while you gradually transfer your weight to your right foot. Now push off with your left foot, bring it back to the other side of your right foot and transfer your weight to it. Repeat this motion until you have made your turn.

As you make this move, you will find that your body naturally must lean inward. It is this lean that helps you make your turn.

### Learning to fall

It may seem strange, but the next thing you need to learn is how to fall properly because, if you haven't by now, you're bound to fall sometime soon.

When you start to fall, your first reaction will be to fight it. Most beginning skaters will go through all sorts of contortions to avoid a fall. It's useless. Give up. Gravity can't be fought. When you feel like you're about to fall, gradually lower your body to the ice so that you will land on your backside. The danger of being injured in a fall is a lot less when you do it this way.

Get up by putting your body in a sitting position, both legs extended in front of you. Place both hands firmly on the ice. Bring your right leg back underneath your body so that you will be kneeling on your right knee. Bring your left leg underneath your body, placing your skate blade on the ice. Slowly place your weight onto the blade and rise, eventually bringing your right skate blade onto the ice.

Of course, falling down isn't the purpose of skating. With time, you'll fall less and less. But even the best skaters fall every once in a while.

You now have the basics of ice-skating. Everything else from here on out is just icing on the cake. Granted, you won't be doing triple axels and flying camels right away. But once you have mastered the points above, you can officially call yourself an ice skater. Then, next time you see an article like this, you'll be able to turn the page! □

These professional skaters in an ice show at the Ice Capades Chalet, Pasadena, Calif., spent years mastering their skills. With a few of the basics, you can enjoy skating as much as the pros.



Photos by Nathan Faulkner

# What's It Like to Be a Teen in

# PRISON?

By Tom Delamater

The bell rings, signaling the end of another class, and students pour out of the classrooms and head up the various pathways. It is lunchtime.

The dress is typical of that found in most of the schools in the area: jeans, T-shirts, tank tops.

Some of the young people form into groups, others prefer to remain alone. Most seem pleasant enough, returning your smile and occasionally joining in casual conversation.

But there is something different about it all, something wrong. The students who look at you for any measurable length of time have a fire in their eyes, a fire kindled by anger, sadness and suspicion.

Although this place has many features of a school, in simplest terms, it is a prison. And these aren't really students, they're prisoners.

As such, the enrollment requirements are simple. You must be young, under 25 years old. You must have committed a serious crime. And you must have been caught.

This particular institution is by many accounts one of the nicest of its type. Its stated purpose is rehabilitation; that is, turning these young criminals from the perilous path that leads to adult prison.

One day I sat and talked with

some of them. Here is what they had to say.

## "I really don't know why"

Kathy (the names have been changed) is 20. Her story is that she and a friend were picked up while hitchhiking and driven to a remote area where the driver tried to assault them. Kathy says that in self-defense she pushed him over a cliff. Her mistake? Not reporting the incident.

Why did she do it?

"I really don't know why," she said. "When you're faced with something you're scared of, it's no longer a question of what is right and what is wrong. You just do it. Whatever you can do to get out of a situation you just do."

"I have dreams about it sometimes, trying to change it. There's just no way I can. I'm here, and I've got to deal with it."

She looked hurt and confused. Had any good come from her experience?

"I used to think, poor me, poor me, all the time when I came here, until I started talking to people around here and I saw what their lives were like. I thought: I had it easy, I had it made. And I blew it."

"From my room you can see the freeway and see the cars going by, and I wonder how many of those people are even aware of the fact that they're free. Sometimes I look around and think, What am I doing here? I'm 20 years old, I have a husband, I

have a child, and here I am sitting in here."

She told me that the child was a daughter. "I don't want her to fall into the same things I did," she said. Did that mean she'd been rehabilitated?

"There is no rehabilitation in this place. They try to get you to follow rules when you're here, hoping that when you get out you'll do it. But it's all got to come from within. It's a decision you've got to make yourself."

## "I didn't know it all . . ."

Steve, now 19, had his own apartment when he was 16 and held a good job. Influenced by his unemployed roommate, he agreed to participate in a robbery for the



"excitement." They pulled off dozens before he was caught.

"At 16 I thought I was grown, thought I knew everything. I was not vulnerable to anybody or any situation. I could handle any problem that came along.

"In reality I was young and I

didn't know it all and I couldn't handle anything that came along. It [robbery] was a wrong decision, but some people have to make wrong decisions in order to learn and stay on top of it again later on in life."

He agreed that the real rehabilitation came from within.

"I personally feel that you're going to go back to the same thing if you don't have a strong, firm foundation to put your feet back on when you leave here. If you're not motivated and determined to take care of yourself through your own program, then you're not going to make it. You'll be right back."

**"It's scary, you know?"**

"It takes something hard in your life, something tragic, to make you realize just where you're heading."

Speaking now is Tim, an 18-year-old in for first-degree murder.

"In the streets you gotta be bad. You can't be timid. You can't be kind. You can't be weak. My whole life revolved around getting high and seeing how many girls I could be with and just how much damage I could do. But that's a waste."

Was he ever afraid?

"Deep down inside, everybody's afraid. Regardless of how bad you are, you're afraid."

"When you get locked up, you start hearing little rumors about what's gonna happen to you. You're gonna get raped, you're gonna get beat up, you're gonna get stabbed. It's scary, you know what I mean?"

"It all depends on what kind of outlook you have in life. A lot of people think that when they do time they're gonna be bad. But once you get locked up, you start realizing all the things you could be doing out there. You realize you've missed out on a lot, and that can never be repaid."

He talked about the problems in his family. Did he think the family was important?

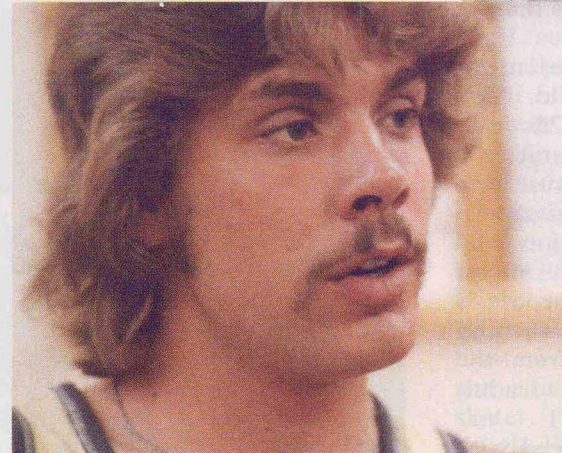
"It's the main thing," he said. "If you don't got a family, you

**"From my room you can see the freeway . . . how many of those people are even aware . . . that they're free?"**



**"I was so into satisfying my own needs and supporting my own habit, that I didn't care about anybody."**

**"If you don't got a family, you don't got nothing. You need your family's support."**



**"When you go in at night and they lock that door behind you . . . that's it for you, man. That's reality."**



don't got nothing. You need your family's support. You need a father to support you — not in the material things, but to help you grow up, to raise you."

### Importance of the family

Many of the wards felt that the family was of utmost importance.

"People who are even thinking of getting into trouble should sit down and talk to somebody — maybe even their parents," said Kathy.

It sounded like a last resort. But don't some young people say it's impossible to talk to their parents?

"People that *can't* talk to their parents *should* talk to their parents."

One girl's story brought this point home. Anne was once heavily involved in drugs.

"I didn't think ahead, that I'd feel bad when my mother would cry, 'Please don't do this to yourself.' I'd feel bad; it wouldn't bother me, though. I'd go out and do it again.

"When I was at the point where people were giving me advice, I was self-centered. I wanted what my heart desired, whether it was drugs or whatever. I wanted what I wanted. I didn't listen to what people had to say.

"I was so into satisfying my own needs and supporting my own habit, that I didn't care about anybody. I'd steal from them and it didn't bother me at all.

"Kids have to listen, especially to their parents," she said. "Their parents have been there."

Ron had a similar experience.

"My whole thing started out with drugs. That was the core of everything. You start out smokin' a joint, and it goes from there. Before I came in here I was stickin' cocaine in my arms.

"Once I got into drugs, everything was centered around it. Every move I would make, drugs were included. And once you get into that, it's hard to get out. Until you fall, you're not gonna get out. And very rarely do you make it out without comin' to a

place like this or having something really serious happen in your life."

Ron said he'd always been able to afford drugs, because his parents had money, and it was no problem for him to get some of it. What does money mean to him now?

"Money doesn't mean anything. It's not gonna take money to make me happy. It's certainly not going to be the center of my life. There's too many other things that can make me happy."

Like freedom? He smiled and nodded.

"The bottom line is this. When you go in at night and they lock that door behind you, and the thoughts begin to flow, and the tears begin to roll — that's it for you, man. That's reality."

### "Let's go see Daddy . . ."

And then there was John. At 21, he was the oldest of the wards I talked to. In and out of gangs as a teenager, he was finally picked up for armed robbery. A short, muscular man, John spoke softly about his enthusiasm for sports and his deep love for his mother. But pressure from friends and gang members had led him into trouble.

He talked a lot about family.

"Some people in here have a lot of family problems. One girl in here, her mother tells her she doesn't want to hear from her; she doesn't want her coming home. But love is the most important thing you need in here."

He was quiet for a moment, then he continued.

"I've got a little girl. And a fiancee. We've been together for about seven years now. I'm supposed to get married when I get out of here.

"I constantly pray about my daughter, and for me to raise her right and discipline her. Right now she thinks I'm in school when she comes to see me. She says, 'Let's go see Daddy at school.' But when she gets old enough, I want to sit down with her and explain where I was and the reason why.

"I feel remorse for my crime. I feel wrong about doing it. I was just acting in an immature way, you know, just thinking about myself instead of thinking about my family. My daughter was almost a year old when it happened. I should have been thinking about them."

How does serving time change a person?

"You feel more appreciative because when you're doing time, you have so much time to think. And you try to think of things to make time go by faster. You think of all the good times, and you even think about the times when you thought you were bored — and you probably *were* bored — but you think that you'd rather do that now, because it's nothing compared to how you feel right now. You're all alone."

Did he take fewer things for granted now? The question stirred a memory, and he smiled.

"I remember when I was in the county jail, I was happy to go on my way to court [prisoners are transferred by bus to be sentenced] because I hadn't seen the sun in about three months. I had to squint my eyes, you know, because it was so bright.

"And on my way to go to court I was just thanking the Lord for the sun and the trees — things like that."

### A postscript

Later that night I lay awake in bed, unable to sleep. I stared at the ceiling and thought of those young people I'd talked to earlier in the day. I imagined the heavy doors being locked behind them, leaving them alone with their thoughts and with the reality of what they'd done.

I thought about some of the things those of us on the outside take for granted. I was thinking about what it means to be free, when suddenly I remembered what John had said. And I realized I'd forgotten something.

So I thanked the Lord for the sun and the trees — things like that. And then I went to sleep. □



# Make It **EASY** for People to Talk to You

*Whether with your favorite TV star or the guy or girl down the street, starting a conversation doesn't have to be so hard!*

By Colleen Gus

**C**ould it be him? Janice wondered. That actor in her favorite television series?

He was just across the supermarket aisle. Just pickles and ketchup away. It *was* him!

What's this? He seemed to be looking at Janice, coming toward her. Past the ketchup. Past the

pickles. He looked like he was going to speak!

"Excuse me, miss, I'm visiting town. Do you know where they keep the olives?"

Struggling to keep a look of terror off her face, Janice finally managed to stammer, "Uh, over there — by the spicy mustard."

The next day at school, Janice was kicking herself for missing a chance to talk with him. "It's

good we weren't in the frozen foods section," she told her best friend. "I might have frozen solid!" Quietly, Janice resolved that the next time she would stand and talk if she had to nail her shoes to the floor.

You probably know how Janice felt. Nearly everyone has had an uncomfortable or difficult encounter while trying to make conversation. Indeed, it has been

said that conversation is a lost art.

Lost, perhaps, but still necessary. After all, the impressions people receive of us depend heavily on what we say. We need to converse to make friends.

Further, good conversation skills are a great help in making contacts, getting jobs and performing well in those jobs — especially jobs that require lots of public contact, such as waitress or usher. A good conversation can turn a dull bus ride or waiting in the lunch line into an interesting, enjoyable experience.

Then why do many of us, like Janice, find making conversation such a strain? It's because conversation is a skill we haven't been taught. To develop the skill of playing the clarinet or shooting a basketball, we first must learn some basic principles, then practice them to perfection. We can develop the skill of making conversation in the same way.

Three of the basic skills of conversation are presented here. Master them, and you'll be on your way to becoming a sparkling conversationalist.

### **They like you! They like you!**

Dave is an average 16 year old. Although he is no superman, he is talented in music and in tennis, and well-liked by most of the people he knows.

Still, Dave is dogged by the feeling that people really don't want to talk to him, that if he begins to converse with someone, he is really intruding on his time. Walking into a party, Dave must constantly fight off the thought that the people here are already having fun; they don't need him.

Many people of all ages have these doubts about people they don't know well. These doubts make it hard for them to exert more than a halfhearted effort at conversation.

There's just one other problem with thinking that people would prefer not to talk to you: *It simply isn't true!*

The first skill to master in conversation, then, is to realize that most people will be flattered

if you approach them and show an interest in them. As long as Dave is clean and neat, almost anyone at the party would be pleased to talk to him.

If a school acquaintance or a friend's sister shows an interest in you and starts to talk, don't you take it as a compliment? It's the same for anybody. The older couple who run the corner store? So often ignored, many older people love to talk with those of us just beginning our lives.

Your friends' parents? They might find a conversation with another teenager stimulating.

What about guys and girls your own age? You may find that some you rarely talk to are interested in the same things you are, and would love to be able to count you among their circle of friends. How do you know the girl next to you *doesn't* share your enthusiasm for oil painting, if you don't talk to her?

Don't be frightened by groups. If you're in a situation where people are already talking in a group, simply smile, look interested and drift over. Make a comment or two where appropriate, and you're a part of the conversation.

### **Make it easy**

The second skill we'll discuss is simple: Make it easy for people to talk to you.

Stop and think of a person you really enjoy talking to. Why do you feel comfortable with him?

Chances are, that person looks you in the eye when he talks to you. He uses your name occasionally. He lets you know he's listening to you through his facial expressions.

That person also probably lets you know that he really wants you to talk more, by asking you questions that require more than a yes-or-no answer. Such questions are called open-ended questions.

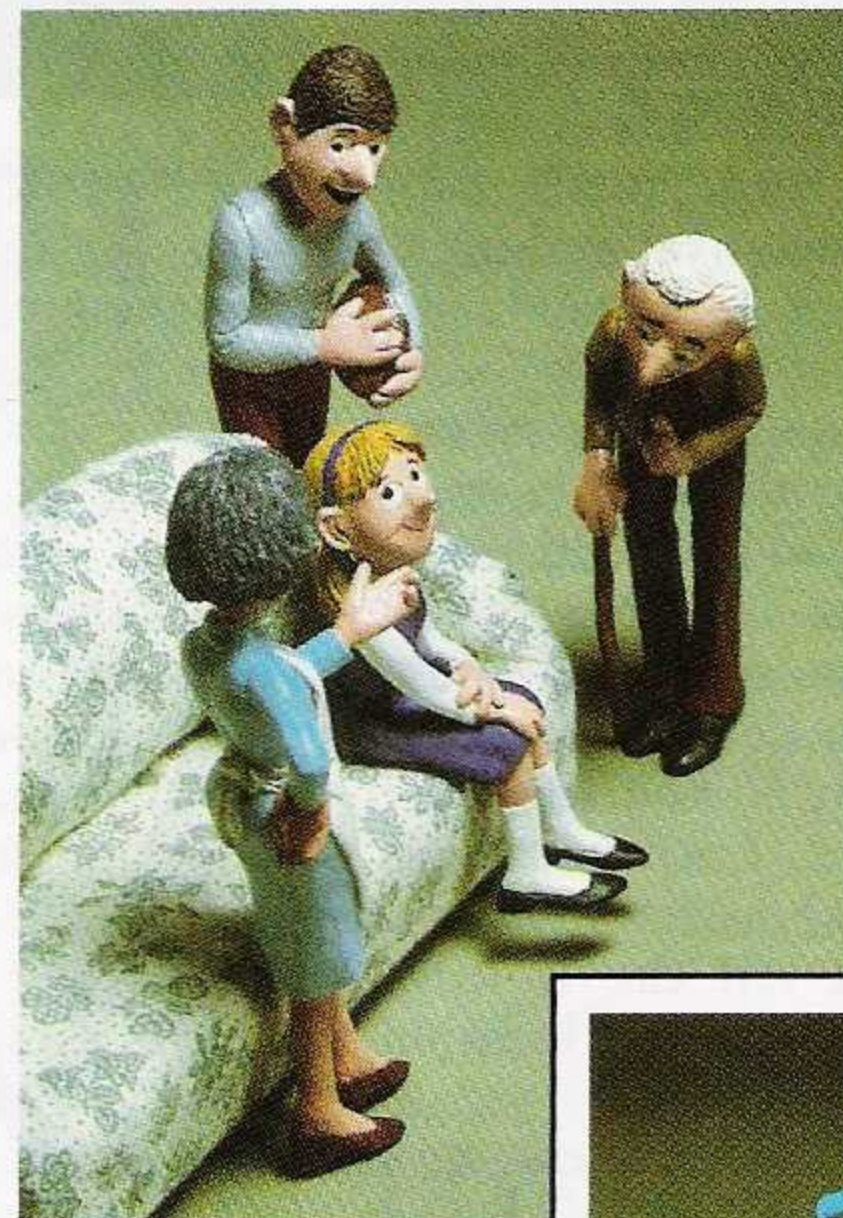
Let's take a look at how open-ended questions can work for you. Say you're in a bicycle shop and you happen to see Monica, a girl you'd like to get to know. She's looking at a 12-speed bike. You walk up to her and remark, "Nice bike, eh?"

Monica replies: "Yeah, it's like the one my uncle had. He toured all over the country on it."

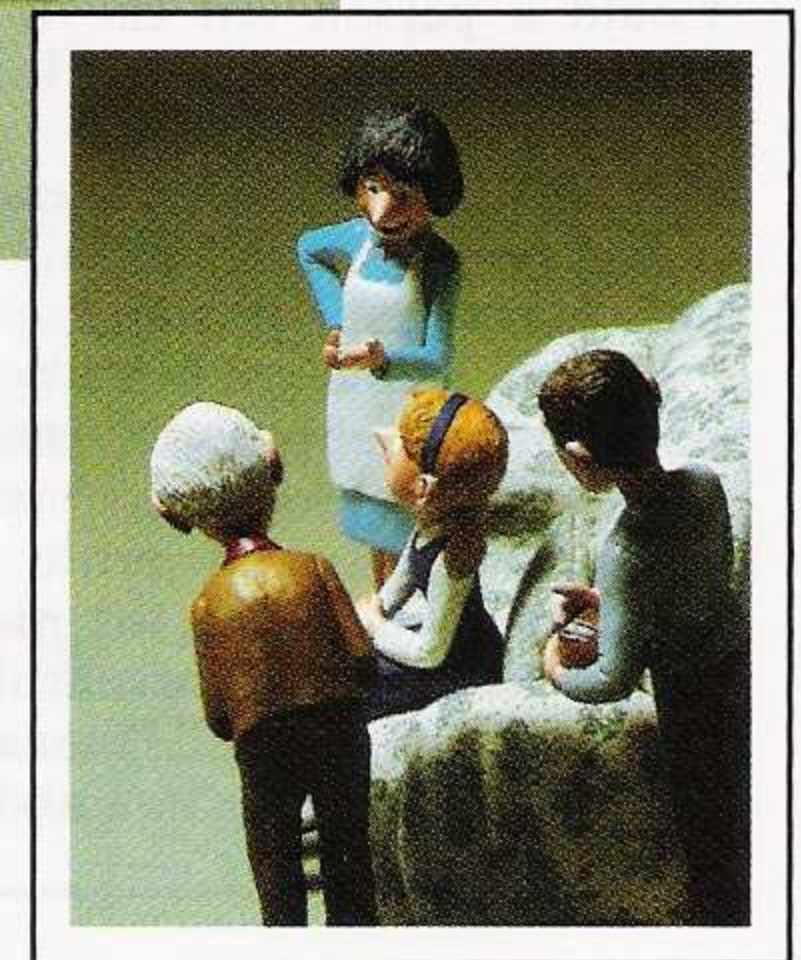
Now you've come to a conversational fork in the road. You could say something like, "My brother's got one and I'm saving to get one, too." But this doesn't leave Monica in a good position to reply. If she doesn't own such a bike and doesn't plan to buy one, she really has nothing to add.

If, however, you use what Monica told you, you might ask: "Really? Does your uncle still tour?" That's good because it keeps the conversation on what she's already mentioned, but it still only calls for a yes-or-no answer. Monica may just say, "No," and wander off, thinking

*(Continued on page 26)*



Young and old, people can be fun to talk to! Conversation doesn't have to be a lost art if you learn to make it easy for people to talk to you. (Clay models sculptured by Michael Jon Woodruff; photos by G.A. Belluche Jr.)



*Earth's companion in space has long challenged man's curiosity. Let's explore some of its mysteries.*

By Kenneth C. Herrmann

“**H**ow can an object a quarter of a million miles away cause millions of tons of sea water to shift on the world's beaches?

“Why does the moon look bigger sometimes? What causes its changing shapes (phases)? Why do we only see one side?

“And what about when the sun or moon becomes dark? What makes eclipses happen?”

These questions and many more have mystified and challenged men for thousands of years. As man answers some, other questions, even more complex, spring up to mystify him.

#### **Moon gazing**

To learn more about the moon, let's watch and see what it does. Suppose we start with a full moon and watch hour by hour. (The full moon this month falls on Jan. 18; next month, Feb. 17.)

“Well, it rises in the east just like the sun does. Each hour it is 15 degrees higher in the sky. Could a person tell the time of night just by noting the location of the moon?”

Yes, certainly. Of course, you would have to calculate this based on when the moon came up.

Watch the moon hour by hour and you will also notice that it is moving eastward compared against the background stars. Choose a time when the moon is near a planet or bright star. Every hour the moon will move east with regard to the stars about its

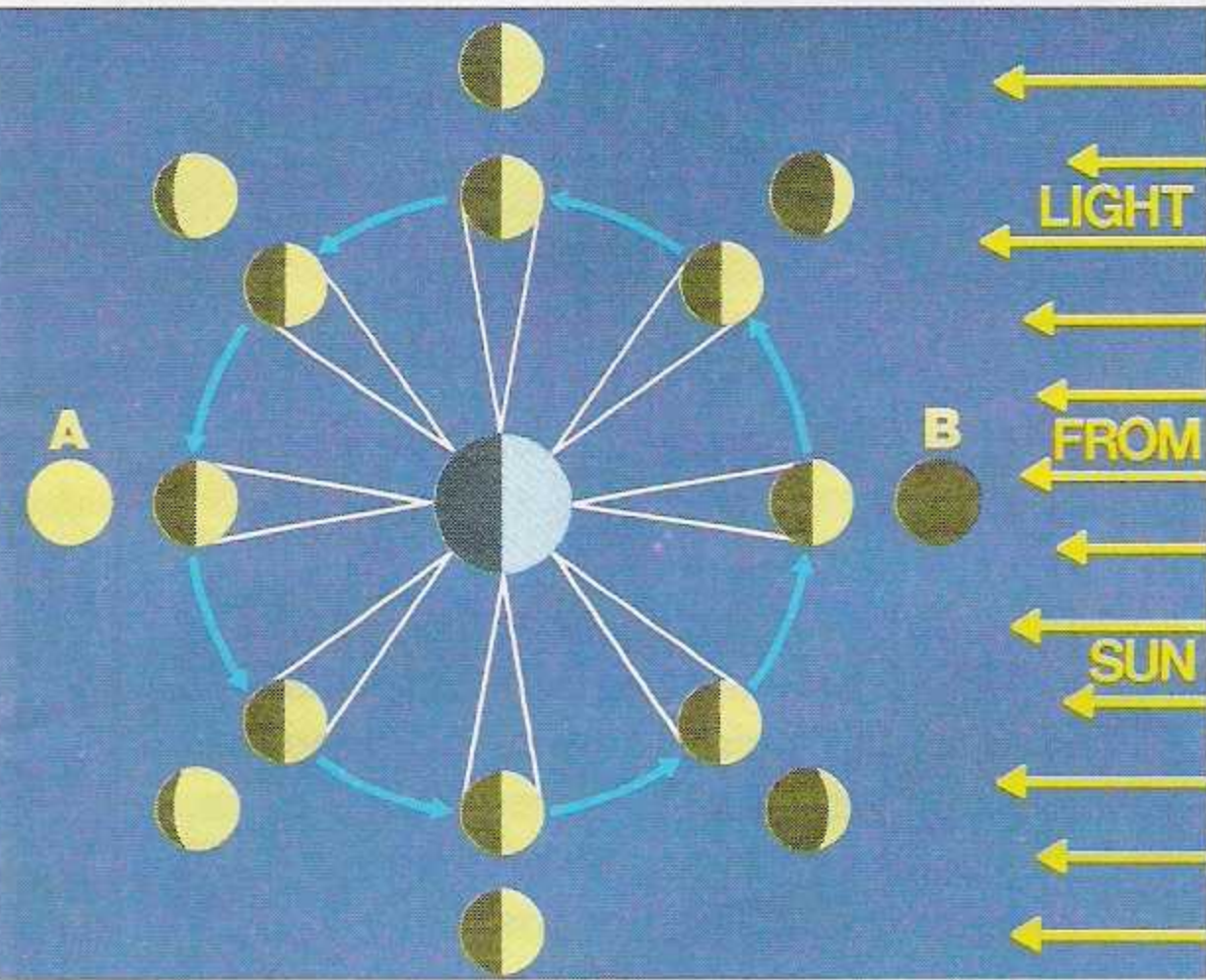


# The Mysteries of the MOON

own width. Look again 24 hours later and you will find that the moon has moved about 13 degrees farther east in the background of stars! And that is why it rises later (about 50 minutes on the average) every night.

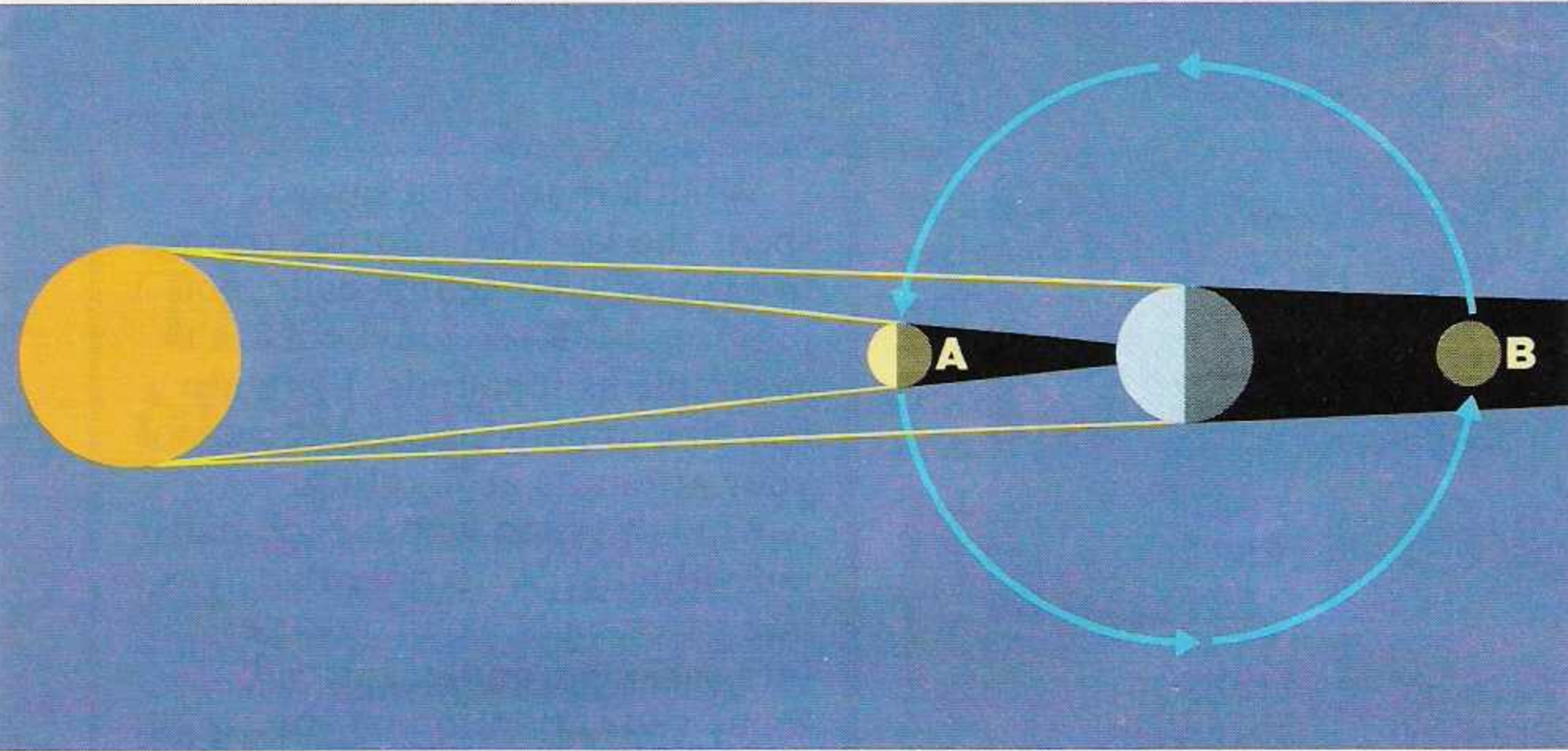
That's also why the ocean tides

are an average of 50 minutes later each day. But how does the moon cause tides? The moon's gravity pulls the earth and especially the oceans, causing a bulge in the area directly under the moon and also on the opposite side of the earth.



Left: As the moon circles the earth each month, the amount of its sunlit surface visible from earth changes. The outer circle shows the moon's shape (phase) as seen from earth.

Below: Two types of eclipses. A solar eclipse occurs when the moon (position A) comes directly between the sun and the earth. Lunar eclipses (position B) happen when the moon enters the earth's shadow.



As the earth turns, these bulges (high tides) stay under the moon's position (and the opposite side of the earth from the moon), which means the bulges travel around the earth. This brings a high tide twice a day, with low tides in between.

The moon's gravity doesn't just work on the oceans, of course, but land tides only measure about 4.5 inches (about 11.5 centimeters), and can only be measured with extremely sensitive instruments.

**Size and shape**

Why does the moon seem to be larger and nearer to us at times than it does at others? Two answers are needed to answer this. First, the moon does look bigger when it is near the horizon, but that is merely an optical illusion! Second, the moon's

path around the earth is egg-shaped (or elliptical); at *perigee* it is nearer by 14 percent and thus looks larger than at *apogee* when it is 31,000 miles farther away.

"What other challenges has the moon presented to mankind?" The changing shapes or phases of the moon are some of the most obvious problems — see diagram 1 for an explanation of how they work.

For thousands of years man had only seen one side of the moon, until October, 1959, when a spacecraft sent back pictures of the far side. But why does only one side face earth?

This interesting occurrence happens because the moon rotates (spins) once each time it circles the earth. You can show how this works yourself: Walk around an object (or person), keeping

your body facing it. The only way you can do this is if your body turns all the way around as you circle the object once.

The moon's role in eclipses of the sun and moon also challenged man. Diagram 2 shows what man has discovered to explain how eclipses happen. "Could lunar eclipses be used to determine longitude for ancient mariners stopping on a distant, unknown shore?" The answer is again yes. Christopher Columbus in his discovery of America used the lunar eclipse of Sept. 14, 1494, to find his longitude; but we puzzle because he made an error of 23 degrees or more than a thousand miles. Was this intentional to hide his failure to reach the rich trading areas of India?

**Harvest helper**

"What about the term harvest moon? What does it refer to?"

The moon performs a special service (for those in the Northern Hemisphere) at harvest time. Growing up on the farm, we noticed that we had a full (or nearly full) moon rising just before, at or after sunset night after night. We could work late in the fields and complete our harvest ahead of the expected rain that was sure to come in just a few more days. The moon's average daily delay would only be about 20 minutes instead of the usual 50 minutes.

Why does it happen like this? The answer would take more space than is available here, but you can look it up on your own, for example, in the book, *A Survey of the Moon*, by Patrick Moore.

The answers to these and the many other questions the moon raises are a challenge. You may want to explore the moon more with some in-depth study of books and diagrams, and some independent observation. Binoculars or a telescope can put you in even closer contact with your subject.

These secrets of the moon are like a challenge put before us by our Teacher and Creator! □



# News & Reviews

## It's a Toss Up

Have you ever wanted to learn how to juggle? Maybe you've thought it would be fun, but every time you tried, you didn't get very far — well, at least no farther than it took you to recover your balls as they went rolling around the room.

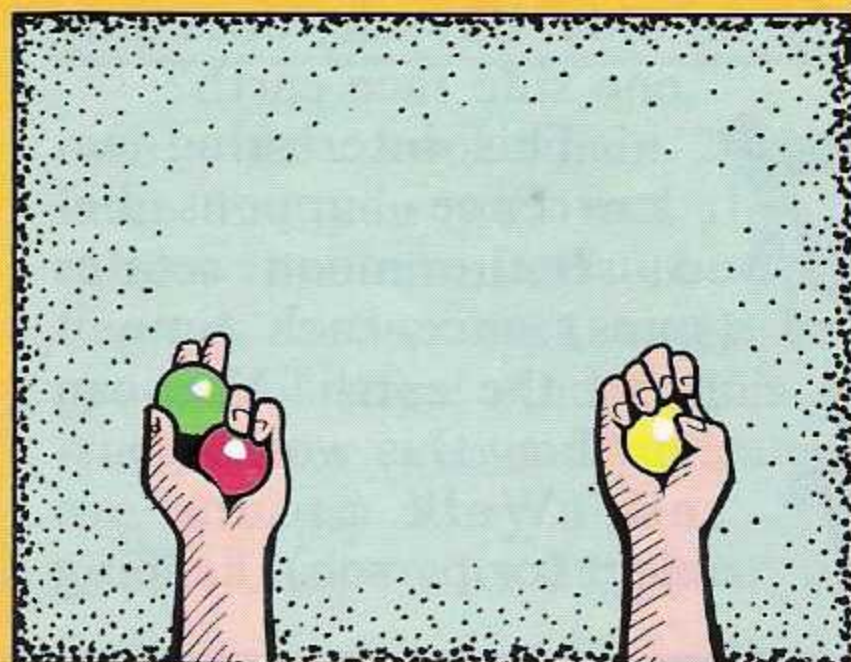
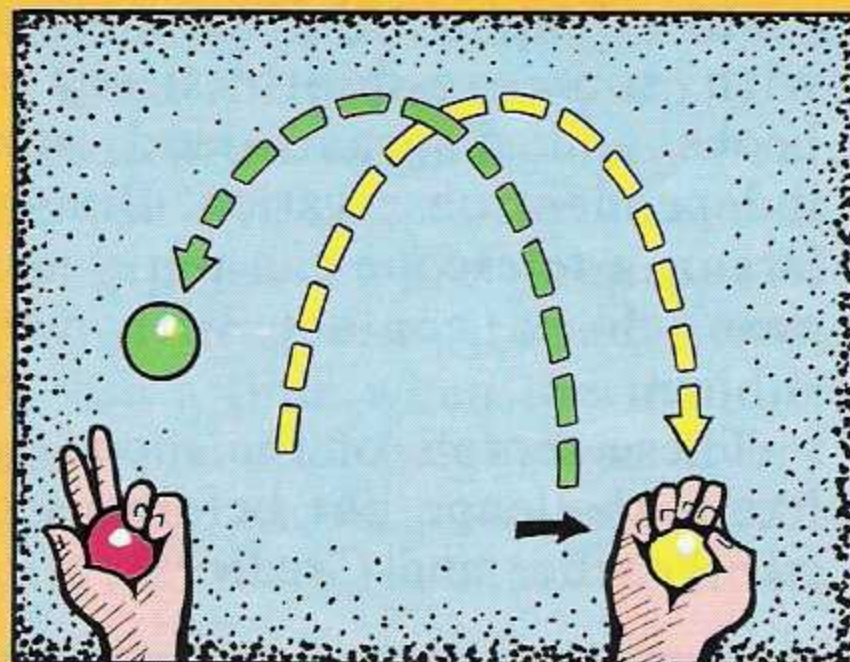
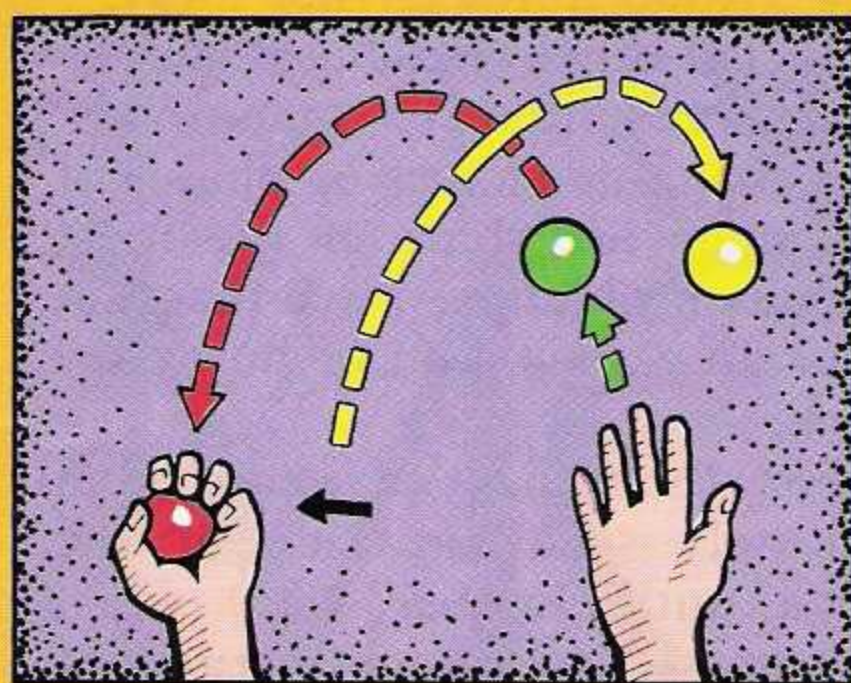
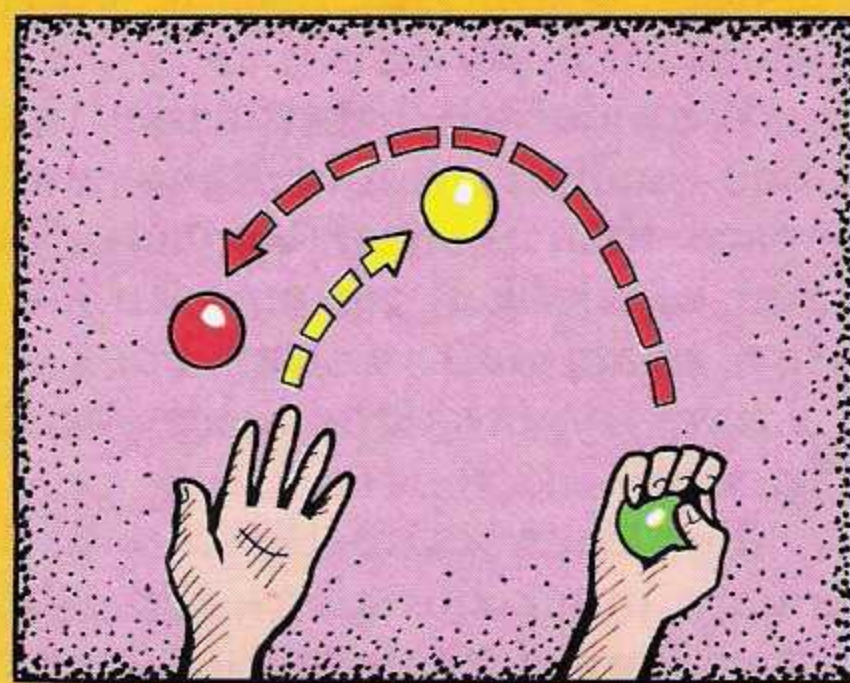
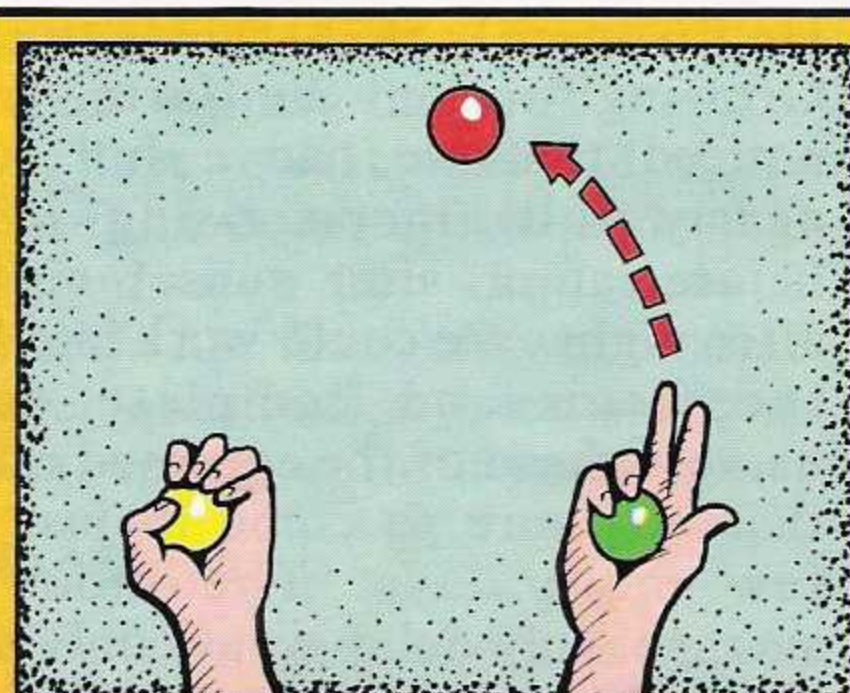
Juggling isn't something reserved for the few. Like anything else, juggling will take time and work to learn, but once you have mastered it you won't forget how to do it.

Here's a simple way to get started. This pattern of juggling is known as cascade juggling.

Right-handed people should start with two balls (tennis balls or something smaller) in the right hand and one in the left.



What's the trick to learning how to juggle? These illustrations show that you need to toss each ball at just the right moment. The ball must also follow nearly the same path each time.



(Left-handed people should reverse all the directions in this article.)

From your right hand, throw ball 1 up and slightly across so you will be able to catch it with your left hand. Throw it up to about eye level. When ball 1 reaches its high point, throw up ball 2 from your left hand, across to the right hand. Toss up ball 3 as soon as 2 reaches its high point. Keep it going! You are now juggling.

What's that? You say you've spent the last five minutes trying to recover your tennis balls, not juggling? OK, so maybe it isn't as simple as it sounds. Here are a few tips to help you trouble-shoot your attempts at juggling.

- Don't try to watch each ball individually. With only two eyes and three balls, you could get into serious trouble. Instead, focus your attention on the expected high point of the balls.

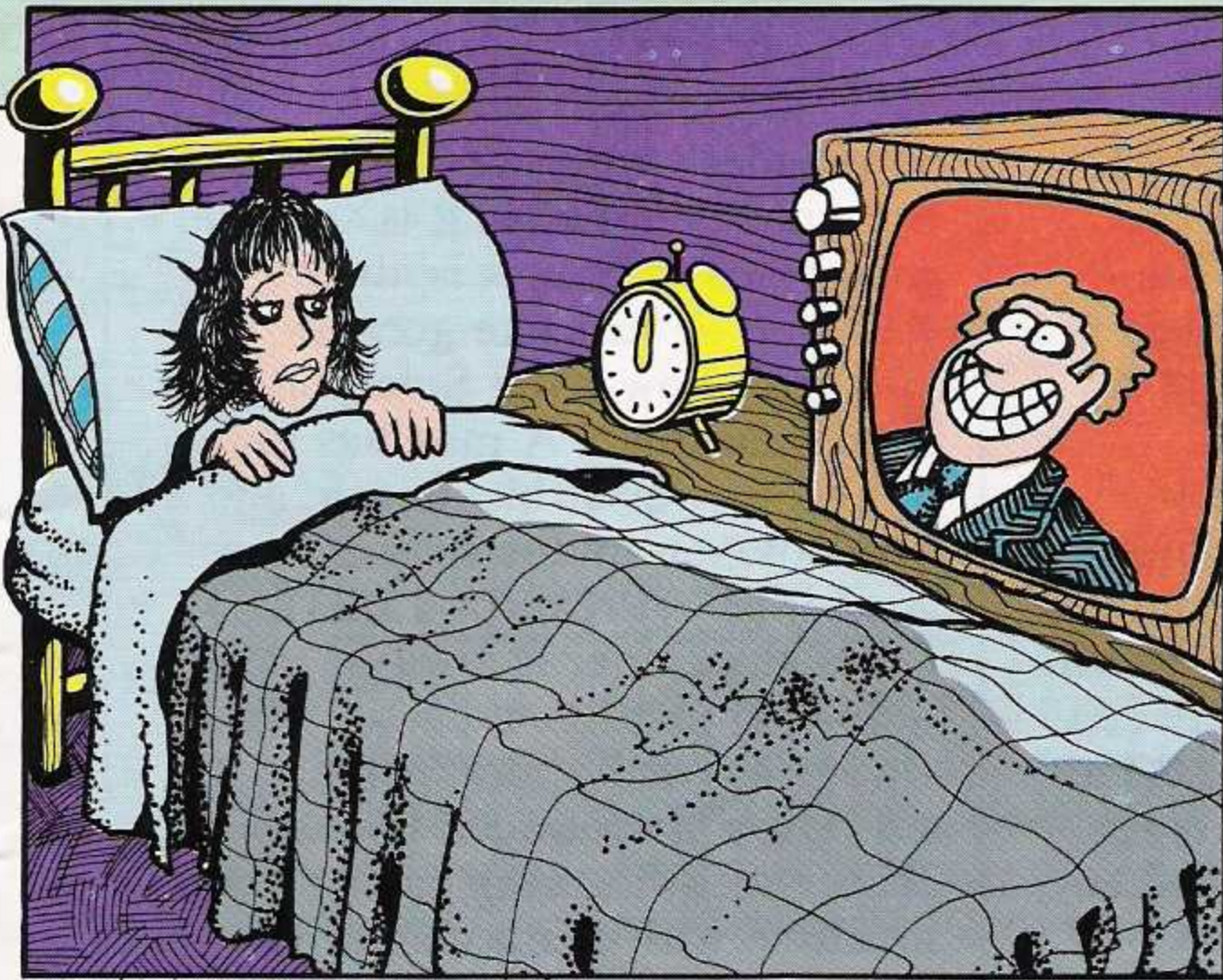
- Keep your elbows close to your body and your arms and wrists as still as possible. Toss the balls with your fingertips. This will help you to toss them to the exact same spot each time, eliminating many of the difficulties of juggling. This way, you won't have to spend all your time snagging wayward balls.

- Another way to improve the accuracy of your tosses — a big problem in learning to juggle — is to practice with only two balls. Keep at it until you can toss the ball to the same spot and at the same height each time. Once you can do this well, adding a third ball should be fairly easy.

At first try, the balls may go all over the place, but don't get discouraged. Keep trying!

Learning to juggle takes a lot of concentration at first, but stay with it and soon you'll catch on.

— By Ron Grove and Lowell Wagner Jr. □



## The ABZzzzs of Sleep

You may not have thought about it before, but one of the most important parts of your day is the time you remember least. It is the time you spend sleeping.

Is sleep that important a part of the day? You bet! It is the only way to get the physical and mental rebuilding you need for the next day's activities.

And the best way to get the right amount of sleep is to develop a regular sleep schedule. Decide ahead of time when you need to wake up for school in the morning. Count back the hours you'll need to sleep for the night — most young people need eight to nine hours each night.

Make an ironclad resolution to go to bed at the time you set. This way you'll be able to jump out of bed the next morning vibrant and refreshed, rather than dragging off the mattress bleary-eyed and sluggish.

To do this, you might have to change some nighttime habits that you may have developed that take away from your precious sleep time. If getting enough sleep is important to you, you'll have to find the time for it.

Besides just getting enough sleep, here are several tips you can follow to help you have the most restful sleep possible.

1. Make your room as quiet and dark as possible. Sound and light can distract you even after you fall asleep.

2. Make sure night clothes are loose and comfortable. Tight

pajamas, overly frilly nightgowns and tight elastics can interfere with a good, restful sleep.

3. Don't take the day's activities (whether they are good or bad) to bed with you. The more you use your bed as a thinking spot, the less sleep you'll be getting.

Remember, only you can assure getting the sleep you need to get every night. It might be difficult at first to discipline yourself to stick to a regular schedule, but if you do, you'll soon feel the invigorating difference a good night's sleep will make. — *By Gary Fakhoury* □

## Squeezing More From Your Money

Suzy was overheard lamenting to a friend: "I really planned to put my allowance away just like I budgeted. But I saw this sale and — now here I am, broke again, with nothing to show for it but a cheap radio!"

Suzy's intentions were good, but she learned that starting a new habit is toughest right at the beginning. If you have recently

set up a budget, using the following strategies will make sticking to it easier.

1. Divide your allowance or paycheck right away. Put it in the bank or in envelopes at home. Mark each envelope to show what you're saving for.

2. A real willpower builder is to follow this rule: Don't buy something the first time you see it. You may have to pass up some seemingly great deals, but you'll give yourself more time to decide if you really want it.

3. Decide before you go out how much you'll spend, and only bring along that much money.

4. Ask your employer or parents to set aside part of your paycheck or allowance for you. Many employees in big companies use this plan. Instead of making a decision every time, you just make it once. It's an easy way to save quickly. Money you don't see doesn't tempt you.

If changing habits seems like a



lot of work, you're right! But, unlike some habits, this one gets easier. Your satisfaction and confidence grow as you watch your money grow. And if your savings are in a bank, you have the added satisfaction of being paid (in the form of interest) for

# News & Reviews

letting them use your money.

If you would like additional advice on handling money, write us for the booklet, *Managing Your Personal Finances*. It's at a price you can afford. It's free. —

By Will Flaman □

## Orienting Yourself to Chopsticks

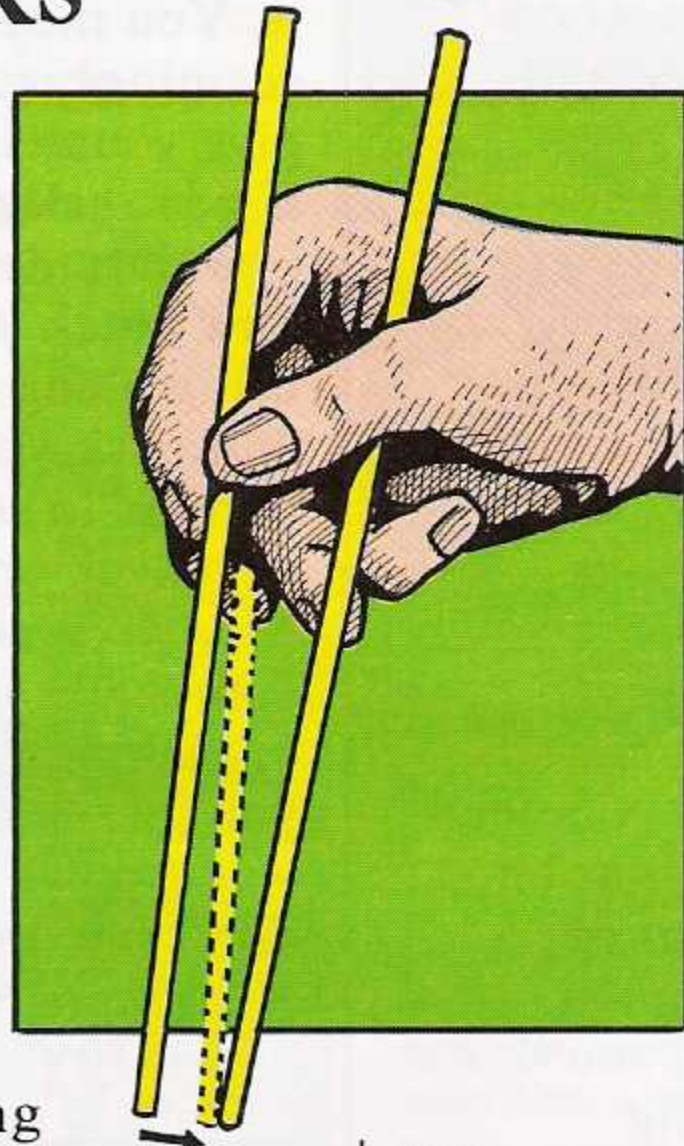
Picture yourself in a Chinese restaurant with only your food and a pair of chopsticks before you. Could you enjoy your meal without spilling rice all over yourself?

If you're like most people, you probably answered "no." Many first-time chopstick users either resort to using their fingers or go hungry. However, with a few simple instructions and some practice, chopsticks can be easy to eat with.

The Chinese word for chopstick is *k'wai-tsze* meaning "speedy ones." In pidgin English, chop meant "quick" so the literal meaning of chopsticks is "quick sticks." Chopsticks are used in many Asian countries to eat solid food.

Most chopsticks are about 10 inches long and made of wood. They are tapered and the smaller ends are used for grabbing food.

To use chopsticks, place the top one between your thumb and your first and second fingers. Hold the lower stick stationary with the third and fourth fingers of the same hand (see diagram).



The large ends of both sticks rest on the space between the thumb and index finger. One third of each stick should be visible above the thumb and forefinger.

When grasping your food, don't pinch quickly. If you grab your grub too fast, it will slide from between the chopsticks. The best method is to squeeze each piece of food slowly before lifting it to your mouth. This is especially effective with slippery foods.

The final key to developing your use of chopsticks is to persevere. It won't be easy at first, but soon you'll find the use of chopsticks easy and enjoyable if you "stick" to it.

— By Joel Rissinger □

on parades" wherever it happens. But good weather that is seasonal and avoids extremes is always welcome — just like good words.

Notice how King Solomon expressed this: "A man has joy by the answer of his mouth, and a word spoken in due season, how good it is!" (Proverbs 15:23).

Good weather is always welcome, just like a person who always has something good to say. Have you noticed how some people seem to bring their own sunshine with them whenever they come around? They are always so encouraging and seem to know just what to say. They also tend to be just plain happy people.

Then there are those who, when they show up, seem to generate clouds. They bluster in like a thunderstorm and say things that dump cold water on everyone and everything.

How is your speech barometer? When you talk, do people scatter and look for cover

from the gathering storm? Or do they invite you to their picnic because you brighten their day?

Try to improve the atmosphere when you appear. Add some

sunshine to everyone's life. Work on saying pleasant things at the right time. As you brighten others' lives, you will find yourself becoming happier too!

— By Jim Roberts □

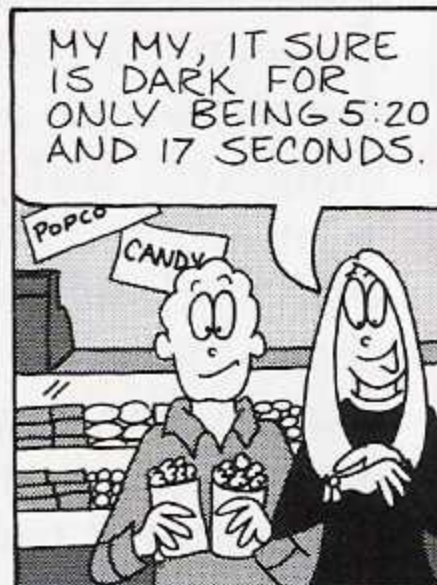
## Proverbs for Today: Help the Sun Shine

A blizzard in the middle of your swim party?

How about a heat wave just before your skating trip that leaves you on thin ice?

Bad weather ends up "raining

### FRISBEE'S FRIENDS



### BY CAROL SPRINGER





# Teen Bible Study

## Never Give Up!

By Richard A. Sedliacik

"Nine in 10, at least once or twice in a lifetime, come to the place where they appear to be totally *defeated!* All is *lost!* — apparently, that is. They give up and quit, when just a little more determined hanging on, just a little more faith and *perseverance* — just a little more stick-to-itiveness would have turned apparent certain failure into glorious success."

In his booklet, *The Seven Laws of Success*, *Youth 84* Editor-in-Chief Herbert W. Armstrong explains that perseverance — never quitting or giving up — is the sixth key to success.

As previous installments in this series have shown, there are seven definite laws that one must follow to achieve true and lasting success. The laws we have studied thus far are: setting goals, education, good health, drive and resourcefulness.

Before beginning this study on the important sixth law of success and how to apply it in your life, be sure to get your Bible, a pen or pencil and some paper. Reading and writing out the Bible verses that answer the questions will help you remember the important principles you'll be learning.

1. Should we strive for excellence in all that we attempt to accomplish? Ecclesiastes 9:10, Colossians 3:23. Will doing this lead to a successful and productive life? Proverbs 10:4, 13:4, 12:24, 22:29.

To excel in anything — whether sports, art, music, science, a foreign language or even a hobby — takes time, patience, much effort and lots of practice.

Many people do not realize this. They have good intentions and resolve to go all out when first starting. But when they meet with unexpected problems, or the progress isn't as rapid as they hoped for, they become discouraged and quit.

To achieve your goals, you must have perseverance — the desire to stay with a job until it is finished!

In athletics, it is enduring to the finish in

the 2-mile run as your lungs are burning and heaving for air. On the piano, it is continuing the hours and hours of practice required to master a difficult piece of music with all its precise demands. In art, it is taking the time required to become proficient enough with oils, pastels or watercolors to produce a beautiful painting. Whatever your goal, both drive and a persevering attitude are necessary for successful achievement.

2. Many allow themselves to become discouraged when difficulties arise because of their own shortcomings or unforeseen circumstances. But did Solomon, the wisest man who ever lived, advise us to bounce back and keep going? Proverbs 24:16.

A young man who kept going in spite of obstacles was Eddie Arcaro. He was determined to become the best jockey to ever ride a horse. Mr. Arcaro lost his first race. Then he lost his second race. In all, he lost 250 *consecutive* races before winning. In spite of this incredible string of losses, his determination saw him through and he became the leading jockey of his day!

3. If discouragement, pain or failure makes you want to quit, consider the biblical example of Joseph. Read and summarize the major events in his life as recorded in chapters 37, 39-41 of

Genesis. Did he exemplify the opposite of the trait described in Proverbs 24:10?

Life went fairly smoothly for Joseph until



Handcrafting a model ship is a long and intricate project that requires stick-to-itiveness!

age 17 when he was sold as a slave in Egypt. Later, just as things were brightening up for Joseph, Potiphar's wife made a play for him. But he refused her advances and he ended up being thrown in the dungeon!

But Joseph patiently endured, trusting in God to deliver him. God worked things out beautifully for Joseph in the long run, and accomplished His will through him. He was made ruler of Egypt, directly under the pharaoh. Would you, like Joseph, have patiently endured all the affliction, discouragement and suffering without giving up or losing faith?

4. It is extremely important to follow through and finish whatever you start. Did Jesus Christ set an example in this regard? John 17:4. And did the apostle Paul persevere and finish the job God gave him to do, despite many difficulties? II Corinthians 1:8-10, 11:24-28, II Timothy 4:7.

Do your best to follow through and finish what you start. Don't let the immensity, or difficulty, of any goal or project overwhelm and discourage you. If necessary, break the project down into smaller parts and concentrate on one part at a time. Doing things one step at a time, setting many small goals

10 brass gun barrels was the goal for one evening. By setting small goals like these, the builder could see progress, which helped him to successfully complete this magnificent project!

5. Is applying the principle found in Proverbs 16:32 necessary for those who intend to persevere?

Every lastingly successful person has learned to guide, direct and master his thoughts and emotions. He has learned to say no to himself, especially when tempted to give up and quit.

A major key to persevering — not quitting or giving up — is intensity of desire. Be enthusiastic about the goals you have set for yourself and visualize what it will be like when you have achieved them. Keep your eyes on the goal. It takes discipline to avoid being distracted by other activities and to stick with a project and complete it!

A danger mentioned in a previous study is not setting *realistic* goals. Some of your ambitions might be premature, financially unwise or beyond your ability to achieve. You need to be reasonably sure that you can attain the goals you've set for yourself.

It's important to realize that some ideas won't work. But don't discard a worthwhile idea as too difficult until you've given it serious, resourceful thought. It's all right to revise goals, but it should be done after serious examination from all sides.

6. What encouraging admonition is given in Galatians 6:7-9 about attaining the most important goal in life? (Notice especially verse 9.) Also notice Matthew 24:13.

Many of you are striving to build righteous character by keeping God's commandments to the best of your ability because you want to attain the No. 1 goal in life — sonship in the Family of God.

Hang in there and continue to do your best, even when tempted to compromise and give in. God has promised to help you achieve the awesome purpose for your life!

As British statesman Winston Churchill once said: "Never give in, never give in, never, never, never, never — in nothing great or small, large or petty — never give in except to convictions of honor and good sense."

Don't allow difficulties, setbacks or other obstacles to cause you to give up and quit. *Persevere* through thick and thin. You'll be so glad you did! □



More than 1,000 hours of careful craftsmanship went into this 3½ foot high sailing ship — an example of persistence. (Builder and photographer — Warren Watson)



along the way to attaining a major goal, will help you to persist and achieve your goals.

Take for example the museum-quality sailing ship model illustrating this article. Built from scratch, it took more than 1,000 hours to cut and hand tool each piece and then to assemble them.

Rather than try to tackle the enormous project all at once, the builder set for himself a series of little projects or goals to accomplish each time he worked on the ship. Tying 100 knots in the rigging or tooling

# Dear Youth 84,

*Practical Bible-based answers to the problems of growing up.*

**Q. I thought it was horrible when I learned that two or three of my friends came from homes where their parents had been or were getting divorced. Now, I am completely shocked to find that my own parents are talking of splitting up.**

**Aren't there any happy marriages left anymore? How can I make sure I have a happy marriage?**

**A.** Yes, there are some happy marriages, but certainly there are many, many unhappy marriages as well. What this means for someone looking forward to marriage in the future is this: If you want to have a happy marriage, you can't rely on chance, luck or fate.

In today's world, people tend to take for granted that finding a mate is a risky business and finding the right one generally seems to be a matter beyond their control.

It doesn't have to be.

There are things you should do to prepare yourself for a successful marriage (see "The Answer to the Most Asked Question" in the August *Youth 83*).

Then, after you've reached the right age, you must find the proper mate and apply the proper principles of happy marriage. And to find the proper mate, you should date widely, avoid premarital sex (which can snare you into marrying for the wrong reason), get to know well the person you intend to marry, marry at the right age, get proper advice from parents and your minister and so on.

Actually, marriage is like anything else. You reap what you sow (Galatians 6:7). If you sow proper dating habits, intelligent planning and work hard at solving any problems, you will reap a happy

and enduring marriage. But, if you follow the same whims and practices of teens in this society around you, then your chances for a happy marriage are slim indeed.

**Q. I know that it is wrong to "go all the way" on a date and commit fornication, but my boyfriend and I like to neck because we care for each other. Is just necking or petting wrong?**

**A.** Yes, and here's why. Many people think necking and petting are in a totally separate category than "going all the way" and that therefore they are OK even though total intercourse is not. This reasoning is wrong.

The sex act is not merely intercourse. It is a whole series of events that begins with the first intimacy and includes necking and petting as much as the final act. Therefore these sexual activities do break the biblical command against fornication and are harmful.

Why? God's law is for our good, and the commandments against premarital sex are for our good also.

The crux of the matter is that marriage — to be successful — must be founded on the special feelings two people have for each other alone.

To experiment

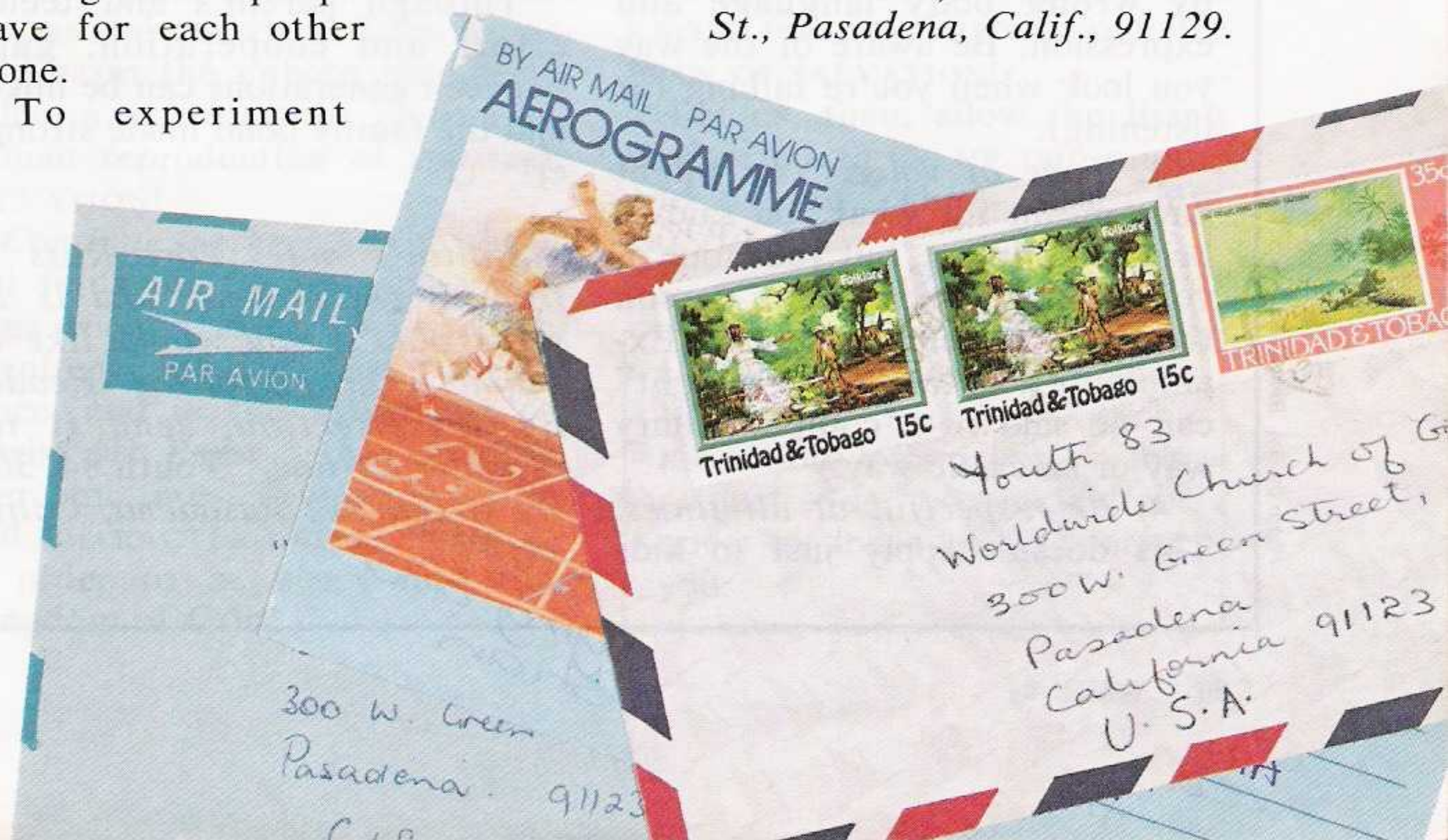
with premarital sex on dates makes sex no longer unique between a person and his or her future mate, and hence weakens the marital bond even though marriage may come years later.

And, in addition, it can spread sexually transmissible diseases, cause unwanted pregnancies, create the flow of powerful emotions teenagers are not equipped to handle and divert one's attention from his studies and career planning into day-dreaming about sex.

Finally, it creates a sort of sexual infatuation with another person that clouds one's thinking and may make him or her marry simply for sexual gratification rather than true love. Many, many marriages end in divorce because the parties married the wrong person simply out of the emotional turmoil caused by sexual experimentation.

The entire subject of love, marriage and sex is often a confusing one. *Youth 84* is running a series of articles by Editor-in-Chief Herbert W. Armstrong that gives the vital, God-given missing dimension in knowledge about the subject. The article in this issue, part five in the series, is entitled "The Divine Purposes of Sex" and starts on page 1. □

*We welcome your questions and will excerpt as many as possible. Sorry we can't answer them all. Answers are prepared by Bernard W. Schnippert, a minister of the Worldwide Church of God. Address your questions to "Dear Youth 84," 300 W. Green St., Pasadena, Calif., 91129.*



## READER BY-LINE

# The Generation Gap

By Lori Ross

"Mom, it wasn't my fault!"

"Dad, I didn't mean it that way!"

How many times have you found yourself in this situation? You said or did something that was taken wrong. It happens to many people.

There are ways of preventing this occurrence, though. Here are some:

1. *Always think of what you're saying before you say it.* Relationships between parent and child are usually strained by lack of mutual communication. Yet communication is not just talking and listening, it's understanding where the other person is coming from.

Don't explode when someone says something that offends you. He or she probably didn't mean it the way you took it.

2. *Be sure the way you look (facial expression, body language) is acceptable to the person you're talking with.* Many people (like me) have gotten into trouble by wrong body language and expression. Be aware of the way you look when you're talking (or listening).

3. *Tone of voice.* You might have meant for what you said to be a compliment, but your tone of voice might make the person think you're being sarcastic. (Example: "You look nice tonight" can be said in a complimentary way or sarcastic way.)

4. *Be respectful at all times.* This doesn't apply just to kids

talking to parents, but to anyone you talk with. Everyone needs to be respected. But as far as kid talking to parent, this is where God's commandment about honoring your parents comes in. If you honor your parents (which doesn't involve just respect, but a good attitude, a giving, sacrificing and serving attitude and love) your life will be a lot easier, because then they won't be *expecting* resistance, snide remarks or disrespect. Plus, you'll always have God's protection and blessings.

This so-called generation gap is not really a gap at all, but a lack of effort (from both sides) to communicate properly and try to see things from the other per-

son's point of view.

If someone does say something that offends you, don't say, "I'll never talk to him again!" Of course this is silly, but some people do it. Take your problem to the person and if you, together, work out the problem, you have gained a closer friendship.

Through parent's and teen's effort and cooperation, gaps between generations can be filled, and the family bond made stronger! □

*Editor's note: Lori Ross is from Wichita, Kan., and is 15 years old. If you would like to submit an article for the "Reader By-line" section, send it to: "Reader By-line," Youth 84, 300 W. Green St., Pasadena, Calif., 91129.*



Photo by G.A. Belluche Jr.

## Make It EASY

(Continued from page 17)

you're not really interested in talking to her more.

If you really want to keep Monica's interest, look at her and say something like: "Wow! All over the country? What did he find so appealing about it?" This way, you've given Monica the signal that you really do want to hear what she has to say. She'll answer your question and maybe ask *you* one, and you'll have a real conversation going!

### Keep yourself supplied

A third skill in developing the art of conversation is to keep yourself supplied with subjects to talk about. Subjects like "How'd it go today?" are too general to serve as more than polite openers.

After openers, the most obvious topics of conversation are the situation or the other person. If you run into the elderly neighbor man at a flea market, ask him if he ever gets his fishing tackle here.

Books and movies are always of general interest. So are news events. Anything you see or hear that makes you stop and think can be added to your conversational stockpile.

If you have an occasion coming up where you're afraid the conversation may go dry, you can often relieve some of the pressure by writing down, ahead of time, five or six topics you think would make interesting conversation. You needn't come along with pages of typed questions or even let the other person know you made a list, but a little planning might be just the thing to take away your jitters and promote a lively interchange.

Improving your conversational skills is a continual process. It's sure to bring you rewards now and in the future, for you don't know what opportunities will come your way through talking to people. Keep at it and if a millionaire turns up on your doorstep or a star shows up in your supermarket, you'll be ready! □

# Why Sex?

(Continued from page 4)

rection, "quicken" to immortality our mortal bodies *BY* His Spirit that "dwelleth" in us (Romans 8:11, I Corinthians 15:49-53).

Now see how the astonishing analogy continues!

As yet we are not *born* divine beings. We are not yet *composed* of spirit, but of physical matter. The divine life has merely been begotten. This divine CHARACTER starts so very small it is doubtful if much of it is in evidence — except for the glow of that ecstasy of spiritual "romance" that we may radiate in that "first love" of conversion — spiritually speaking. But so far as spiritual KNOWLEDGE and developed spiritual CHARACTER goes, there is not much, as yet.

## The spiritual embryo

So now, once spiritually begotten, we are merely a spiritual embryo. Now we must be fed and nourished on SPIRITUAL food! Jesus said man shall not live by bread (physical food) *alone*, but by EVERY WORD OF GOD (spiritual food)! This we drink in from the BIBLE! But we drink in this spiritual knowledge and character, also, through personal, intimate, continuous contact with God through PRAYER, and through Christian fellowship with God's children in His Church.

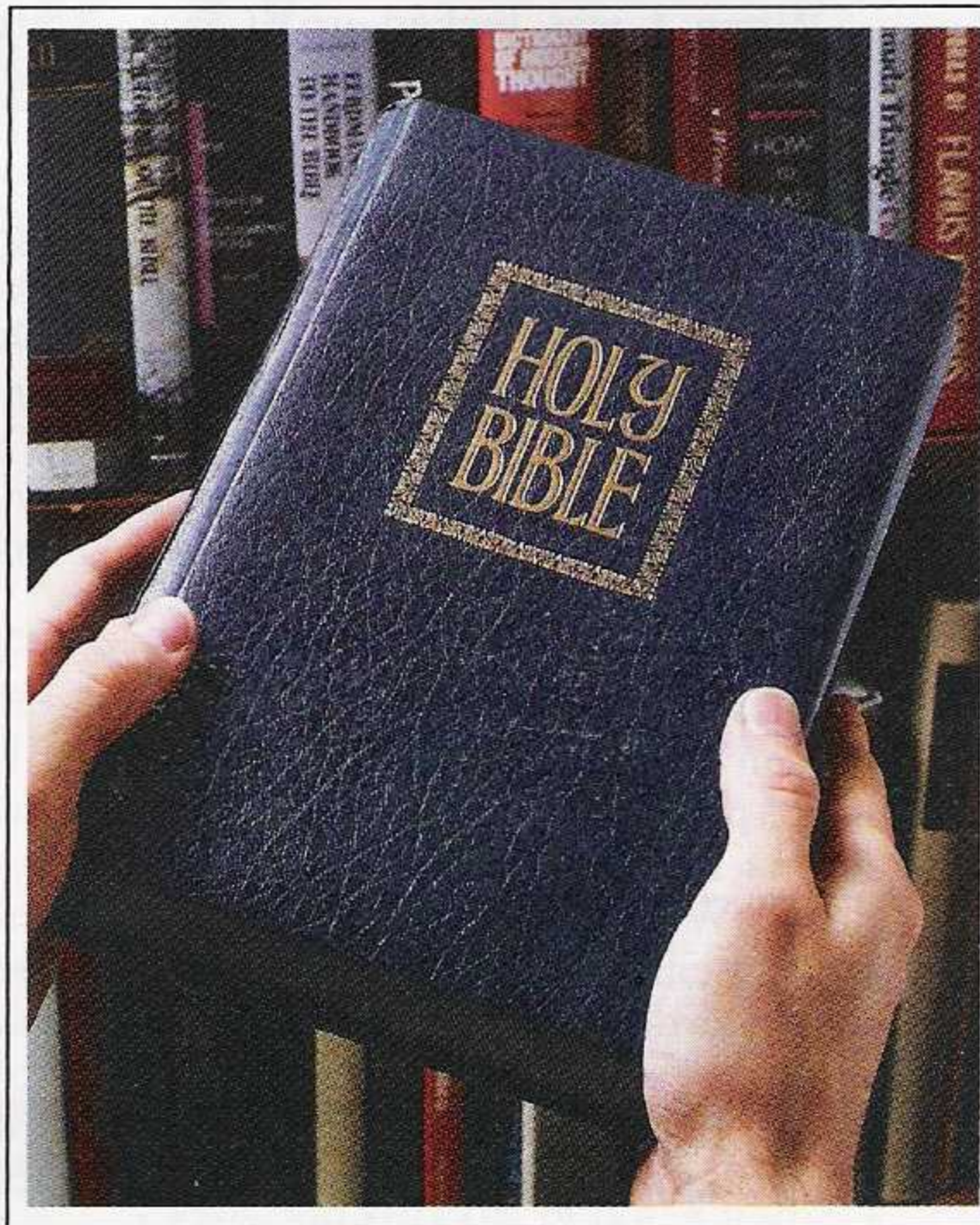
Now the *physical* embryo and fetus is fed physically through the mother. God's CHURCH is called Jerusalem *above* "which is the MOTHER OF US ALL" (Galatians 4:26).

Notice the exact parallel! The CHURCH is the spiritual MOTHER of ITS MEMBERS. God has set His called and chosen ministers in His Church to FEED THE FLOCK — "For the perfecting of the saints, for the work of the ministry, for the edifying of the body [CHURCH] of Christ: TILL we all come in the unity of the faith, and of the knowledge of the Son of

God, unto a perfect man, unto the measure of the stature of the fulness of Christ" (Ephesians 4:11-13).

It is the duty of Christ's TRUE ministers (and *how scarce today*) to PROTECT the begotten but yet unborn saints from false doctrines, from false ministers.

The HUMAN mother carries her unborn baby in that part of her body where she can best PROTECT it from *physical* harm; and that protection is part of her function, as well as to nourish the unborn child! Even so, the CHURCH, through Christ's ministers, in-



Jesus Christ said man shall not live by bread (physical food) alone, but by every word of God (spiritual food)!

structs, teaches, counsels with, advises and PROTECTS from *spiritual* harm the unborn members! What a WONDERFUL picture is human reproduction of spiritual SALVATION!

*Continue further!* As the physical fetus must grow *physically* large enough to be born, so the begotten Christian must *grow* in grace, and in the knowledge of Christ (II Peter 3:18) — must overcome, must develop in spiritual CHARACTER during this life, in order to be BORN into the Kingdom of GOD!

And as the physical fetus gradually, one by one, develops the physical organs, features and characteristics, even so the begotten Christian must gradually, continually, develop the SPIRITUAL CHARACTER — LOVE, FAITH, PATIENCE, GENTLENESS, TEMPERANCE. HE MUST LIVE BY, AND BE A DOER of the Word of God. He must develop the divine CHARACTER!

## Finally — immortality!

Then in God's due time — though the man may die meanwhile — by a resurrection, or by instantaneous CHANGE to immortality at Christ's coming, he shall be BORN of God — into the KINGDOM OF GOD — because GOD *is* that Kingdom! He is no longer material flesh from the ground, but composed of spirit, even as God is a spirit (John 4:24).

HOW WONDERFUL is the TRUTH OF GOD!

Yet, by his dastardly perversion of sex attitudes and purposes and the true sex knowledge of GOD'S Word, Satan has DECEIVED THE WORLD — has blinded humanity to the fact that God *IS* this KINGDOM Jesus proclaimed — and that we may be *born* as spirit individuals — as part of that divine FAMILY — as part of the GOD KINGDOM!

How precious, pure and wholesome is GOD'S TRUTH! And God designed reproduction to picture His truth in physical manner and to KEEP US CONSTANTLY IN THE KNOWLEDGE OF HIS WONDERFUL PLAN OF SALVATION!

Let us, then, allow the living Savior to CLEAN UP our minds, and open them to HIS TRUTH! □

(To be continued)

Mr. Armstrong's free booklet, *Why Were You Born?*, contains more information on this subject. See the inside front cover for the address nearest you.

# Teenager in Jail

(Continued from page 29)

minds after turning out. One man hung himself last year — he chose a horrible escape.

Tonight, a young man was beaten and stabbed because he refused to give up his manhood. They don't know if he will live.

This is hard for me to write, because to survive you train yourself to live in a blurry, nebulous world. It's easier to pretend you don't see man's filth. I need to stop writing now; I'll finish this letter tomorrow.

Well it's a new day and I took the opportunity this morning to count my many blessings and thank God for each and every one of them.

The actual day-to-day living conditions in prison are hard to describe. In writing this letter I've discovered that I probably will not be able to paint an accurate picture of this environment. In a newer section of the compound the men live in private air-conditioned rooms, only two men to a room. The surroundings are much nicer.

I live on the opposite side of the compound in an area commonly referred to as "the rock." The rock is a 60-year-old complex of buildings surrounded by fences, barbed wire and gun towers. Everything that's loud, filthy and sick can be found in this complex. Unfortunately, no air conditioning.

## "Prison stripes"

Today I met a man that had more "prison stripes" than any man I've ever seen. For any number of reasons a man can be sent into solitary confinement. His length of confinement can vary from a few days or up to two years. I spent 24 days in solitary and I'll never forget it.

The cells are barely large enough for one set of bunk beds, a small sink and a commode. The only time you leave the cell is every four days or so when you are herded down the hall and allowed three minutes to shower. The

guards use stopwatches to time your showers.

Some men go stir-crazy so they slice their wrists with pens, paper clips or anything else they can find. If an inmate cuts his wrist or arms he then has to be let out of the cell to go have it treated. They're not really trying to commit suicide, they just become desperate for any excuse to leave the cell for a short while. After a while scar tissue develops on their arms and these are called "prison stripes." The man I met today had more than 100 of them . . .

## Burnt out

When I was locked up, I was put in a cell with a guy who stood on his head and practiced yoga all day. For 24 days we didn't speak one word to each other. I tried when I first was put in with him, but he wouldn't talk to me so I gave up on him. He was pretty burnt out.

Most of the thumbnail sketch I've given so far has reflected the outward physical aspects of prison life. How can I possibly relate the mental and emotional anguish a person experiences in here? For most people, hopeless and lonely nights follow hopeless and lonely days. Without God it becomes hell on earth. I can't tell you how many times I've stopped in the middle of climbing stairs and felt my strength ebb out of my body, not because I was physically tired, but because I suddenly realized how emotionally exhausted I was.

Sometimes you live your days minute by minute until you gain control again. Men who haven't learned to do that are usually the ones that "fall out" and hit the fence. In broad daylight they'll walk right up to a razor-wire fence and start climbing. The guards in the gun towers are marksmen equipped with shotguns and automatic rifles. They shoot to kill and never miss. All the men who hit the fence know it's suicide and that's why they do it. Prisoners in here have a term for it . . . they call it "cheating the state."

Prison brings out the "get"

attitude in people. Most inmates have little or no money in their accounts, so rather than learn to be content with their situation, they go out and rob other inmates. Occasionally a guard gets jumped and robbed, but usually the victims are the more vulnerable types.

Not long ago a nice little old man was nearly beaten to death with his own crutches. It makes me sick to think that an elderly, gray-haired, crippled old man nearly lost his life over 75 cents he was saving in his pocket.

An inmate who is permanently confined to a wheelchair was attacked while he was crossing the compound one afternoon. They lifted him out of his chair and tossed him to the ground. While two or three kicked and beat him, the others demolished his wheelchair with lead pipes. These animals call themselves "men." They travel in packs equipped with wool hoods and meat cleavers, knives or hatchets.

God has really protected me . . .

As I mentioned before, this is only meant to give a brief overview of prison life. It isn't *all* bad, and there are some happy moments, but when it's bad, it's *really* bad. There are many more facets of prison life that I haven't touched on, but let it suffice for me to say that, in my opinion, there isn't any place on earth where Satan's way of life is more in evidence than in prison.

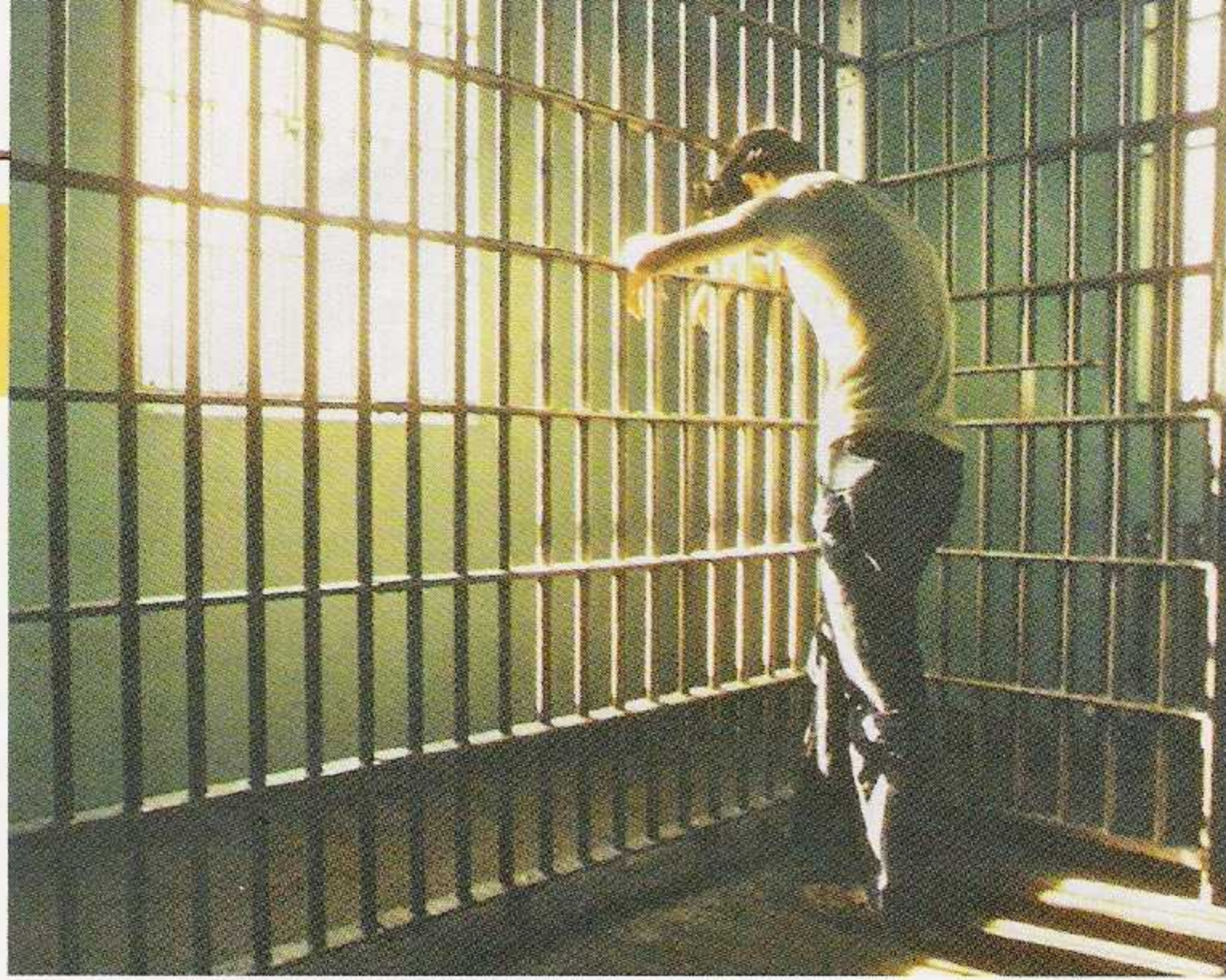
There's nothing glamorous about being a criminal.

There's nothing glamorous about being a drug dealer.

There's nothing glamorous about being rebellious. Life has nothing permanent, absolutely nothing, to offer without God . . . except death.

Stay close to God, study His Word, listen to your parents, listen to God's ministers and learn to make wise decisions.

God has prepared a future for us so beautiful and exciting that it's beyond human comprehension. I plan on being in God's Kingdom, and I hope to see you all there. □



## BY THE WAY...

tions, men that would normally be more suited for other, less violent, compounds are being sent here. There are some men with light sentences (five to 20 years) that have been assigned here. I personally have a 45-year sentence, with a tentative release date of long after A.D. 2000. I laugh when I think of my release date because it seems so ludicrous.

I'm fortunate because I get to meet with a parole official every two years. That is when they review my behavior record and consider possible sentence reduction.

More than 1,000 men here are serving life sentences. Most of those must serve at least a solid 25 years before they have a chance for parole. A friend of mine has to serve 100 years before he becomes eligible for sentence reduction. So in comparison I don't have it too bad.

You can imagine what happens to men's minds when the reality that they will never be free again hits them. Their morals, priorities and code of ethics change drastically. Some are not much better than savage animals.

A weak man in prison doesn't have a chance. If he is young, he is in for an especially hard time. Many of these men will not enjoy the companionship of a wife again, so they turn to homosexuality.

It is common for a gang of inmates to select another inmate (usually new, young and alone) and "turn him out." A man "turns out" when his spirit breaks and he tires of being beaten, threatened and forcibly raped. He surrenders and becomes a prostitute. I've seen men literally lose their

*(Continued on page 28)*

# Don't Be a Teenager in Jail

By Dexter H. Faulkner

Every day more than 4,000 young people (18 and under) are arrested in the United States alone. For those convicted and sentenced to jail, life behind bars is anything but pleasant.

Starting on page 11, several such young people share their thoughts on what it's like to spend time in a correctional facility. Please be sure to read it — and as you do, remember that, as bad as it is, there is a place that is much worse. That place is a maximum security prison, where society's most violent criminals are held.

An inmate at one of these prisons wrote to us. I was moved by what he had to say, because I realized that he was actually writing to you, the *Youth 84* reader. That's why I felt it important to share his letter with you.

Here it is.

### Without being too graphic

I'm not the most descriptive writer, but if I can help prevent

even one young person from ending up in the situation I'm in, it would make me happy.

I honestly think I would go crazy if my son ever went to prison — that's literally how awful it is.

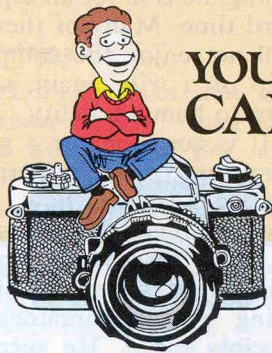
I'll try to accurately describe life in prison without being too graphic with sordid details. But I'd be a hypocrite if I pulled all the punches and made it sound like a nice place to take a vacation. Prison is not a game. It is a filthy, ugly, sick and very dangerous place to be.

The prison I am in is the oldest, largest and most populated prison in this area. The original buildings, which are still in use, were erected in the early 1920s. It is a maximum security prison, so naturally it is primarily used to house the most violent of society's losers, or men with "Buck Rogers" release dates. Sentences of multiple lifetimes, or 500 to 800 years, are not uncommon.

Unfortunately, because of the overcrowded prison condi-



Photographer —  
Betsy Docken  
Age 17  
Pasadena, Calif.



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