

OCT.-NOV.

# Youth 83

True  
Femininity:  
Every Girl's  
Challenge

Why Do We  
Do the Things  
We Do?

**A Missing Dimension  
in Knowledge!**  
By Herbert W. Armstrong

October-November

# Youth 83

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**COVER:** True femininity isn't achieved easily in a world of confused sex roles. But the goal is worth the effort. Read the article, "True Femininity: Every Girl's Challenge," starting on page 11. Photo by Hal Finch.

# Letters

## Honest about relationships

My subscription to *Youth 83* has been great — I love it. Every month I read it page by page. One of my favorite parts is when you talk about relationships. You are honest about the things you talk about, especially sex . . . You are doing a great job, and keep up the awesome work.

Lisa Scrosoti  
Merrimack, N.H.

## Moods

I would sincerely like to thank you [Dexter H. Faulkner] very much for your article, "Don't Let Moods Ruin Your Day," in the June issue of *Youth 83*. I found it very helpful as I often find myself in moods and it annoys me and everyone else. I've written myself a list of goals, but your points will help immensely. My parents are really good and I can talk to them and they correct me when I need it. I really appreciate all your articles as I'm sure everyone else does.

Fiona Margrie  
McLaren Flat, Australia

## Marijuana

I want to tell you what an impact your article on marijuana in the June issue made on me.

For about 6 years . . . I used drugs quite heavily, especially marijuana, but also hallucinogens. I read everything I could find about marijuana before ever trying it. There [were] so many liberal views then, downplaying any ill effects, that I thought it couldn't hurt me.

Your article hit me like a ton of bricks. I never realized what smoking pot had done to my *emotional growth*. It's so true and I would be so happy if I could show and convince more young people (and older ones too!) of the truth of this. I had never thought of that before.

I'm grateful that I'm out of that mess, especially when I see some of the people who used to be my friends. It's very sobering.

I don't think I can really convey to you how much it affected me. I wish I could help other people see, right now.

Name withheld  
Escondido, Calif.

## A safer snorkel

I enjoy reading the "News & Reviews" pages and did so again in the June issue. However, I could not help noticing the drawing connected with the article, "Discover the Underwater World." I

(Continued on page 19)

# Love, Marriage and Sex The MISSING DIMENSION in Sex Knowledge!

*The third in a series of articles by Youth 83's Editor-in-Chief.*

By Herbert W. Armstrong

**W**hat an age — this age of knowledge explosion! Few realize how recently it has developed. Its *rapid* acceleration has come only in this present century.

Even the dissemination of knowledge about sex has occurred only since World War I. But the modern diffusion of biological sex knowledge and the permissive sexual freedoms have plunged the Western world from the frying pan into the fire!

WHY? Because the most vital dimension in knowledge about sex and marriage has been missing.

## **Missing from all knowledge**

This vital dimension is missing *not only* from knowledge about sex and marriage. It is missing from knowledge in general!

To understand, we need to realize the impetus behind the general knowledge explosion, and HOW the most vital dimension came to be missing.

The dramatic rise in the world's total fund of knowledge began, roughly, 180 years ago, with the advent of modern science. The new knowledge in the fields of

science and technology developed slowly at first, but gradually gained momentum.

It's hard to realize, now, that this world went along on virtually an even keel — with no material progress to speak of — for thousands of years. It was primarily an agricultural world, using primitive farming methods. The cast-iron plow was not invented until 1797 — the disc plow not until 1896. The first harvester came in 1836.

Think of it! Transportation was by foot, mule back, camel, elephant or horse drawn. By sea it was slow-moving sailboat. The first steamboat (Fulton) was 1803. The telephone was not invented until 1876, wireless in 1896.

At the same time, modern scientists began to assure the world that man had progressed to the point where he could safely dispense with the superstitious crutch of religion and belief in God. Now humanity could rely on the *new* messiah — modern science.

"Given sufficient knowledge," said the scientists, "and we shall solve all of humanity's problems and cure all the world's ills." The tools of modern science were merely a stepped-up use of those

man had employed since the dawn of history — observation, experimentation and human reason.

So knowledge production increased at a fast-accelerating pace. And this includes the area of sex!

## **But evils increased also**

Paradoxically, humanity's problems, troubles and evils have also been increasing at an equal acceleration!

What's wrong with the dictum that knowledge is the sole need for solutions?

Is it wrong to possess or gain KNOWLEDGE? Most certainly not! Am I discouraging the acquisition of knowledge? BY NO MEANS! But increasing evils have come with increasing knowledge! That's the hard, cold fact that must be faced!

That does not necessarily mean that the knowledge produced *caused* the evils. It *does* mean that the knowledge produced *did not* cure existing evils or *prevent new evils*.

There *has to be* a knowledge gap — a missing dimension — somewhere! It's high time we learn what it is!

For every *effect*, there has to be a CAUSE!

There has to be a CAUSE FOR

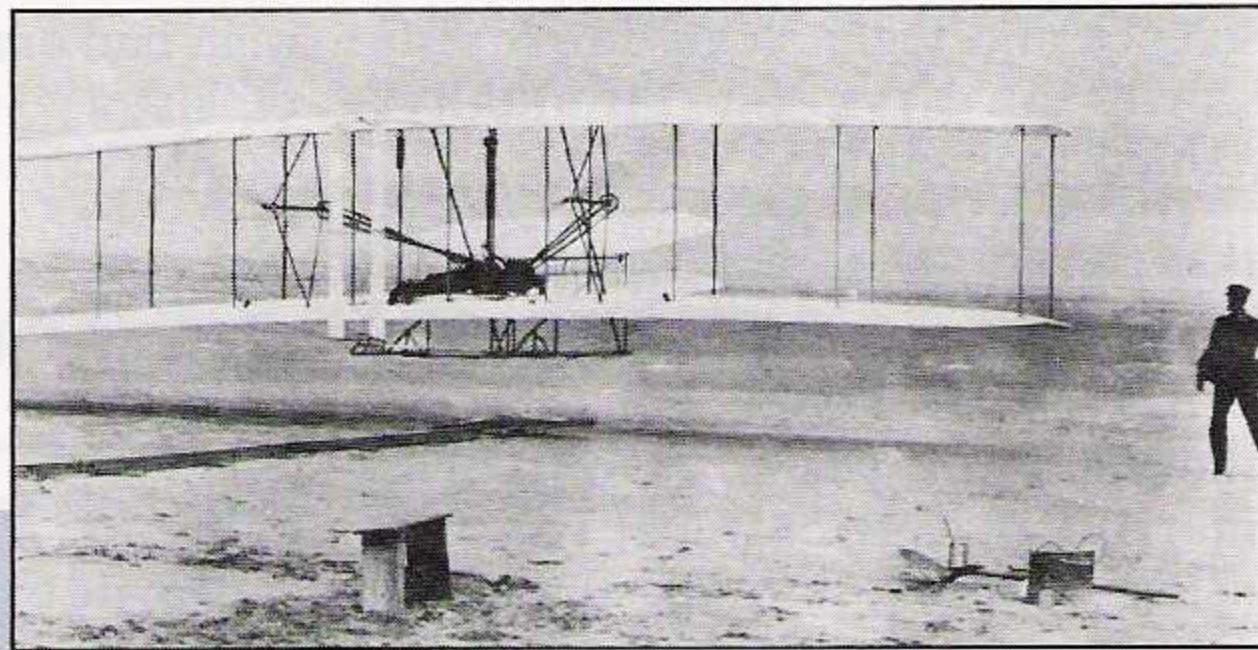
**There *has to be*  
a knowledge gap  
— a missing  
dimension —  
somewhere! It's  
high time we learn  
what it is!**

ALL THE WORLD'S EVILS! THERE HAS TO BE A CAUSE for the worsening moral problem!

**The cause of errors**

For many years now, I have observed that errors almost always come from a false basic premise, carelessly *assumed* as self-evident, and taken for granted without question, then building on that false basic hypothesis. The basic premise for knowledge production in our time has been the evolutionary concept. It has been

Photos: The Beltmann Archive and Youth 83



For thousands of years, man only dreamed of flying. With the knowledge and technology explosion of the last century it has become a part of everyday life.



any remote conception that it might explain the origin of the scientific method of KNOWLEDGE PRODUCTION. Or, that it might reveal *the very source of the fatal missing dimension!* Certainly almost no one — theologians included — has ever

UNDERSTOOD what this account really does SAY!

**God created sex**

We begin our view of the forbidden fruit narrative in the 26th verse of Genesis 1 (Authorized Version throughout). It is stated, "And God said, Let us make man in our image, after our

advanced scholarship? Is it heretical to question their assumed conclusions and ask for PROOF? Is it academic heresy to look at the *other side* of the coin?

It might prove exciting and enlightening, at this point, to allow ourselves the latitude of academic freedom unprejudicially to examine the biblical narrative of the forbidden fruit. That bit of revelation purports to describe the crucial initial event in human experience that changed the entire course of history.

And, in addition, it does have something to say about sex and marriage. After all, the man and the woman described in the narrative *were naked, were they not?*

Evidently few, if any — whether scientist, scholar or theologian — have viewed this account with

likeness." Other biblical passages state that man is in the same form and shape as God — but with this difference: that God is composed of SPIRIT, and man of physical matter.

Now verse 27, "So God created man in his own image, in the image of God created he him; male and female created he them."

Here is a dogmatic statement that God designed and created SEX!

And next, chapter 2, verse 7: "And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul." The flat statement is here recorded that what was made from material substance (dust of the ground) BECAME a *soul* — a plain emphatic statement that the "soul" was made from matter, NOT spirit.

Next comes the statement that God planted a garden, or park, in Eden, and there He put the man whom He had formed.

Note well these facts: The plain statement is that the man and woman were created as the final act of creation on the sixth day of the week described in the first chapter of Genesis. They had been created, even as we have been born, with human minds as yet unfilled with knowledge. But they were created as adults, with adult-capacity minds, capable of receiving and reasoning *from* knowledge.

So their Creator began immediately to instruct them in necessary basic knowledge. And this, it is made plain, *included instruction in SEX and MARRIAGE.*

**Naked — and unashamed**

God had said, "Be fruitful, and multiply, and replenish the earth" (1:28). Again, "and they were both naked, the man and his wife, and were not ashamed" (2:25).

Mark, please, the plain statement that the attitude of shame was not imparted by God. At the conclusion of God's initial instruction — which included instruction about sex and reproduction — there was no sense of

the eyeglasses through which all questions have been viewed. Yet it remains unproved, and by its very nature it is a theory not subject to proof. It is a FAITH. And to question it is — to those who embrace this faith — academic heresy!

Do we, then, DARE question the theories so generally accepted by



Transportation has gone through rapid changes. But as knowledge and technology increase, so do troubles. Why? (Photos: Jim Cesta — Freelance Photographers Guild and Nathan Faulkner)

indecent or shame about that which God had designed and created.

At this point we must bear in mind that the narrative here is exceedingly brief. It touches only on the high spots. There is every indication that God gave Adam and Eve considerable basic instruction — sufficient for their needs for the moment. Only the high-point portions of this instruction are summarized.

But sufficient is recorded to show that they were fully instructed in THE WAY to live that would CAUSE every GOOD effect — peace, happiness, prosperity, comforts, interesting life, abundant well-being.

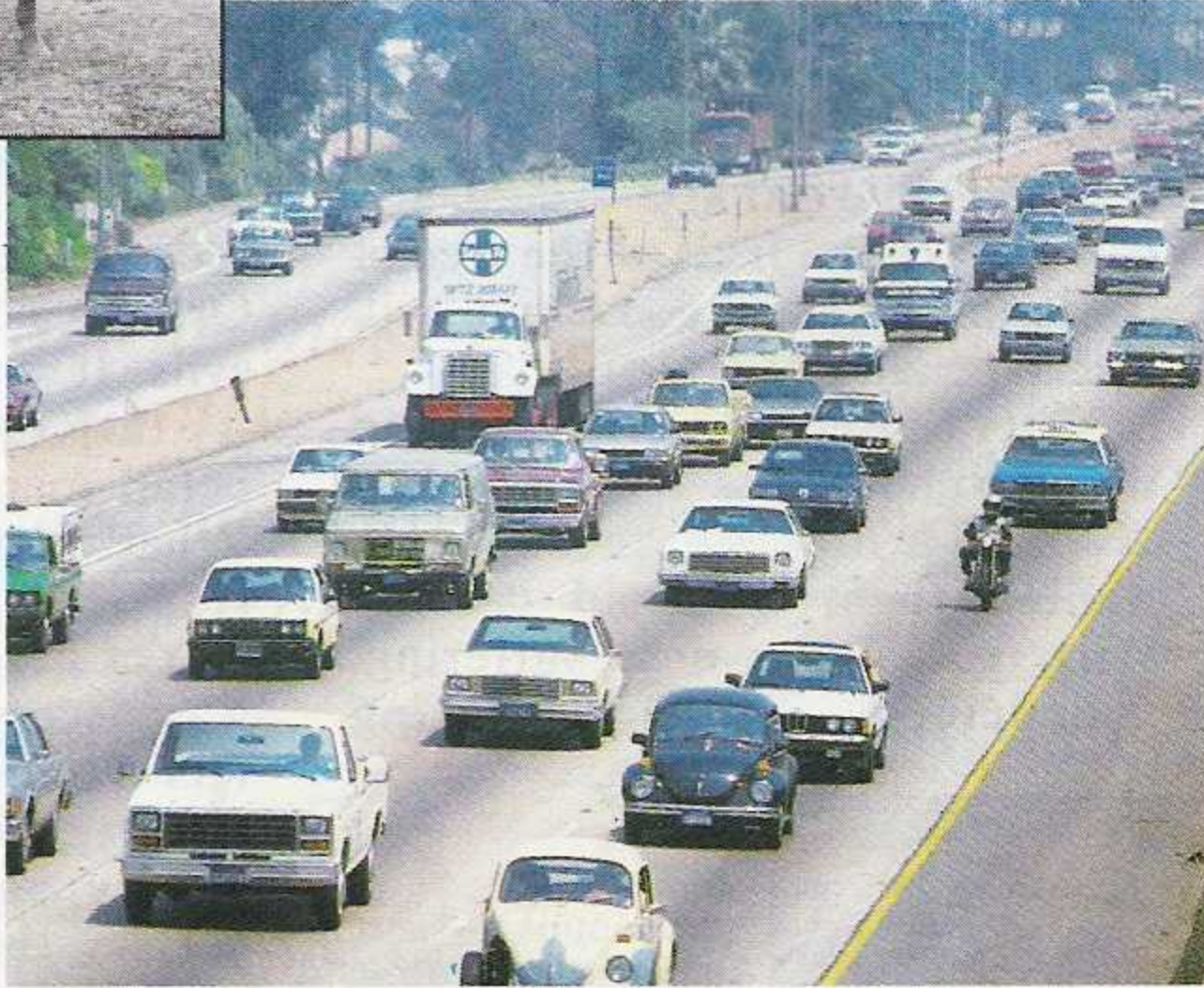
Notice, now, how much is summarized and condensed into few words:

“And out of the ground made the Lord God to grow every tree that is pleasant to the sight, and good for food; the tree of life also in the midst of the garden, and the tree of knowledge of good and evil . . . And the Lord God commanded the man, saying, Of every tree of the garden thou mayest freely eat: but of the tree of the knowledge of good and evil, thou shalt not eat of it: for in the day that thou eatest thereof thou shalt surely die” (Genesis 2:9, 16-17).

God told Adam that he was

mortal and could die. He told him that he had been formed of matter from the earth (verse 7) and also “dust thou art, and unto dust shalt thou return” (chapter 3, verse 19).

Notice what is symbolized and revealed here. The tree of LIFE symbolized eternal life. They did not, as yet, possess immortal life.



This was freely offered to Adam and Eve as God’s GIFT.

### Compelled to make a choice

But they were required to make a choice.

Also in the garden was another symbolic tree — the tree of “the knowledge of good and evil.” To make the wrong choice of taking of that forbidden tree would impose the penalty of DEATH. “Thou shalt SURELY die,” said God — IF they chose to disobey and take of that tree.

In other words, as we read in Romans 6:23, “For the wages of sin is DEATH; but the gift of God is



ETERNAL LIFE . . .” This clearly shows that God revealed the Gospel to them. And what is the Bible definition of SIN? “Sin is,” it is written in I John 3:4, “the transgression of the law.”

Actually, there exist, overall, only TWO BASIC WAYS of life — two divergent philosophies. They travel in opposite directions. I state them very simply: One is the way of GIVE — the other of GET.

More specifically, the one is the way of love, humility and of outgoing concern for others equal to self-concern. It is the way of cooperation, serving, helping, sharing; of consideration, patience and kindness. More important, it is also THE WAY of obedience to, reliance on and worship solely toward God. It is the GOD-centered way, of LOVE toward God and LOVE toward neighbor.

The opposite is the SELF-centered way of VANITY, lust and greed; of competition and strife; of envy, jealousy and unconcern for the welfare of others.

Few realize this vital FACT: The “GIVE” way is actually an invisible, yet inexorable, SPIRITUAL LAW in active motion. It is summarized, in principle, by the Ten Commandments.

It is a LAW as REAL, as *inflexibly relentless as the law of*

Rapid advances in the communication field have made instant contact with all parts of the globe possible. But these advances haven’t stopped the acceleration of the world’s troubles. Why?



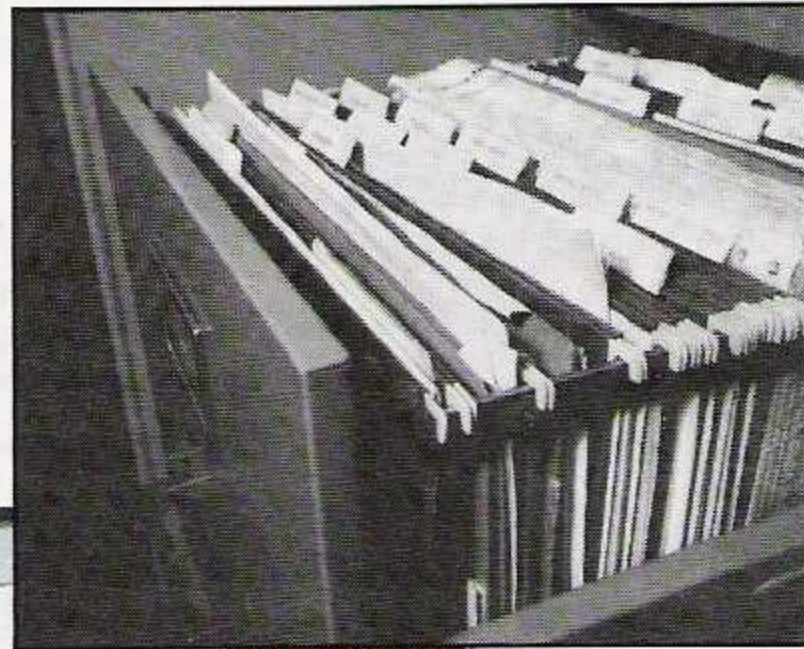
Photos below: Freelance Photographer’s Guild

# There has to be a cause for all the world's evils! There has to be a cause for the worsening moral problem!

gravity! It governs and regulates all human relationships!

Why should it seem incongruous that man's Maker — the Creator of all matter, force and energy — the Creator of the laws of physics and chemistry, gravity and inertia — *should also have created and set in motion this SPIRITUAL LAW to CAUSE every GOOD result for man?* If the Creator is a God of LOVE — IF our Maker is a God of all power — could He possibly have done otherwise? Could He have neglected to provide

Photos: Hal Finch and Barry Stahl



Knowledge production — and its storage and retrieval — have undergone radical advances. But is information the only thing we need to solve the world's ills?

this fruit was symbolic of TRANSGRESSING God's spiritual LAW!

To have taken of the tree of LIFE was merely symbolic of receiving the GIFT of God's Holy Spirit, the very LOVE OF God (Romans 5:5) that FULFILLS this spiritual law (Romans 13:10) and that God gives only to those who OBEY His law (Acts 5:32).

### The cause of evils

Consider further: A just God could not have warned the first humans of the DEATH penalty without having fully revealed to them the spiritual law — the transgression of which carried that penalty — the law codified as the Ten Commandments. Remember, the details are not written here — only the highly condensed overall summary of what God taught

them. So God had explained fully to Adam and Eve His WAY OF LIFE — the "GIVE WAY" — His inexorable spiritual LAW. God had already SET IN MOTION the LAW that *causes* all GOOD. He had explained also THE WAY that causes EVILS — the *transgression* of that law — else He could not have told them that for transgression they would SURELY pay the penalty — DEATH.

More clearly stated, God gave man *his own choice*. He could *choose* to CAUSE every good and receive eternal life in happiness. Or, he could choose to CAUSE evils. It is HUMANITY — not God — that CAUSES all the evils that befall man. The choice is MAN'S. What man sows, that does he reap.

Yet here's the crucial point: It was necessary for them to TAKE HIS WORD FOR IT — the spiritual law is as invisible as the laws of gravity and inertia! They could not SEE this law. It is a *spiritual* law! But God had revealed to them the way of GOOD, and the way of EVIL.

Now come to chapter 3 in Genesis.

"Now the serpent was more subtil than any beast of the field which the Lord God had made" (verse 1).

Much of the Bible is in symbols — but the Bible explains its own symbols.

It is, of course, very out-of-date to believe in a devil today, but the Bible plainly speaks of a devil, named Satan. In Revelation 12:9 and 20:2, the symbol *serpent* is plainly explained to represent the devil.

Notice, now, the temptation.

### The subtle temptation

Satan subtly went first to the woman. He got to the man through his wife.

"And he said unto the woman, Yea, hath God said, Ye shall not eat of every tree of the garden? And the woman said unto the serpent, We may eat of the fruit of the trees of the garden: but of the fruit of the tree which is in the midst of the garden, God hath

*(Continued on page 26)*

a WAY — a CAUSE — to produce peace, happiness, prosperity, successful lives, abundant well-being?

I repeat: There has to be a CAUSE for every EFFECT.

If there is to be peace, happiness, abundant well-being, SOMETHING MUST CAUSE IT! God could not BE God without providing a

# My Mom Is a REAL PERSON

*She's been one of the most important people in your life — always there when you need her. But do you really know Mom?*

By Ann Hays

**R**emember when you were young and you skinned your knee? Who comforted you and made it feel better?

What about your first attempt at baking something all by yourself? Who helped to clean up the mess and didn't seem to notice that what you had baked didn't taste exactly right?

Just last week, when you only had five minutes to be ready and your favorite blouse needed to be ironed, who did it for you?

It may seem like your mother has always been there doing things for you. Have you ever stopped and thought about how well you know your mother as a person? How can you build upon the natural closeness that you and your mother share?

## Talking it over

One vital area in building a strong bond with your mother is simply talking — spending time together one-to-one. Maybe your relationship with your mother has been strained lately and you can't seem to talk to her anymore.

Do you remember coming home from school when you were younger and telling your mother everything that happened that day? Why not try it now? Though it may seem small, discussing the day's activities can lay a foundation for communicating other feelings.



When communicating with anyone, it is important that each of you know "where the other person is coming from." Make yourself clear, make sure you are being understood correctly and try to see the other person's point of view.

At times you may find it difficult to express how you feel. I remember on more than one occasion having a hard time saying what I wanted to say. Fortunately, my mom was patient with me. She filled in with the words I couldn't seem to put together and understood completely.

In talking things over with your mother, you may be surprised to find that she understands some of the pains and frustrations you are experiencing. She remembers the things that were important to her when she was a teen and can relate to what you are going through.

The most important key is to be a good listener. Remember, a conversation is a two-way street. The whole purpose of talking with your mother is to draw closer to her and to come to know her thoughts and feelings.

There's so much to talk about, but it can be hard to break through the barrier if you're not accustomed to talking together. One barrier breaker is to plan things to do together. The planning will get you talking and pretty soon you'll wonder how you got onto all these other topics!

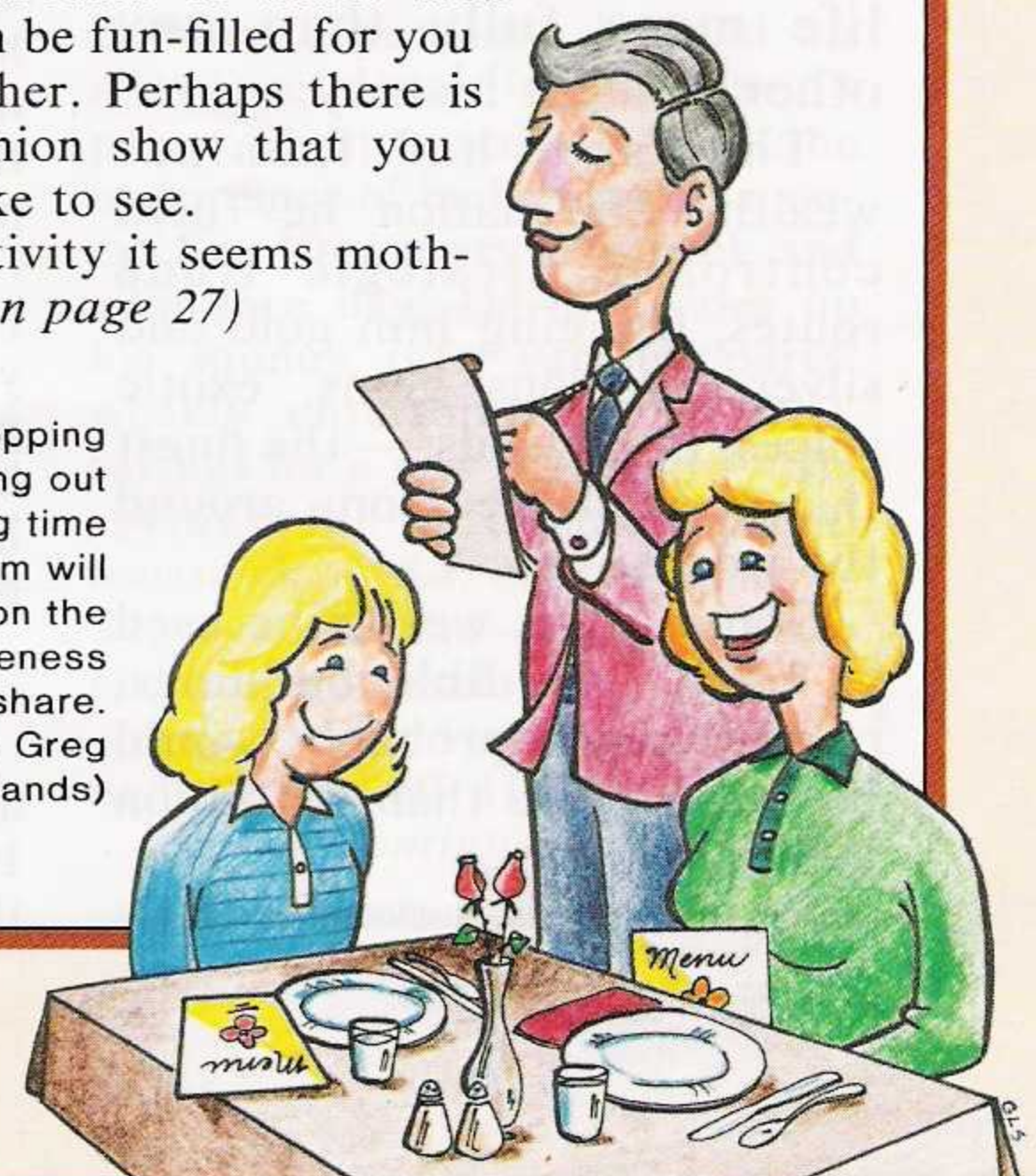
## Things to do together

You can really add to that special kind of closeness with your mother by going places and doing things that you both enjoy. Maybe the rest of the family doesn't like Chinese food, but you and your mother love it. Make a point of going out for Chinese food together, or work together to make some for yourselves at home.

Visiting museums or other area attractions can be fun-filled for you and your mother. Perhaps there is an art or fashion show that you would both like to see.

Another activity it seems moth-  
(Continued on page 27)

Whether shopping together or going out to eat, spending time with your mom will help build on the natural closeness you share.  
(Illustrations by Greg Sandilands)



# HE DID IT ALL

*Wealth, power, fame,  
women — this man had it  
all, and tried it all.  
What were the results  
of his experiments?*

By Alan Dean

**A**bout 3,000 years ago there lived a man who experienced life more fully than any other man in history.

This man had fabulous wealth. The nation he ruled controlled strategic trade routes, bringing him gold and silver, precious gems, exotic spices, rare woods — the finest things available from around the world.

Some of his wealth he used to build incredible buildings, one of which probably would be worth more than \$5 billion today.

He had maids, servants and his

own entertainers, exclusively for his own comfort and enjoyment.

And gorgeous women! He married many of the most beautiful women of his time.

He was powerful, successful and he could do, and did, whatever he wished.

Yet, at the end of his life he was unhappy. He felt so depressed that he hated life. But, in spite of his excesses, he remained wise because God had given him that wisdom.

Who was this man? It was King Solomon, and he recorded his experiences in the book of Ecclesiastes in the Bible. From his experiences we can learn how to get the most out of life and avoid the mistakes he made. Here are five things we can glean from his story.

1. *Realize life is not always equal and fair.*

Solomon showed how life has its twists and turns. Many times those who deserve to get ahead don't always get there (Ecclesiastes 9:11-12).

Too many people waste time wallowing in self-pity. They think: It's not fair, why has she got all the looks or brains? How come he got the position? Why aren't my parents wealthy? Solomon tells us that sometimes you have to take life for what it gives you. Is there something slowing you down because you feel it is unfair?

2. *Realize man is not happy as a loner.*

Solomon talked over and over again about how important it is to have close friendships that promote positive growth. He said that to just live for yourself and not be able to share with close friends is a waste of time (Ecclesiastes 4:8-12). He tells young people to really love their partner when they get married, because that will bring great happiness. Are you developing good, close friends?

3. *Realize we should enjoy our work and the money it gives us.*

Solomon tells us that to work and not enjoy it is a great burden. He talked about two extremes that many people unfortunately

experience. One concerns those who work only to get money. They don't enjoy their work. They are usually square pegs in round holes. They live for the weekend, vacation and even retirement when they can stop working and start to live it up.

At the other extreme are the people who can't stop working, either because they want to make more money, or because they can't relax to enjoy pleasure. Today we call these people "workaholics."

Solomon tells us to enjoy our work, and to enjoy the things we can buy with the money we earn (Ecclesiastes 2:24). Are you preparing yourself for a job that you would enjoy? Can you enjoy free time?

4. *Realize life is short — so live it to the full.*

Solomon describes life as a shadow — it soon passes. So don't waste it! Get out and be a 100 percent person (Ecclesiastes 9:7-10).

He tells young people to enjoy their youth (Ecclesiastes 11:9). He even encourages us not to be put off by the bad times (Ecclesiastes 11:4, 6). Are you getting the most out of your youth?

5. *Realize, above all, that to have a meaningful life, you have to obey God.*

Solomon says if we want a life brimful with excitement and purpose, we have to obey God's laws (Ecclesiastes 12:13). Even when it is difficult, it is still better in the long run to do it God's way (Ecclesiastes 8:12).

If God is in our lives, then all our efforts will be worthwhile, and our life will not be a passing shadow. Is God real to you? Why not send for our free reprint, "Why God Is Not Real to Most People"? The addresses and phone numbers are on the inside front cover.

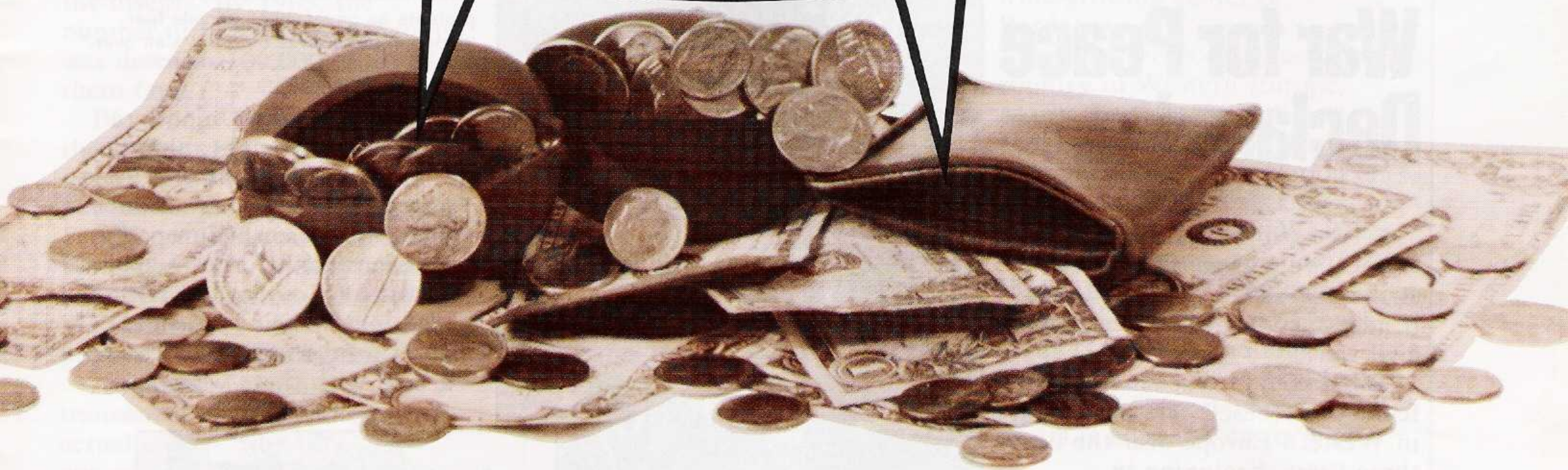
Solomon was a man who knew what this life could offer. He tried to break the rules, but later in life he realized that there are simple principles that man must follow to have happiness. Why not learn from a wealthy king's experience? □



# Does Your Money Say

Spend Me

?



*Here are some tips on making the most of your money.*

By Dan Taylor

**H**ave you ever noticed when you get some money in your pocket that it seems to have a mind of its own? "Spend me," it whispers.

And when you enter a store, the voice always gets louder. "Spend me!"

Its power of suggestion is so strong, the obedient shopper often heeds the command. Only when he gets home does the financially drained buyer realize that he is the proud owner of a pair of hot pink socks, an electric can opener and a battery operated light saber — new additions to a closet overflowing with unwanted purchases.

Millions of teens (and adults) around the world have a difficult time keeping track of money. It goes so fast. But so often, what we buy isn't really satisfying.

How about you? Are you happy with the way you spend your money? Do you wish you had a little more to show for your hard work than unwanted items and an empty wallet? There is a solution.

It's called budgeting.

Budgeting is simply dividing your money up in advance between the various things you want to save it for or spend it on. But before we see how a budget can help you, let's take a look at a situation in which many teenagers find themselves.

Bill, 16, makes about \$25 a week between odd jobs and allowance. The problem is that Bill never seems to have any money. Let's see why.

To begin with, Bill is an impulse buyer. He sees records on sale and he buys one. How about a movie? Which one? Bill doesn't care. A few hours at the arcade . . . Well, you get the idea.

Bill's problem is that most of the time, his impulsive buying habits leave him feeling empty and broke. He never has the money to buy what he *really* wants.

On the other hand, David, 15, always manages to buy most of the things he really wants and still have money for entertainment.

David makes about \$30 a week between a part-time job and his allowance. Early in life, David's parents impressed on him the importance of budgeting his money. So, after every paycheck and allowance day, David divides up his money into various parts: weekly entertainment — \$10, savings for a new 10-speed — \$6, savings for gifts and special occasions — \$4, college fund — \$4, vacation fund — \$3 and \$3 to give to his church.

So far, David's budgeting habits have paid off. He takes time to

*(Continued on page 28)*

Photo by Hal Finch

# NEWS THAT AFFECTS YOU

## War for Peace Declared

- "We will blockade the streets, we will go on hunger strikes, refuse to pay taxes, and if necessary begin a peaceful civil war."

What could cause such strong feelings as these? The placement in Western Europe over the next three years, beginning in December, of 572 nuclear missiles by the North Atlantic Treaty Organization (NATO).

Peace movements in Western Europe strongly oppose these missiles. Protesters in West Germany vowed to fight the missiles "in parliament and in the streets." In other countries scheduled to receive missiles protesters also plan a tough fight.

Government officials fear the demonstrations may become violent. As one said, "We could see blood in the streets before it's over."

If these governments face such violent opposition from some of their citizens, why do they still want the missiles?

NATO decided in 1979 to install these new generation nuclear weapons to balance out about 250 Soviet SS-20 missiles. The SS-20s each contain three nuclear warheads. The Soviet Union has been



Demonstrators heat up European missile protests as government officials fear "blood in the streets before it's all over."

reach the Soviet Union in a mere seven to eight minutes.

Second, invasions of Russia have usually come from one place — Western Europe. Russians can't forget Napoleon's thrust to Moscow and Hitler's invasion of their homeland. They don't want to see their enemies armed with these weapons.



installing one SS-20 a week for the past six years. Most of them are only a 20-minute flight from West Germany. To offset the Soviet threat, several European governments asked the United States to install missiles.

West Germany will receive 108 advanced Pershing 2 missiles plus 96 ground-launched cruise missiles (GLCMs). Britain, Belgium, the Netherlands and Italy will receive 368 cruise missiles.

The Soviet Union is worried about the new missiles for two reasons. First, with these weapons a quick nuclear attack on the Soviet Union from Western Europe is now possible. Previously, the only missiles aimed at the Soviet Union could take up to 30 minutes to arrive. A Pershing 2 missile launched from West Germany could

Will our leaders find a solution to this problem? Write for the booklet, *World Peace — How It Will Come*, to find out.  
— By Ron Toth □

## An Old Plague Makes a Comeback

- Malaria, a dreaded disease once nearly wiped out, is back, stronger than ever.

At the end of World War II, new cases soared to 250 million



Photos this page by Karin Hill — Liaison

a year. Deaths from this mosquito-transmitted disease skyrocketed to nearly three million a year.

Seeing this, nations grew alarmed and declared war on the scourge. By draining the swamps where mosquitoes breed, spraying poisons like DDT and using newly developed drugs, health officials nearly eliminated the disease. By 1965, the number of new cases of malaria was down to 100,000, none of them fatal.

But things have changed since then. This year, experts predict between 150 and 800 million new cases, mostly in Third World countries. About two billion people — nearly half the world's population — live in high risk areas where they will probably catch the disease.

Although malaria is transmitted by mosquitoes, it is actually caused by tiny one-celled animals called *Plasmodia*. When a person is bitten by a mosquito that is carrying them, the *Plasmodia* move from the mosquito to their new human host. Once in the body, they reproduce at an astounding rate until there are about a billion of them.

This is when the symptoms of malaria begin: cold chills that cause violent shaking followed by a fever, headache and profuse sweating. This cycle can repeat itself several times leaving the

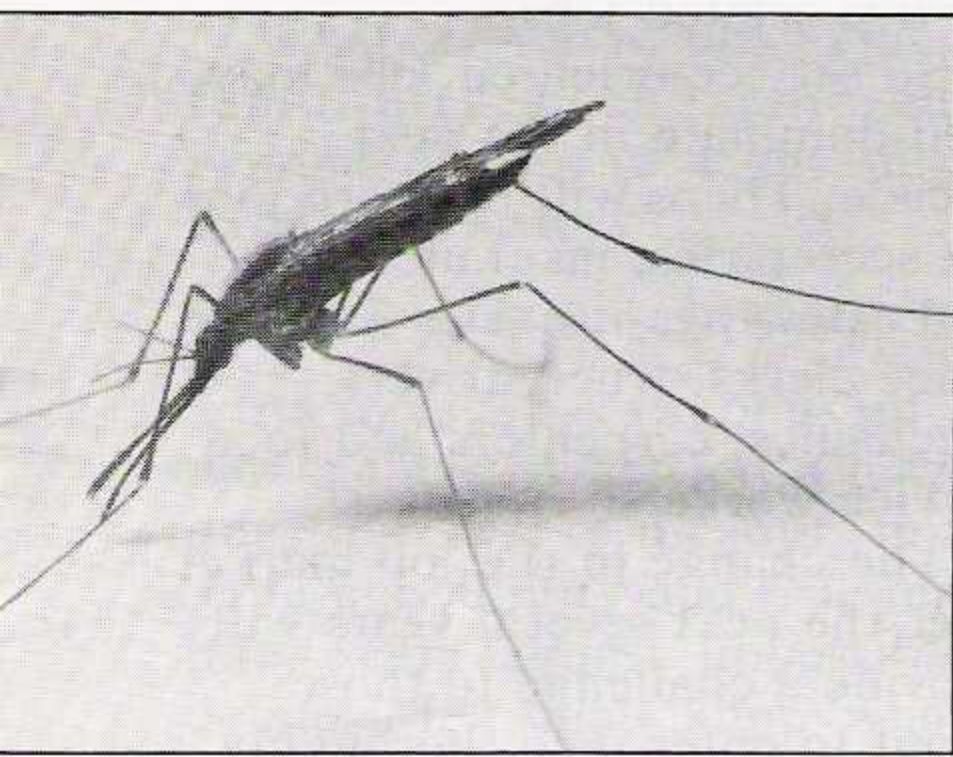


Photo by N.E. Beck Jr. — Nat. Audubon Society

Could the mosquito be carrying malaria to nearly half the world's population — nearly 2,000,000,000 people?

## COUNTRY IN FOCUS:

# France

French bread. Paris. Pastries. French wines. The Three Musketeers. Napoleon Bonaparte. The Eiffel Tower. What comes to your mind when you think of France? France has made many outstanding contributions to our world.

The region has figured prominently in history for more than 2,000 years, ever since Roman times when Julius Caesar knew it as Gaul. Later, a tribe known as the Franks subdued the country. France is named after the Franks.

France's most important national holiday is July 14, Bastille Day. It celebrates the day in 1789 that a Paris mob stormed and captured the Bastille, a prison that was a symbol of royal tyranny. This was one of the key events in the French Revolution.

In more recent history, the French peninsula of Normandy was the site of the D-Day invasion of Europe on June 6, 1944 — the beginning of the end for Nazi Germany. After France was liberated by the Allies in September, 1944, General Charles de Gaulle became leader of a free and democratic France.

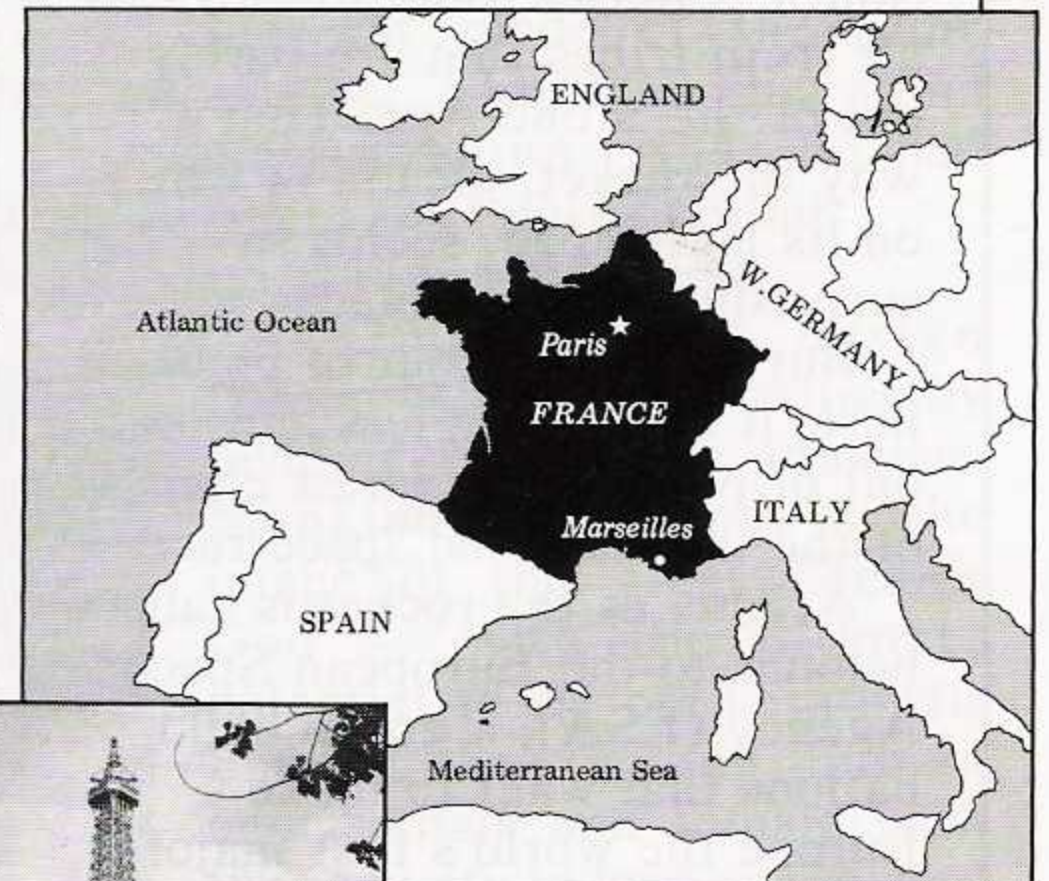
France is a land of enormous variety. From the sunny Riviera to the snowy French Alps, the beauty of France has long been sought after by tourists. And, of course, Paris is a major tourist attraction among the world's cities. It has a metropolitan

population of nearly 10 million!

After Paris, France's second-largest city is Marseilles (pronounced mar-SAY), the country's chief port on the Mediterranean Sea. Other major cities include the manufacturing city of Lyon, the transportation hub of Toulouse, the fashionable resort of Nice and the wine-growing center of Bordeaux.

In area, France is the largest country in Western Europe, nearly the size of Texas and about twice the size of New Zealand. It has a population of 54 million, the fourth largest in Western Europe after West Germany, Italy and Britain. Most of France's people are Roman Catholics. And French, of course, is their national language.

France's importance in world affairs is good reason for us to



France, the largest country in Western Europe, has enormous variety — from the snowy Alps to the sunny Mediterranean, to the splendor of the Eiffel Tower in Paris.

become better acquainted with the country and its people. A good photo-illustrated book on France is probably available in your library. — *By Keith W. Stump* □

Photo by Ewing Galloway, map by Nathan Faulkner

victim weakened if not dead.

How did a disease that was nearly wiped out return with such renewed vigor? There are two main causes.

First, after it seemed that the disease had been brought under control, nations began spending the money reserved for malaria control on other, more pressing problems. As they did, the number of malaria cases rose.

Second, fighting malaria today is a different game than it was just after World War II. Then,

when pesticides and drugs were first used, they were much more effective.

Since then, they have been used so much that the mosquitoes and the *Plasmodia* have developed resistance to them. When new pesticides and drugs are developed and used, the organisms develop new immunities.

The only thing for certain is that, this time around, the battle will be much tougher to win. —  
*By Colleen Gus* □

## Europe's Challenge to the Shuttle

• Kourou, French Guiana, is an isolated village huddled on the remote northeastern coast of South America, only minutes by air from tribes that are barely out of the Stone Age. That's why the rocket, gleaming white on its launchpad, seems so surprisingly out of place.

But if it seems out of place here, it is seeming less and less out of place in the latest chapter of the international space race.

Ariane, as the rocket is called, belongs to the European Space Agency (ESA), a group of 11 nations that want to make Europe the world's first major

challenger to United States and Soviet domination of space. If Ariane's

accomplishments are a sign of things to come, they've succeeded.

ESA officials are confident they have corrected problems that had caused two earlier Ariane flights to end in failure. At press time, Ariane 7 was poised on its launch pad waiting for the completion of the satellite it is to carry into orbit. A mid-October launch date was planned.

Before Ariane, if a company wanted to put a satellite into orbit, the U.S. National Aeronautics and Space Administration (NASA), was the only choice. But the list of companies that wanted to launch a satellite grew longer — along with the wait to get a NASA launch date.

Many companies now see Ariane as an alternative to launching with NASA. This has put Ariane into competition with NASA's Space Shuttle.

Ariane is seen more and more as a symbol of European unity, Europe's technological declaration of independence from the United States. As one ESA spokesperson put it, "Ariane is our own rocket so we can be our own masters." — *By Lowell Wagner Jr.* □

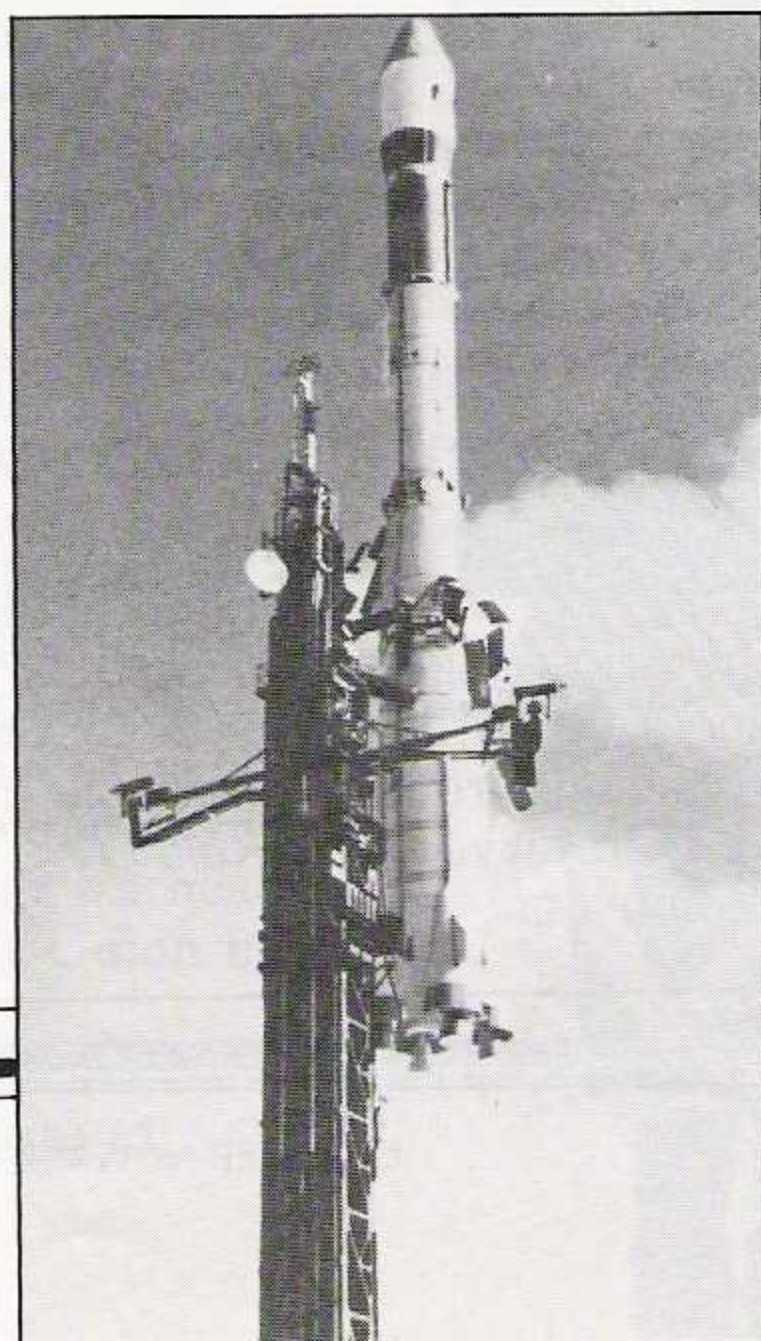


Photo by ESA-CNES — Liaison

## Jobs for the Future

• "It's not just a job. It's an adventure."

So goes the familiar recruiting slogan of the U.S. Navy. But that may also be the best description of the challenge facing someone entering the changing job market in the next decade.

Many economists predict a shift in the job market away from manufacturing jobs and toward service-oriented and high-technology jobs. Workers will either have to train for new jobs that will require greater skills or accept relatively unskilled jobs.

So where will the jobs be? With the rapid growth of the computer industry, opportunities will increase for systems analysts, programmers and operators. About 75 percent of all jobs in the United States within the next two years will involve some use of computers.

Other high-paying jobs will go to accountants, engineers, technicians and those in the legal and medical professions. But while the high-technology and information-processing jobs will offer better pay, there will be fewer of them than the frequently lower-paying service-related jobs.

So service-oriented jobs may well dominate in the next decade. There will be more jobs for secretaries, insurance and real estate agents, sales and office clerks, truck drivers, mechanics, carpenters and food service workers.

The change in the job market over the next several years will provide a challenge to those about to enter it to thoroughly research whatever careers they are considering. — *By Tom Delamater* □

# True Femininity: Every Girl's Challenge

*It's not easy growing up in today's world.  
It can be even harder for girls.*

By Ronald D. Kelly

**T**he battle of the sexes rages.

Today, the roles men and women play in society are changing radically.

Today's women proclaim themselves free from the burdens of history. Early in this century, women in the United States and other countries have demanded and received much. They have marched into theaters, bars, night clubs, into jobs and factory work, middle and upper management corporate offices, political offices — nearly everywhere into places once considered off limits to women.

What are the results? Has true femininity been achieved as women strove to right all the wrongs of history?

## **We live in difficult times**

As society has swept us into the modern age, it has left a maze of question marks in our minds. True masculinity and true femininity seem almost impossible to define. Men don't know whether to be wimps or macho. Women don't know whether to be homemakers or corporate presidents.

How can we know?

There is only one way to find

out what true femininity is. That is to learn it from the one who made human beings male and female — the Creator God. He designed us. He has revealed in the Bible what men and women are supposed to be.

And the Creator God is not a male chauvinist. God did not



design women to be subservient, second rate or inferior members of the human race. Women were not designed to be slaves nor as a necessary evil for producing children.

In the beginning God said: "It is not good for the man to be alone. I will make a helper suitable for him" (Genesis 2:18, New International Version



throughout). Then God caused a deep sleep to fall upon Adam, took from his body a rib, and created the first woman.

She was made of the same substance. She had the same mental capacities. And she had the same spiritual potential.

But she was different!

God did not design human beings to reproduce by dividing in two like amoebas. Mankind is created in the image of the great Creator God — with the ultimate potential to be born into His Family. By making human beings male and female with the capacity to love, marry and bear children, God made it



Being feminine involves every aspect of life, from conversations at parties to broadening your education. (Photos by G.A. Belluche Jr., Nathan Faulkner and Barry Stahl)

possible to understand the incredible human potential.

But few have understood it.

Notice what Peter wrote, "Husbands, in the same way be

considerate as you live with your wives, and treat them with respect as the weaker [physically] partner and as *heirs with you of the gracious gift of life*, so that nothing will hinder your prayers" (I Peter 3:7).

That verse is laced with meaning. It says men and women have absolutely equal spiritual potential. In the eyes of God, women never were, are not now, and never will be inferior.

But human societies have not put God's laws into practice. Since the day Adam and Eve took of the forbidden fruit, human beings have been trying every conceivable form of government, social structure and life-style they can imagine.

Every one but God's.

In ancient societies, women were kept in the back tent, walked 10 paces behind, sometimes were one of several wives in a harem and otherwise lived downtrodden existences.

At the opposite end of the spectrum is our modern liberated society of feminists who have tried to

swing the pendulum as far to the other side as possible.

Neither has brought happiness and understanding of what true femininity is.

So, what are the qualities of true femininity?

### Education for girls, too

In the May, 1983, issue of *Youth 83* we published an article on masculinity. In it we outlined four major aspects of life a young man ought to develop — education, music, sports and work.

One young woman wrote me a letter saying, "Why do you limit those qualities to boys? Shouldn't I, as a girl, also be educated, love music, participate in sports and learn to work?"

Absolutely. Every one of these qualities — when properly under-

stood and applied — is also applicable to girls.

I already mentioned how God created the sexes equal in mental capacity. Therefore, a girl's education is just as important as a boy's. When *Youth 83* Editor-in-Chief Herbert W. Armstrong established Ambassador College, he knew Ambassador had to be a *coeducational* college. Women, who will be working side by side

Reading the Bible gives insight into what the Creator of men and women planned for masculinity and femininity, and for every aspect of life.



with their mates, need training in arts and culture, domestic subjects as well as academic subjects in general in order to become effective partners with their husbands. Of course, many women will not choose to marry early (or at all) and will need to pursue careers.

But this does not mean a woman's education should put her in direct competition with men in every field.

Remember, it's not easy to be truly feminine and base your life on God's way. On the other hand, the Bible doesn't say women are not to develop their ultimate physical as well as spiritual potential.

In ancient times, girls were

seldom educated. They were kept in ignorance, perpetuated by superstition.

But, at the opposite extreme, modern education often demeans the importance of being a wife and mother and sometimes inflames head-to-head competition between the sexes.

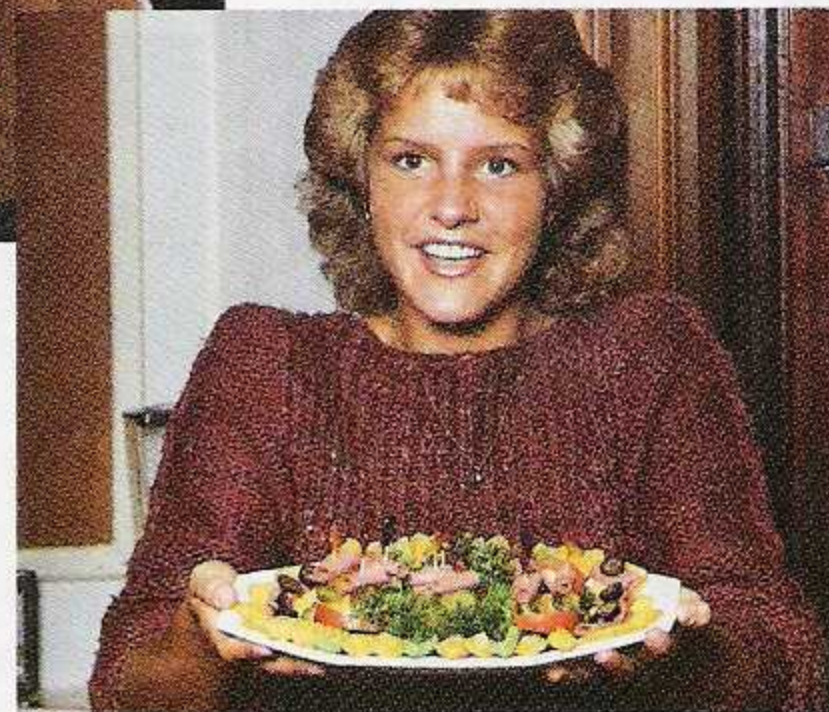
The divorce courts, with their stockpile of statistics, are living witness against the system we have created. But you don't have to be one of those statistics. You can be an educated, balanced, feminine young woman, if you set out to pattern your life after the laws of Almighty God.

Education is not the final step in femininity. But the right kind of education does provide the basic foundation.

### A girl should be beautiful

It is OK for a girl to be attractive.

But we're not talking about the way skin is stretched over a person's face. Beauty for the sake of vanity and selfishness is not



Discovering and developing your musical talent can be an exciting and fulfilling challenge. Preparing foods and serving them in an attractive fashion is also an enjoyable and worthwhile activity.

God's way. Some girls who are ravishingly beautiful are beset by many problems — witness Hollywood's sex symbols.

There is absolutely nothing wrong with a girl wanting to be properly attractive, well-groomed, clean. But true beauty and femininity come from within and can't be painted on.

The Bible tells of several beautiful women who were outstanding examples. One was the wife of Abraham, Sarah.

God had told Abraham and

Flower arranging and other home decorating skills can be a lot of fun!

Sarah to move to a new land where God was going to make their descendants great nations. Because of a famine, Abraham and Sarah moved to Egypt.

Before entering Egypt, Abraham warned his wife about a potential problem. He knew the Egyptians would immediately notice her beauty and might even kill him to take her. Read the story in Genesis 12.

And sure enough, when they reached Egypt, "the Egyptians saw that she was a very beautiful woman" (verse 14). Pharaoh himself, a man surrounded by beautiful women, wanted Sarah for his wife and was willing to purchase her from Abraham.

You might think Sarah was a beautiful *young* woman. She was beautiful — but not young. Sarah, at the time, was 70 years old!

She had maintained good health, a beautiful attitude, and even her physical beauty was noticeable at age 70.

Another outstanding woman from biblical times was Ruth. Ruth had been left a young widow and had to earn a living gleaning grain. Boaz, a wealthy Jewish landowner, noticed her in the field. Most women probably don't feel beautiful sweltering in the summer sun.

But Ruth's appearance was so impressive Boaz had to stop and ask who she was.

She must have been a captivating picture of beauty to attract Boaz. He was so struck by her that he decided to find out more



about her. He discovered her inner beauty of character and decided to marry her. She became the great-grandmother of David, a king of ancient Israel.

The Bible tells about another physically pretty woman named Jezebel. But her only beauty was physical — she painted it on in the morning and washed it off at night. Inside she was evil and hateful.

After marrying into the royal family of Israel, she brought idol worship and immorality to the nation. She was finally thrown from the balcony of her palace and was eaten by dogs — a most unpretty picture. Vanity can lead to horrible results.

Pure beauty comes from the heart. Girls who maintain a proper weight, eat a balanced and

nutritious diet, keep their hair in an appropriate style (the Bible says a woman's hair is her crown and glory, I Corinthians 11:15), and have a truly humble spirit are the most beautiful of all.

### **Virginity, a lost cause?**

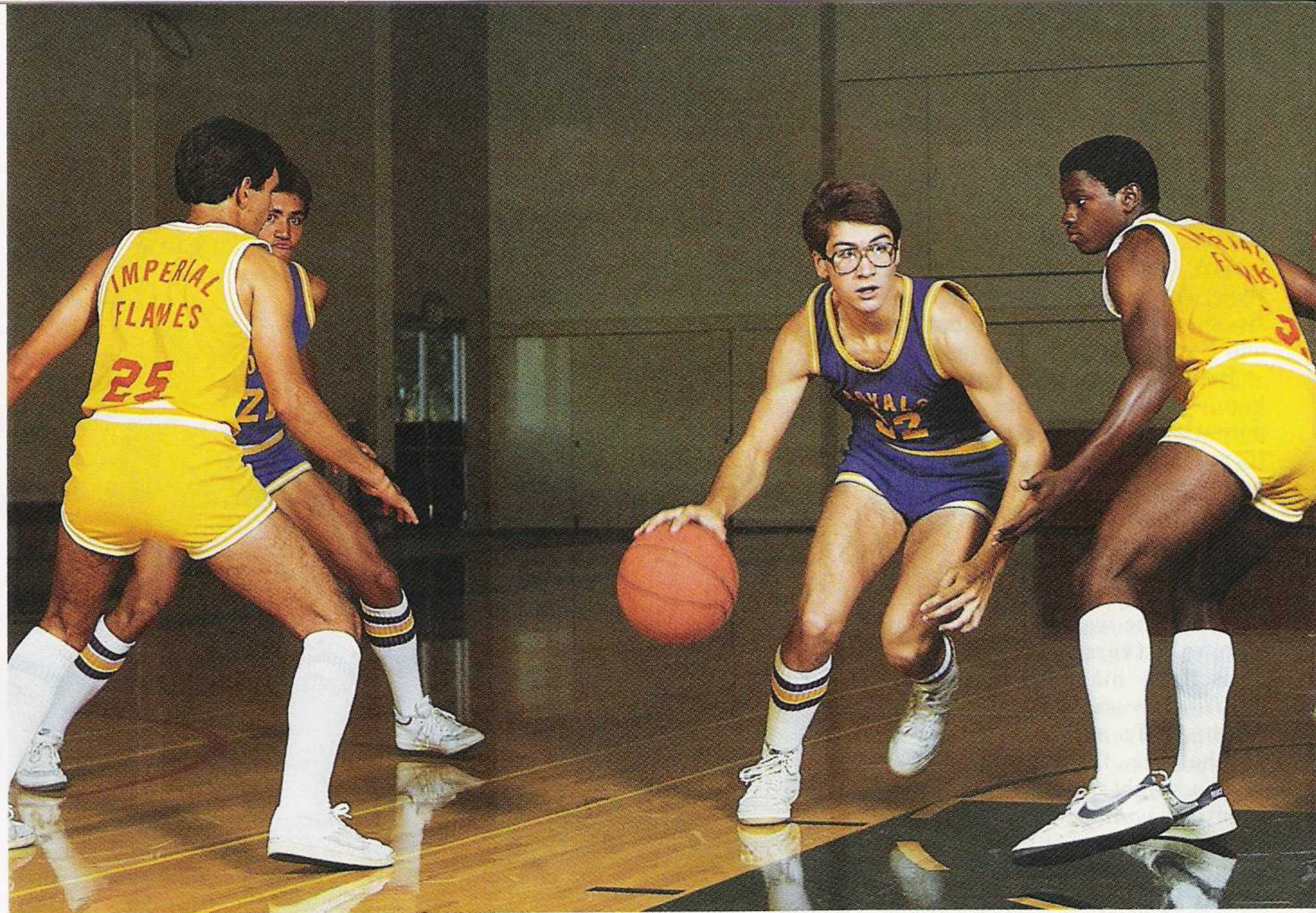
If there is anything that typifies and represents society today, it is sexual freedom. But true femininity is not sexual permissiveness. Godly femininity, on the other hand, is a result of the determination to maintain sexual purity during one's teen years and to prepare properly for marriage.

In today's world, a young person is often not accepted by peers unless he or she has had sexual experience before marriage. Many in today's world are made to believe that it is perfectly acceptable to neck, pet or go all the way.

But what are the fruits of this permissiveness? They are: illegiti-  
*(Continued on page 28)*



Exercise is also a part of true femininity. It is a key to health and, with the variety of sports and other activities available, it's not too hard to find one you'll enjoy.



# There's No 'I' in the Word 'Team'

*There's no room for selfishness in the game of basketball. But you can still make an important individual contribution to your team's success. Here's how.*

By Tom Delamater and Joel Rissinger

**T**here's a saying used by many basketball coaches and players that makes a strong point about teamwork.

It says, "There's no *I* in the word *team*," and it means that to be successful on the court, a player must understand how to play to help the team and not for personal glory.

That's an important role to live

by when playing the game. Even so, you can't really help your team if you haven't developed your own skills. So, what are the best ways to improve?

Many players try to improve by imitating famous athletes. Do you? Let's face it, if you're 5 feet 5, you can't be another Wilt Chamberlain or Kareem Abdul-Jabbar. But what can you be?

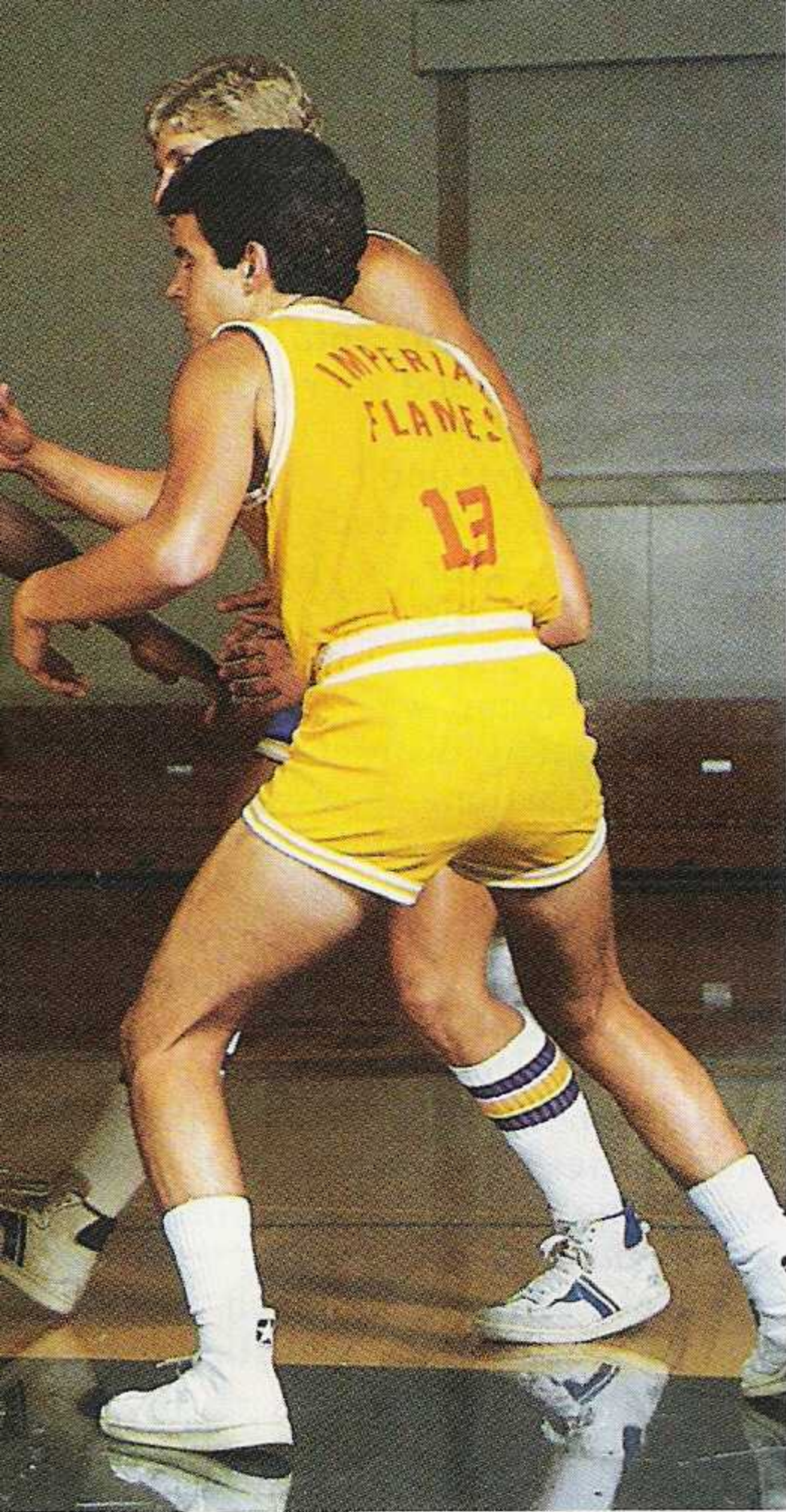
Yourself! It takes at least five players to make a team and each of them is different. Each player

has his own strengths and abilities that can add to the effectiveness of the entire group.

Here are four keys to improving your ability to help the team:

1. *Practice shots you'll use in a game.* If the position you play puts you about 10 feet from the basket for a shot, why spend all your practice time shooting from 30 feet? No matter how many half-court hook shots you take in practice, you probably won't try one in a game.





Working on your own basketball skills can help you perform with poise and confidence in a game situation. (Photo by Craig Clark)

head up gives you several advantages: You can see the defense and keep them from stealing the ball. You can also see your teammates, which will help you make better passes. And you can spot an opening to the basket, which may lead to an easy lay-up. If you're looking down, you won't see any of this.

Learning to dribble with your head up takes practice. Stand with your feet spread comfortably and your knees bent slightly. Don't look down at the ball. Dribble in place for one minute with your right hand, then switch and do the same with your left hand. When this feels comfortable, try it while walking, then while running. You'll be surprised by the positive results if you keep at it.

3. *Play defense with your feet.* Does that sound crazy? Well, consider that on defense, the object is to stay between the man you are guarding and the basket. You can't do that without moving your feet.

A common misconception is that all you need to play good defense is "good hands." But if the man you are guarding gets by you, your hands won't do you much good. Many fouls are committed when a player reaches into the path of another player. By moving your feet quickly, you can prevent the other player from getting by you in the first place.

Proper defensive technique will also help you improve your rebounding skills. By staying

between your man and the basket, you'll be in the ideal position to go after a missed shot.

To move quickly, you must have strong legs. Practice sprinting the length of a basketball court. Rope jumping and supervised weight training will also help (see the article on rope jumping in the March-April "News & Reviews").

4. *Have a positive outlook.* Let's say you've practiced your best shots, learned to dribble with your head up and developed quickness on defense. In order to use your newly acquired skills, you've got to have the right kind of confidence.

Don't dwell on the negative, on what you can't do. Realize that through hard work you'll not only improve as a player, but you'll increase your ability to contribute to the team.

After you've developed your skills, it all boils down to attitude. A positive mental outlook will not only bring out the best in you, it will bring out the best in your teammates and it will leave an impression on the other team. Doing your best with a proper attitude will allow you to enjoy the game, no matter what the outcome.

So be yourself. You don't have to imitate anyone. Use these four keys to develop yourself as a player — and as a part of the team. □

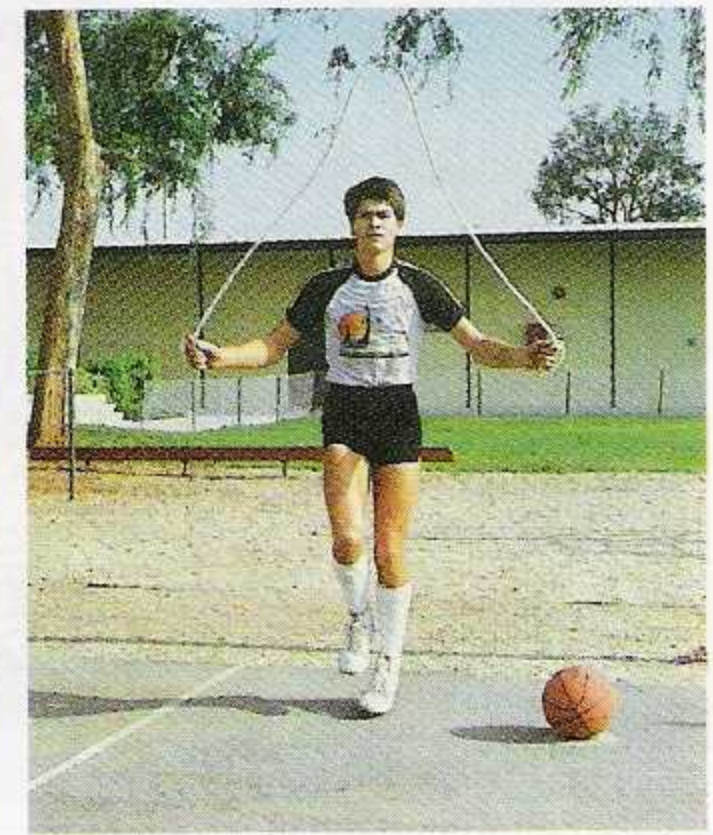
Worthwhile use of practice time is an important key to improvement. Time spent in shooting drills (left), dribbling drills (center) and agility drills (right) will pay big dividends later. (Photos by Craig Clark)

To be an effective team player, you must recognize your limitations. If you can only shoot accurately from 10 feet away, then practice shooting from that distance until you're consistent.

Start at one side of the baseline and shoot 10-foot shots, moving in a semicircle toward the foul line, and back down to the other baseline. Once you're hitting about 70 to 80 percent of these shots in practice, increase your range slightly, but remember — consistency, not distance, is the key. In a game, you'll always feel comfortable taking shots you know you can make. And your teammates will have confidence in you if they know you only take good shots.

2. *When dribbling, keep your head up.* "If I look up, I'll lose control," you might say. "I can dribble easier if I look at the ball." True, it may be easier, but that's not always best.

Dribbling with your



## Remember More and Finish Faster

# SUPERSTUDY

*Here's how to  
(and how not to) be an  
effective, active studier —  
and improve your grades!*

By Tom Delamater

**T**onight's the night. You're finally going to study for tomorrow's big history exam.

At 7 p.m. you're ready to begin, but you remember that you're supposed to call your friend from school. The call takes longer than you expected, and before hanging up your friend tells you about a great program on television that starts at 8 o'clock.

Since it's almost 8 already, you decide not to study just yet. Instead you read the newspaper until the show begins. Of course, the program that comes on at 8:30 looks good, so you watch it, too. Finally you're ready to study at 9 — but you realize you're hungry, too, and a light snack would sure hit the spot.

Your snack having turned into a feast, you return to your desk at 9:45, determined now to get that studying finished. Within minutes, however, the snack makes

you drowsy. Just a brief nap and you'll be ready to give it your all. But the nap turns into a good night's sleep — and your studying never gets done.

What happened? You had every intention to study hard for the exam — or at least you thought you did. What went wrong?

The problem was that there were too many distractions. And those distractions gave you the excuse to avoid studying. You became a *passive* studier.

If you want to study effectively, you've got to be an active studier. Throw yourself into what you're studying. Don't let the prospect of studying become a nuisance that takes the enjoyment out of everything else you do. In other words, don't dread it, *do it!*

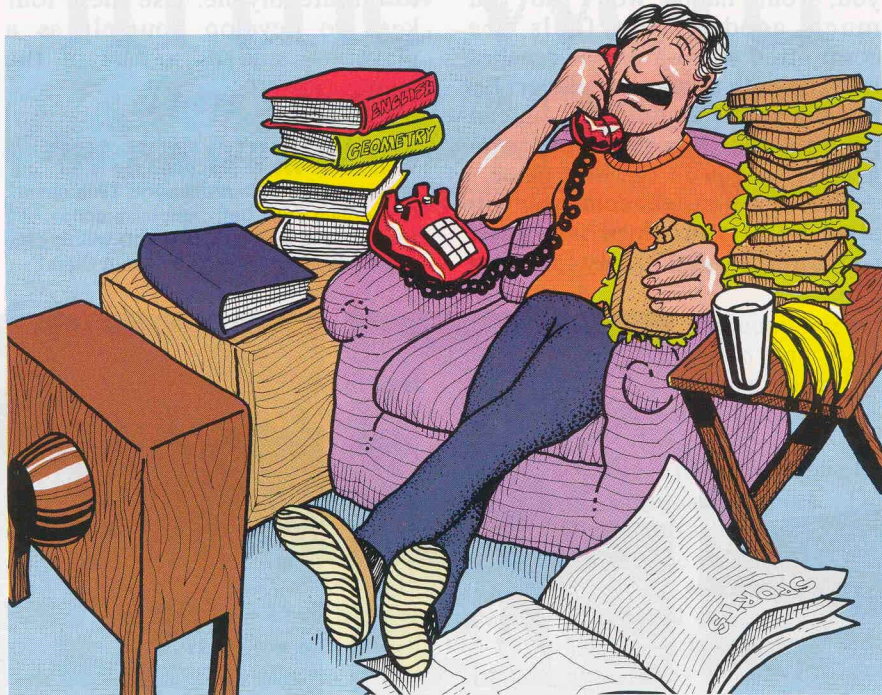
Take a sensible approach. Set aside a time to study and stick to it. Eliminate distractions — the proper atmosphere can mean everything when it comes to studying.

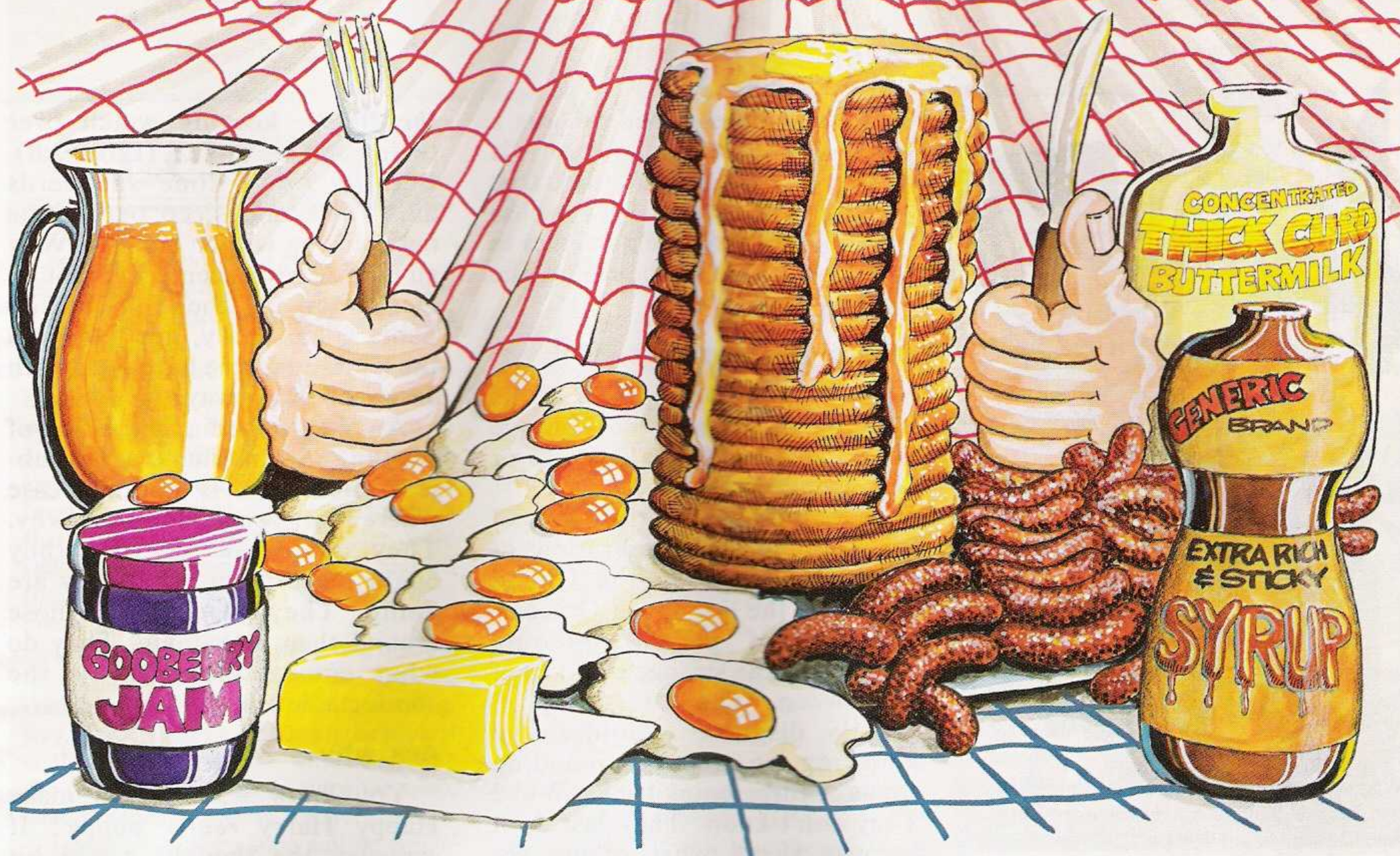
To begin, glance ahead at the material and plan your study session. Don't let it become a burden. Learn to work effectively for short periods — you can accomplish so much more that way. Once you've made your plan, follow it.

In addition, try to develop an interest in the subject. What aspect of it is of value to you? Come up with a reason for knowing about the subject. That way you'll not only remember what you've studied, but you'll be able to put it to use in your life.

So become an active studier. Concentrate on what you're doing while you're doing it. You'll not only remember more and get better grades, you'll also finish faster. And then you'll have time to call your friends, read the paper, watch TV, eat a snack and get a really good night's sleep. □

The proper atmosphere can mean everything when it comes to studying — but this isn't it! (Illustration by Monte Wolverton)





# Why Do We Do the Things We Do?

*That's a good question. Ask it often!*

By Clayton Steep

**T**wo dozen eggs for breakfast?

That's right. Harry devours two dozen eggs for breakfast.

Plus 30 or so pancakes, 20 to 30 sausage links and a gallon of buttermilk. That tides him over until lunch, when he downs 20 hot dogs, three pizzas and 10 bowls of ice cream.

Toward the end of the day, Harry's appetite dwindles. His supper consists of "only" several pounds of meat, a large pot of mashed potatoes and a couple dozen hot-buttered biscuits.

"Happy Harry," as he calls himself, weighs more than 650 pounds. He earns a living by appearing in small town circuses. For a small admission fee, Harry

demonstrates that, in spite of the flab that hangs off him in rolls, he can still rise from his chair and stand by himself.

Now why would anyone choose to live like that? Harry must know that such a diet is shortening his life drastically. He must be aware that his heart and other organs are not going to tolerate for long the strain he is putting them through. He must also see that his condition is keeping him from getting around freely and living a normal life. He can't really feel well, full of energy, vibrant.

Why? Why does Harry do the things he does? Probably Harry doesn't ask himself why. He just does what he does because it's easy. It's easy and it's comfortable

to do what comes naturally. But don't be misled because Harry calls himself "Happy Harry." Like so many people, deep down inside Harry is lonely, his life empty. Still, he doesn't draw any connection between that and the way he is living — the things he is doing. But there *is* a connection!

## Don't lose curiosity

When we were small children, one of the most important words in our vocabulary was *why*. How many times did we fluster those older than we by asking that question? "Why this?" and "Why that?" And each answer, it seemed, produced an additional question — another "Why?"!

Strangely, though, as we became 8 or 9 years old — maybe



Why do youngsters wear costumes in the United States on Halloween? And why decorate a tree for Christmas? Most don't bother to ask why they do the things they do.

even sooner — the number of times we asked why began to be fewer and fewer. What was the reason? Did we at that young age begin to think we knew it all? No, that certainly wasn't the case. We still knew we didn't know it all, but for some reason we began at that young age to just accept things as they are without questioning them.

Maybe the expressions of exasperation from those who didn't have time to answer or who didn't know the answer to our questions threw cold water on our curiosity. Maybe we somehow got the impression that there are no answers to most whys. Whatever the exact reason, we began to catch on that it is a whole lot more comfortable to accept most things as they are without asking why. It is more comfortable to go along with what everyone around us is doing. To give in to peer pressure. To do what comes naturally, what we think makes us feel good, whether or not it really is good for us.

Happy Harry may have asked

why many times when he was a small child. Now, however, is when he really needs to ask that question. We should never lose the ability to examine ourselves to see if we ought to be doing the things we do.

### Where you least expect it

You would be surprised at the number of things the average person does without knowing or even wondering why.

A good example at this time of the year is the celebration of various holidays. In the United States, on the last day of October, millions of people become involved in the strange customs of Halloween. They dress up in ghostly disguises. Children go knocking on doors demanding treats or threatening tricks. Why? They don't know. They just do it because that's what others are doing. Most people don't really realize that Halloween is a continuation of pagan ceremonies worshipping Satan



*the fields, keeping watch over their flock by night*" (Luke 2:8). But, in Jesus' time shepherds didn't live and sleep out in the fields in the winter months. Why all the festivities centering around December 25 then? What do Santa Claus, holly, mistletoe and the Christmas tree have to do with Jesus' birth anyway?

An encyclopedia has a lot of startling information on this subject. But here is another case where most people don't ask why. They don't ask whether they ought to be doing what they are doing. They just do as those around them are doing. They do what comes naturally — the comfortable thing.

### Ask why

You know what would make Happy Harry *really* happy? If someday the thought would hit him: Hey! What I'm doing is not good for myself. It's ruining my health. It's shortening my life. It's keeping me from being active. I'm not accomplishing anything of lasting value. I'm making a spectacle of myself. When people pay to gaze at me, they don't look at me with respect. Instead, they go away glad they're not like me. And what is most important, this is not living the way God in His Bible reveals that I should live.

So *why* am I doing it then?

And having asked that vital question, Harry would come to himself and change his way of living, making it conform to God's way as described in the Bible. That would make things go right for Harry.

And that would make Happy Harry really happy, for God promises "Blessed is every one who fears the Lord, who walks in His ways . . . You shall be happy, and it shall be well with you" (Psalm 128:1-2).

Ask yourself *why* you do what you do. If you find what you are doing is right, so much the better. If it isn't, make it right. You'll be happier for sure! □

and the dead. Yet they could be aware of that simply by checking an encyclopedia.

What about Christmas? Why do people celebrate December 25? Not because Jesus was born then. Does that surprise you? The Bible shows Jesus wasn't born in the winter at all! When He was born, "there were in the same country shepherds *living out in*

# Letters

(Continued from inside front cover)

realize it is only a cartoon, but I thought it might be a little misleading to readers of the magazine.

The snorkel and the mask that the boy is shown to be wearing are potentially very dangerous. I believe that when in use, air passes through the valve at the top and fills the mask in which the boy is breathing. However, what is dangerous is that if the valve were faulty, water could suddenly flow down the snorkel and fill the mask. This leads to panic that could prove fatal to the swimmer.

The ideal type of snorkel is one that fits directly into the mouth. It can then be completely separate from the mask. This way, if water were to get down the tube, it could be easily spat out, without causing the same degree of panic since the mask would remain free from water.

I hope this information will be passed on to the readers of *Youth 83*. You never know, it could save a life!

Ian Bearman  
Dartford, England

## High standard

I wrote recently to request 40 copies of *Youth 83* for use with my religious education class. I am very impressed with the high standard of the magazine and thank you for it.

Michael J. Dyer  
Waverley, Australia

## "Anger — Fight and Beat It"

I just want to thank you for publishing such a wonderful magazine like *Youth 83*. It has helped me so much during my teen years. I will be leaving soon for college, and I hope to apply all the things that I have learned from this magazine there and throughout my life.

I just got finished reading the July issue of *Youth 83*. All of the articles in it were great, but I want to especially thank Mike Bennett for the article, "Anger — Fight and Beat It." It helped me to learn how to get along better with my friends and family and how to control my anger.

Cindi Block  
Newburgh, Ind.

## Worries sometimes

Thank you for the article, "How to Stop Worrying About the 'End of the World'" (June *Youth 83*). Like many other teens, I worry sometimes about what the end of the world will be like.

This article really helped a lot. I also recommend the booklet, *The Wonderful World Tomorrow — What It Will Be Like*, for anyone who often thinks about this subject.

Crystal Carter  
Grafton, Ohio

## Hope and human courage

I am a grade nine student attending high school a few miles east of Ottawa, Ont.

I am writing [concerning] your article on Terry Fox in [the May] *Youth 83*. I really enjoyed the article and I was glad to see it.

I find that many Americans don't realize what Canada is and I hope that your article showed what Canadians stand for. I fully realize that not all Americans are ignorant of Canada, but I have seen Americans in Ottawa in July looking for snow!

I have been lucky enough to meet Terry Fox and talk with him for a minute or two. I don't know how the rest of the world accepted Terry Fox, but to Canada he showed us that there is hope and, above all, human courage in the world that we live in today.

Shawn MacWha  
Cumberland, Ont.

## "Conspiracy Against the Family"

Thank you very much for *Youth 83*. Although I am no longer a youth, I find many helpful hints on growing up. It teaches me at a basic level that *The Plain Truth* and *The Good News* cannot, of the things I should have learned as a teenager, and did not.

So much captures my attention: some because I need to learn, some because I have already learned the hard way. In the June issue I was struck by the very first article, "The Conspiracy Against the Family," because we had just had a young married's Bible study on the same subject in which the minister often used the words "shocking" and "unbelievable" in referring to what the leaders of our society say in reference to the family. I was neither shocked, nor did I disbelieve what the articles purported. Those were the same things I had been taught in my pre-social work course at college.

What the elite of our society firmly believe is for the good of our society is so heartbreakingly wrong! I cry at the harm those ideas have done and are doing in human relations, in child rearing, in personal happiness.

In much the same way, I was struck by "Exposing the Marijuana Myth." When I was in college (1970-1974), most of the

people I knew smoked pot. I had nothing against it; I just didn't smoke. I did watch outgoing *B* students become suspicious, introverted *C-D* students. But I listened to the professors tell us that more heroin addicts started on milk than on marijuana, and that if it were only legalized, marijuana smokers would not be so suspicious and introverted. Being as I was



This scene of lower Manhattan was taken by a 14-year-old New Yorker, Ho Joong Yun.

introverted enough, I decided to wait until it was legalized. Besides, they hadn't explained the difference in grades, and grades were important to me.

The ideal life offered was so negative, empty and purposeless. Money was nothing. It had been proved that money can't buy happiness. And what was put forth as the purpose of life was to "be happy." "Happiness" seemed to be defined as experiencing whatever sort of pleasures that suited you, and having a means of supporting them that didn't get you in prison, where you could no longer enjoy your pleasures. This was all tied up with "freedom," "liberation" and "rights."

I see now how horribly I, and people I know, have suffered from the ideas of women's liberation, sexual freedom, alternate life-styles, free choice, immediate gratification and all of the other catchwords that mean get not give. And what is given must be truly good, not an empty imitation that only looks good, or it cannot produce happiness.

That's where *Youth 83*, all of the other Church literature and the Bible come in. They show us how to prepare to give, what to give and how to give it. Thanks for exposing the myths, for telling the truth and for encouraging us to strive for quality.

Koleen Tompkins  
Salem, Ore.

# News & Reviews

## Beating the Butterflies

Craig's knees clap together as he waits his turn to speak. His palms sweat, his breathing quickens, his pulse races. Sound familiar? To most people, it does.

A study of 4,400 American high school students found that giving oral reports was their most stressful school activity. The author of the study, Susan Sears, Ohio State University education professor, reported, "Some students even said it was such a source of stress for them they would rather [fail] than actually stand up and give a report."

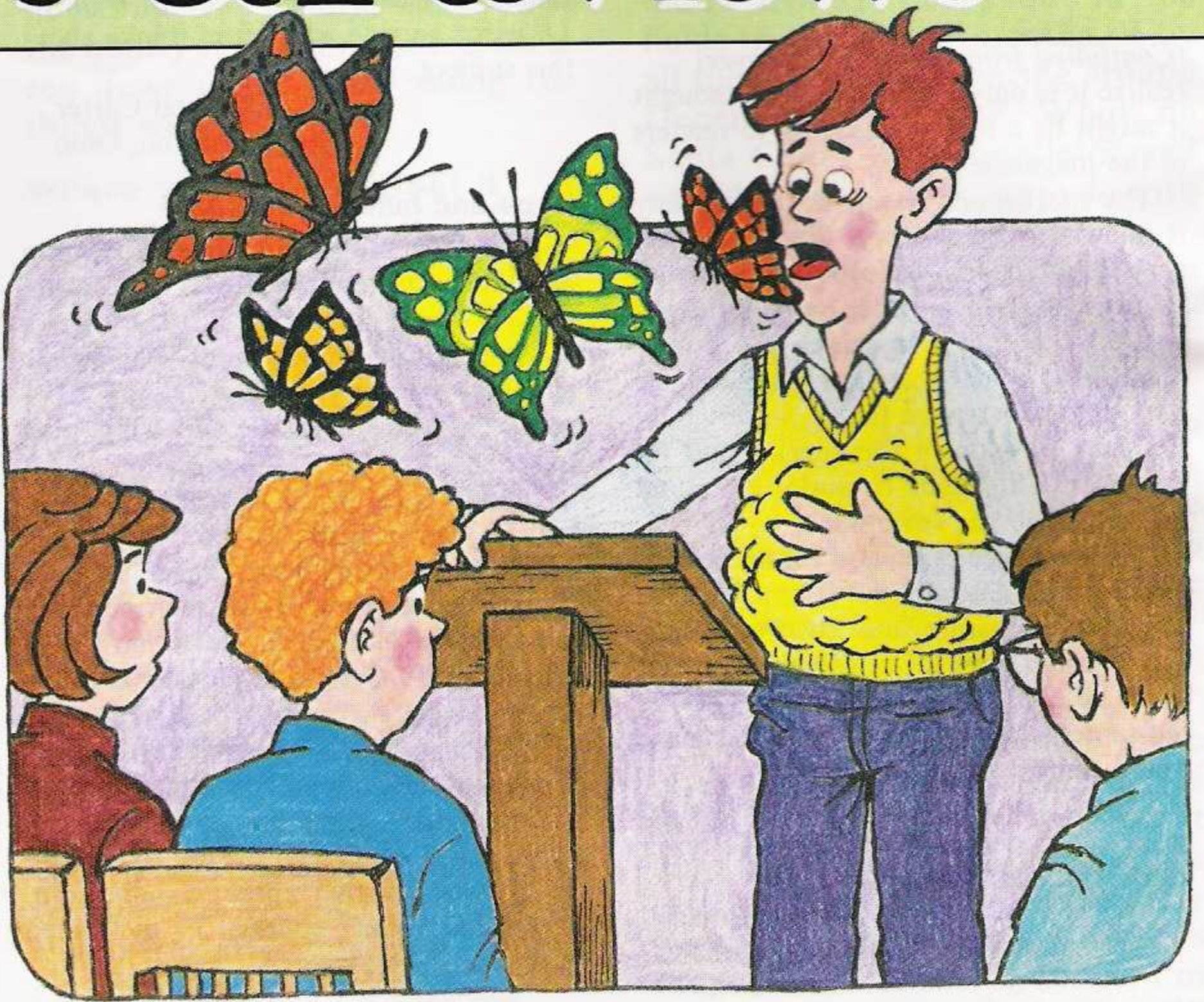
Nearly everyone gets nervous speaking before an audience. But you will speak in public many more times than you probably realize, not only while in school, but throughout your lifetime.

One study found that good oral communication skill is one of the main factors in a successful career. If this doesn't give you or the butterflies in your stomach any relief, try using these five tools to defeat your fear of public speaking.

- Choose a topic you're genuinely interested in. If you're bored with your subject, how can you expect the audience to be interested?

- *Give* to your audience. Every speech is a chance for you to help other people. Pack your speeches with information the audience can use. If your mind is on helping others, it won't be on yourself and you won't be as nervous.

- Dig into your subject. Almost any topic can be fascinating depending on how it



is presented. Pack your speech with the most interesting parts of your subject and your audience will be eager to listen.

- Organize your talk on index cards. The simpler your organization is, the easier it will be for your audience (and you) to follow.

- If possible, get acquainted with a tape recorder. Use it to practice your speech. It may sound strange to hear your own voice, but it's one of the best ways to know how your speech will sound *before* it comes out — which can get rid of a lot of those prespeech jitters.

- Speak whenever you get the chance. Few things build confidence more quickly than actually speaking before groups. Put your hand up more often in class. Forcing yourself to speak lessens your nervousness remarkably.

Take advantage of these tips and you'll feel confident that you *can* speak in public. — *By Will Flaman* □

## The Wonders of Pop! Pop! Popcorn!

After school, while studying or before you go to bed, the urge to munch suddenly strikes. What will satisfy your hunger? A favorite among many, and justifiably so, is pop-Pop-POPcorn!

Popcorn has been around for thousands of years. The earliest way to prepare it was to put the kernels over an open fire. In 1885 the first popcorn machine was introduced.

Just what makes popcorn pop — actually explode — when it's heated? A good kernel of popcorn contains about 13.5 percent moisture. When heated, the moisture changes into steam, which

causes pressure to build up inside. This pressure eventually bursts the kernel's shell and the entire inside of the kernel puffs out to about 30 times its original size.

Popcorn will not only satisfy your urge to munch — it is also good for you. Popcorn is at the top of the list of quick and healthy snack foods. Unlike soft drinks, candy bars and many other snack foods, it contains no additives or artificial flavors and is sugar free.

Another pleasure of popcorn is that it is low in calories. Without butter, a cup has 25 to 55 calories. Hot, creamy butter poured over fresh popcorn is extremely popular. But with so many other tasty toppings around, why not experiment a little? Try tingling your taste buds with grated Parmesan cheese or seasoned salts such as garlic, onion or hickory. For a flavorful party mix, try mixing popcorn with raisins, dried fruit and honey.

Why not let this nutritious, fun food be your choice of snack the next time you get the urge to munch? — *By Ann Hays* □



## Proverbs for Today: The Attitude of Gratitude

“Acknowledgments.”

Have you noticed that a page with this heading is found in many nonfiction books before the first chapter? In it the author publicly expresses his thanks to those who contributed heavily to his finished product.

“To give thanks” is one meaning of the word *acknowledge*. This meaning is included in the proverb, “In all your ways acknowledge Him, and He shall direct your paths” (Proverbs 3:6).

This verse teaches that we ought to seek God’s guidance, but it also teaches us to offer thanks to God for all that He does for us.

How do you feel when you do something nice for someone and it goes unappreciated? Are you anxious to continue extending the favor?

But what about all the favors God extends to you? Look at all He’s done for you — after all, everything you have comes ultimately from Him!

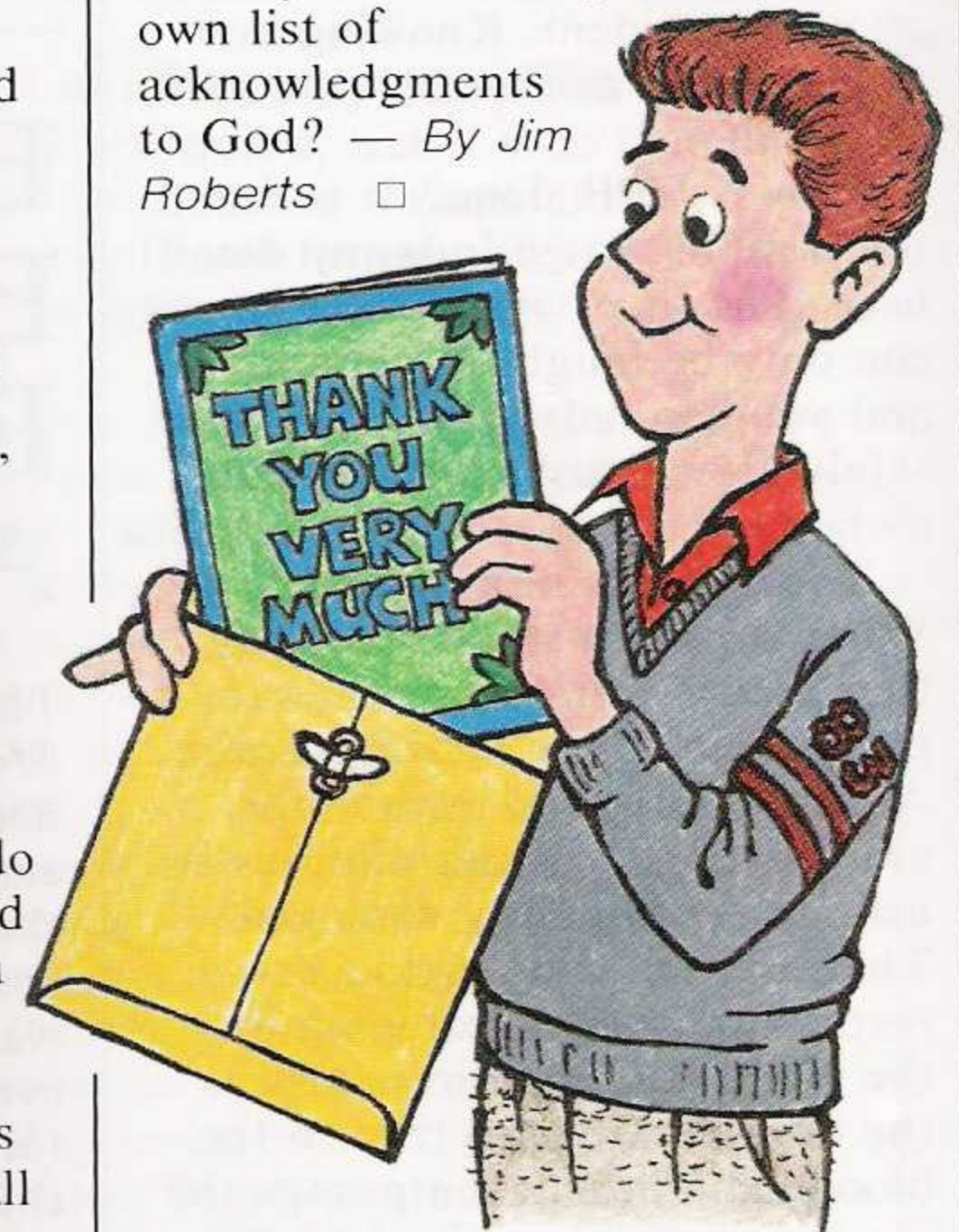
For example, consider what you are doing at this moment. You are alive and breathing. You have eyesight to see this magazine. You have a mind and intelligence to grasp the words you read. Did you provide any of these things for yourself?

The basics of life, such as breath, health, food and water, all come from God. The list of blessings we have seems endless.

Giving thanks should be a part of our daily lives. As the proverb says, if we acknowledge God, we will have His continued blessing. He will direct our paths to success. God looks for the

attitude of gratitude. “It is good to give thanks to the Lord, and to sing praises to Your name, O Most High” (Psalm 92:1).

Why not come up with your own list of acknowledgments to God? — *By Jim Roberts* □



## Could You Save a Life?

Bill’s body sank limply to the bottom of the pool. Jack saw him but thought he was just fooling around. The other guys had already left the pool and were getting ready to go.

Jack watched — for what seemed like hours — to see if Bill would move. He watched. He waited. But Bill didn’t move.

Jack dove to the bottom, pulled Bill up and yelled to the

# News & Reviews

coach. As the other guys stared in horror, the coach lifted Bill's motionless body from the water and began to administer CPR (cardiopulmonary resuscitation). Bill is alive today because of his coach's knowledge of CPR.

What would you have done? What if, for some reason, one of your friends stopped breathing? Would you know what to do?

CPR is a way to restore breathing and blood circulation after an accident. Knowing how to give CPR can enable you to save a life.

How is CPR done? It is far too complex to go into any detail here. The fine points of CPR can only be taught in class — and you can only give CPR safely after you have taken such a class.

This is CPR in a nutshell: When a person stops breathing, the rescuer's first priority is to get oxygen to the victim's brain. A brain starved of oxygen for more than four to six minutes is usually permanently damaged. The rescuer, using artificial respiration, blows oxygen into the victim's lungs. From there, the oxygen is transferred to the blood. The heart then pumps the oxygen-containing blood to the brain.

If the victim's heart also stops, the rescuer stimulates the heart's pumping action with a technique that forces enough blood to the brain to keep major damage from happening.

Properly given, CPR can be a lifesaver. Improperly given, you can cause more trouble than you prevent. So don't try it if you haven't been taught by a qualified instructor.

The best way to learn CPR is through classes, perhaps available in your area. A typical CPR class takes from four to nine hours to complete and costs little — if anything. Many classes are offered free of charge

in the community interest.

Check with your hospital, the fire department, the Red Cross, the Heart Association or similar organizations in your area for more details. Your physical education teacher may be able to help you find a good CPR class.

Be prepared for this kind of emergency. CPR instruction can help you save a life. — *By Joel Rissinger and Lowell Wagner Jr.* □

## Extra! Extra! Read All About It!

The first issue of *The Morgan Mag* was hardly an earthshaking event in the world of literature and journalism, but it was a significant event nonetheless for our family. For the next seven years this newspaper became an important part of our family life.

Why? Because it was our family newspaper. Have you ever thought of writing your own family newspaper? It's possible, you know — and can be a most



enjoyable hobby.

Issued almost every week, *The Morgan Mag*, renamed *Blab 'n' Gab*, was packed with the latest news about the family — trips we went on, school news, family sports and games, purchases we made and so on. Quite often it contained contests, short stories, poems, pictures and jokes.

I was the editor. My two younger brothers were reporters. Together, we published 270 issues of our paper. The paper stopped publishing when I went to college.

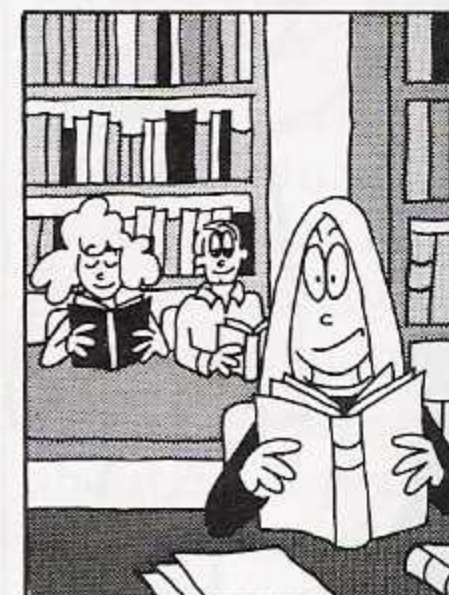
After college, I was excited to rediscover the bulky pile of *Blab 'n' Gabs* and to show them to my wife. The value of a hobby like this became plain.

Thumbing through the 270 issues, mostly three or four pages, but sometimes up to 50 pages in length, brings back tons of memories. These pages are an invaluable family diary and a wealth of interest and humor.

One of the main things I learned from the hobby was the art of writing. Many of the principles we studied in journalism classes at college were ones I discovered in editing *Blab 'n' Gab*.

Why don't you try producing a newspaper? Ask your parents for ideas. You'll have a great time with your own paper. — *By Rex Morgan* □

### FRISBEE'S FRIENDS



BY CAROL SPRINGER





# Teen Bible Study

## Drive, Drive, *DRIVE* Toward Success!

Prepared by Richard A. Sedliacik

“Without *energy, drive, constant propulsion*, a person need never expect to become truly successful.” So says Editor-in-Chief Herbert W. Armstrong in his booklet, *The Seven Laws of Success*. (If you don’t already have a free copy of this booklet, call or write the office nearest you. Check the inside front cover.)

Just what is drive? Why is it essential for success? And how can we apply it in our lives?

In this series of studies, we have learned that there are definite laws that one must follow to achieve true and lasting success.

The first of these laws is to set meaningful and worthwhile goals. Then one must prepare himself to achieve them. This involves education — the second law of success. Third comes good health.

But following these three laws is not enough. After all, success is accomplishment — it is doing.

Like a salmon fighting its way upstream, one must drive himself forward to accomplish his goals. He must put a constant prod on himself, applying the fourth law of success — drive!

In this fourth study on the seven laws of success, you will learn why drive is absolutely essential for real success, and how you can develop it in your life.

But before you begin, be sure to get your Bible, a pen or pencil and some paper. Writing out the Bible verses that answer the questions asked in this study will help you to remember the important principles you’ll be learning.

1. Just how much effort and energy is required to become successful in all that we undertake? Ecclesiastes 9:10, Colossians 3:23.

Throw yourself wholeheartedly into all that you do! Whether in your studies at school or in your work on the job, put all your energy into it. If you’re active in sports, strive to do your best. And if one of your goals involves

music — practice, practice, practice!

Whatever your goals, put all your energy, willpower and effort into accomplishing them.

Halfhearted effort may carry one partway toward his life’s goals, but it won’t get him far enough to actually reach them. Your accomplishments will largely be a reflection of your drive and determination to achieve your goals.

2. Will the person who really applies himself become a successful leader? Proverbs 12:24. Will he find himself in the company of successful people? Proverbs 22:29. But what happens if one lacks drive and initiative — refuses to put forth effort? Proverbs 10:4, 13:4, 24:30-34.

Those who are universally acclaimed as being successful have one thing in common — they drive themselves. They put a constant prod on themselves. They refuse to give in to the urge to slow down and take it easy. To become truly successful, you must also propel yourself forward energetically.

But this kind of drive also includes your attitude of mind. You need to have a deep, inner enthusiasm for all your work and for life itself.

Former U.S. President Theodore Roosevelt was a man who radiated enthusiasm. He generated enthusiasm in others. His life was one of activity and great accomplishment. Illustrative of his attitude was a statement he made to an audience at the Sorbonne in Paris, France:

“It is not the critic who counts; not the man who points out how the strong man stumbles, or where the doer of deeds could have done them better.

“The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood; who strives valiantly; who errs, and comes short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds; who knows

the great enthusiasms, the great devoting; who spends himself in a worthy cause; who at the best knows in the end the triumph of high achievement, and who at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who know neither victory nor defeat."

How can you generate this kind of enthusiasm? One way is to think about your goals as if you had already reached them — to picture the benefits their accomplishment will bring to you and others. You will then have a clear mental picture of what you want to accomplish.

Picturing the benefits will help you desire your goal more. And desire is the fire that ignites enthusiasm.

Enthusiasm in turn leads to positive action that, if continued, leads to success. And success produces confidence that leads to even greater success!

**3.** Will some goals and projects we undertake not be all pleasure — will some tasks involved in achieving them be difficult? Proverbs 20:4. Should we nevertheless drive ourselves to accomplish them? Proverbs 14:23.

Don't let the immensity or difficulty of any goal or project overwhelm and discourage you. Don't procrastinate, quit or make excuses. If necessary, break the project down into smaller parts and concentrate on one part at a time. Then put all your energy and mind power into the task at hand and complete it with zest! If you cannot finish it, at least get started. Then be sure to return and complete it later. As Proverbs 14:23 shows, you will profit from your efforts in the end.

**4.** Does the principle revealed in Proverbs 13:20 and 27:17 show that friends can be a great influence to spur us on to do well and be successful?

You may have noticed that when you're in the presence of some people, you tend to be invigorated and motivated to accomplish. This is because we tend to follow the example of those with whom we associate

more closely. Search out and be friends with those who are an inspiration and who are themselves success oriented.

**5.** Regarding the overall purpose of life — that of becoming a member of God's universe-ruling Family — did the apostle Paul drive himself so that he might attain this No. 1 goal in his life? Philipians 3:11-14, II Timothy 4:7-8. And did he encourage others, including the young man Timothy, to do the same? I Corinthians 9:24-27, I Timothy 6:12.

**6.** Did Jesus Christ, who knew firsthand what it was like to be a member of the God Family, exert great energy and effort to reenter the Family of God? Hebrews 4:15, 5:7, Luke 22:41-44. Does He want us to also strive to eventually enter the Kingdom of God? Matthew 6:33.

Paul and Christ knew and thoroughly understood the great purpose in life — the purpose for their very existence! It was their No. 1 goal and they, with the help of God's Holy Spirit, pursued that goal with all their might! They set us an example.

**7.** Will God help us to have the energy, drive and motivation to achieve our No. 1 goal in life, as well as our secondary goals, if we

seek Him wholeheartedly and desire to actually do His will? Isaiah 40:28-31, Psalm 119:2, Philipians 2:13, I John 3:22, Hebrews 11:6.

God is the ultimate source of the motivation and drive we need to achieve the purpose for our existence — our No. 1 goal in life.

If you trust God and do your part, He will also help you to attain your other goals and ambitions — as long as they are within the limits of His overall will as revealed in His Word — the Holy Bible.

Remember: To be truly successful in life, you must put a constant prod on yourself. You must drive yourself to accomplish. Begin now to apply this fourth law of success, along with all the others. You will be amazed at the results! □



Former U.S. President Theodore Roosevelt practiced the fourth law of success — drive! (Wide World Photo)

# Dear Youth 83,

## *Practical Bible-based answers to the problems of growing up.*

**Q. I am an 18-year-old girl and I'm very good in sports. My problem is I'm better than boys in some sports and that makes them shy away from me. Are they jealous or what? Should I not try as hard so the guys will not get mad at me? Can you help?**

**A.** Take Solomon's advice, "Whatever your hand finds to do, do it with your might" (Ecclesiastes 9:10). Don't do less than your best at anything.

Developing and enjoying athletic skills with a proper attitude is rewarding. Other students will respect you and cheer you on — including the guys.

But life is not all sports. Social life and interaction with members of both sexes is important, too. Be sure you develop a warm, friendly personality. Show respect for others who may not be as skilled in sports as you are. Encourage others and strive to avoid seeming like a show-off.

Maintain good grooming. Be feminine. You'll find most guys will like you for what you are — a fine young woman who happens to also be a good athlete.

**Q. My parents are always telling me I should pray more. I know I should, but I just can't get started. And when I do, I feel funny talking to God — like I'm talking to somebody who isn't there. What should I do?**

**A.** Everyone has to learn to pray. It doesn't come naturally. Like learning to play the piano or basketball, you have to practice. That might sound funny at first — practice praying. But like any other new thing, you may feel uncomfortable in the beginning, but when you learn how, it will become something you enjoy more and more. You'll find your day goes better, you feel better

and you get more done.

Prayer is like food. If you don't eat, you get weaker and weaker. If you learn to pray, you will find you have spiritual strength — go without it and you don't have as much strength.

Here are a few hints to get started. First, find a place where you can pray. For most people that is a bedroom. But sometimes, when a bedroom is shared by other sisters or brothers, that isn't convenient. Then you have to find another place — a spare room in the attic or basement, even a large closet.

Then try to set aside a regular time to pray. For most people morning is best — before the work or school day gets started. But it doesn't matter. You might have more privacy right after you get home from school or before you go to bed at night.

Talking to God is a whole lot like talking to a person — especially talking to a parent. If you can talk to your mom or dad easily, you will probably find talking to God not too difficult. If you do not have good communication with your parents, it may take a little more learning. Remember, God is your heavenly Father. He wants to hear what you have on your mind. And He wants to help!

If you are just

learning to pray, plan to pray just a few minutes for the first few times. Of course you'll feel silly at first. We all did. But as you do it more and more, you will find talking to God is a natural thing.

You may want to take a pillow or pad to kneel on, a bench or chair as a rest or a place to put your Bible. One helpful hint is to read the Bible a couple of minutes as you start to pray — the Bible is God talking to us. It will help you get started.

Every now and then read the fourth and fifth chapters of Revelation. There God's majestic throne is described. And that's what and who you are talking to.

Use Matthew 6:9-13 as an outline of what to pray about. Many people call this "the Lord's Prayer." They just say it over and over. But Christ gave that to teach us *how* to pray — not what to pray.

You'll notice that you should pray for God's Kingdom and His Work, and it's a good idea to pray for others before you get to yourself. But it's fine to pray for your needs, too. God wants to know how you feel and what you think.

Your teen years are a good time to learn to pray. Try it! You'll find it helps a lot. □

*We welcome your questions and will excerpt as many as possible. Sorry we can't answer them all. Answers are prepared by Bernard W. Schnippert, a minister of the Worldwide Church of God. Address your questions to "Dear Youth 83," 300 W. Green St., Pasadena, Calif., 91129.*



So what, then, is the missing dimension in sex knowledge — in all knowledge? *It is revelation from GOD!*

ALONE to determine what is right and what is sin — what is good and what is evil. God has not delegated to man the right or power to decide WHAT is sin — but He *compels* us to decide WHETHER to sin, or to obey His law.

To rightly determine what is GOOD required the creative power to produce and set in motion such

inexorable LAWS as this spiritual law and the laws of physics and chemistry — a law that AUTOMATICALLY causes GOOD if obeyed, and EVILS when disobeyed!

Adam and Eve had only GOD's word that they were mortal and could die. Now Satan disputed this. He said they were IMMORTAL SOULS.

WHOM should they believe? They had no

PROOF, except God's word. But now Satan discredited that, and claimed just the opposite.

Satan said their intellectual powers were so great they could de-

termine for themselves what is GOOD and what is evil. That is a GOD-PREROGATIVE. "YOU can be GOD!" said Satan.

This Satan was appealing to their human VANITY. Remember, they had just been created, with perfect human minds. Not God minds — but perfect *human* minds. They allowed the thought to enter their minds that they possessed intellectual powers so GREAT that they could assume the GOD-prerogative of PRODUCING THE KNOWLEDGE of what is GOOD and what is EVIL!

Intellectual vanity seized them! They were thrilled, enthralled, intoxicated with vanity at the grand prospect.

How, after all, could they be sure God had told them the truth?

They *saw* (verse 6) — they

used observation — that the forbidden tree was *good* for food, pleasant to their eyes, and *desired to make them wise*. Intellectual vanity was stirred. In the ecstasy of this vanity they used *human reason*. They decided to *reject revelation* imparted by God, and to make the very first SCIENTIFIC EXPERIMENT! They *took* the forbidden fruit and ate it!

They *took to themselves* the prerogative of deciding what is GOOD, and what is EVIL. In so doing, they *rejected* the GOD-centered WAY of God's spiritual law, and rejecting it, of necessity they chose *the way* that transgresses it!

They PIONEERED in deciding for themselves what is *right* and what is *wrong* — what is righteousness and what is sin! And humanity has been doing what seems right in its own eyes ever since.

And HOW did they do it? They 1) rejected revelation, 2) used observation, 3) used experimentation and 4) used human reason. And *that* is precisely the "scientific" method used by modern science today!

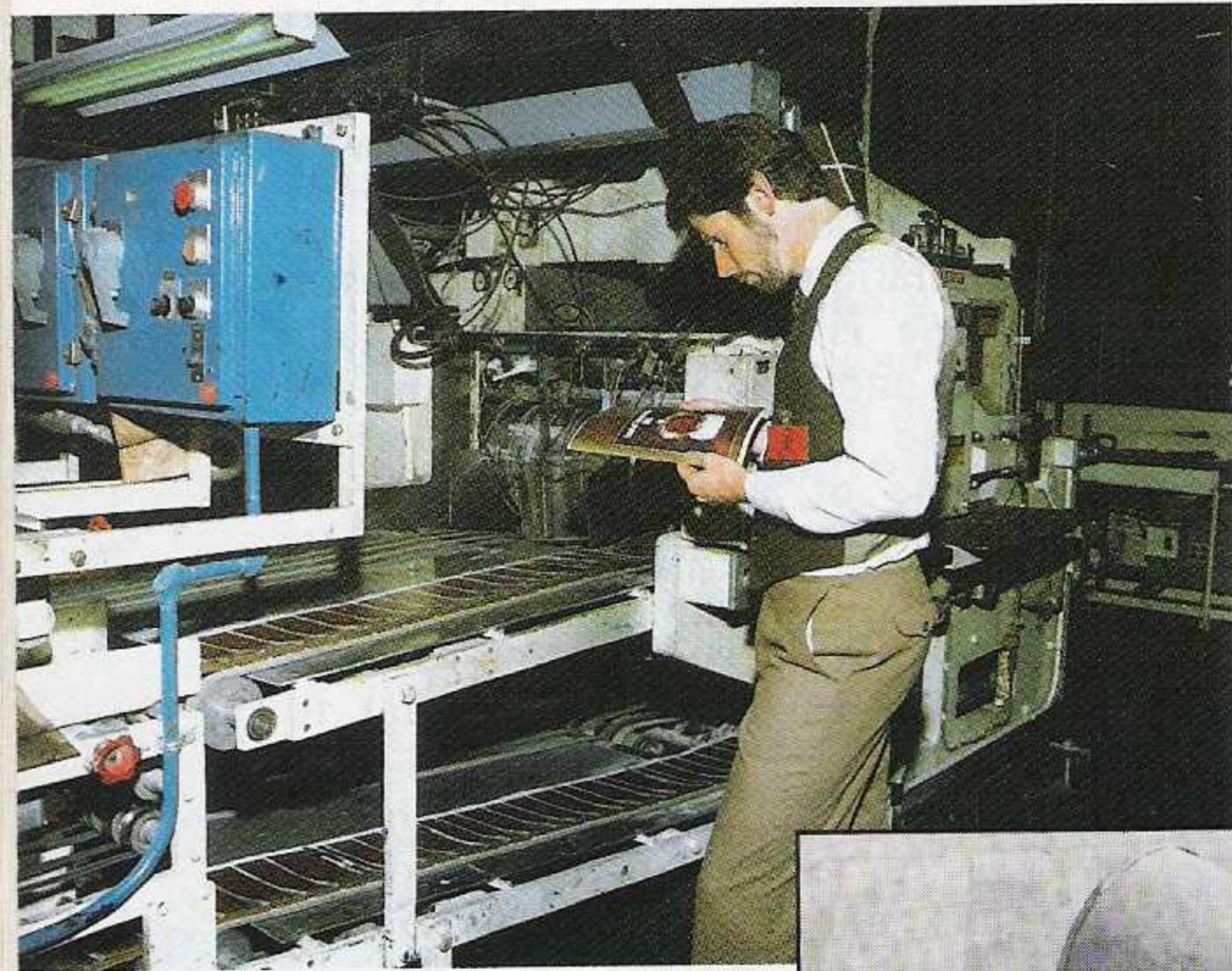
And the result of that experiment? THEY DIED! They produced the first child delinquent, the first criminal and murderer!

The most VITAL dimension of knowledge was MISSING from their "scientific" procedure!

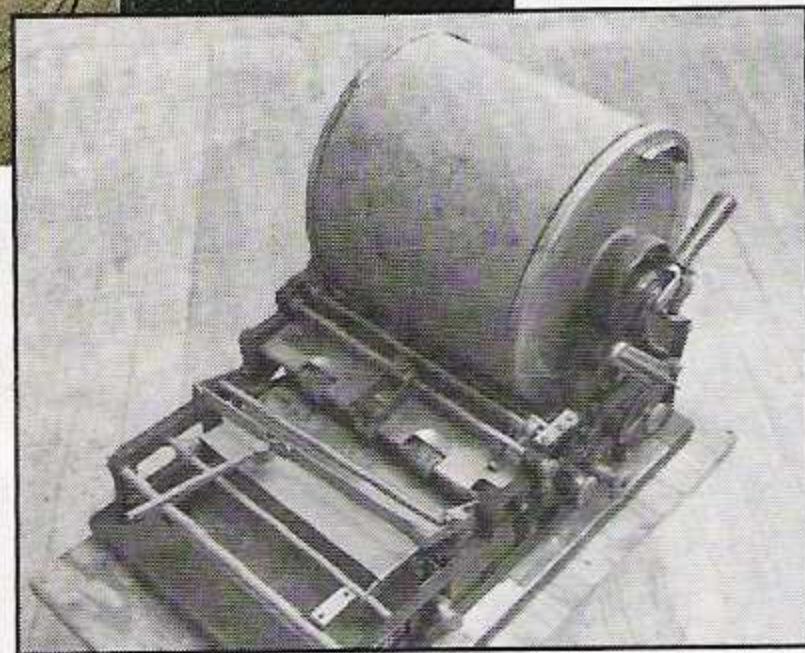
### Much beyond human power to discover

There is much vital, basic and important knowledge BEYOND THE POWERS OF MAN TO DISCOVER! Such important knowledge as what man *IS*, WHY he was put on earth and for what PURPOSE. And if there is PURPOSE, WHAT is that PURPOSE? And HOW may we attain it? What is THE WAY to PEACE? All nations seek and strive for PEACE — yet none finds it — they have WAR! What are the TRUE VALUES in life? This world pursues the FALSE!

Those are the most basic and important things man needs to KNOW. Yet he may search for the answers in vain. He can KNOW them ONLY through revelation.



Advances in printing allow information to be rapidly distributed. Knowledge has been widely circulated, but the vital dimension has been missing.



## The MISSING DIMENSION

(Continued from page 4)

said, Ye shall not eat of it, neither shall ye touch it, lest ye die. And the serpent said unto the woman, Ye shall *not* surely die: for God doth know that in the day ye eat thereof, then your eyes shall be opened, and ye shall be [margin, GOD], knowing good and evil" (verses 1-5).

The narration here attributes astute subtlety to the devil. First, he discredited God. In effect, he said: "You can't rely on God's word. He said you are mortal and can die. He knows better than that; He knows your minds are so perfect that YOU can be GOD."

It is the prerogative of GOD

Then such knowledge as: HOW the earth came; WHEN it came — how old it is; how old is human life upon it — the mystery of origins. These questions absorb the time, thought, research and thinking of scientists, philosophers, historians — yet they can come up only with GUESSES, THEORIES, HYPOTHESES — but NO PROOF — the definite KNOWLEDGE they could know ONLY by revelation.

In taking to themselves the forbidden fruit, the first humans *took to themselves* the determination of what is GOOD and what is EVIL. I repeat — in so doing, they rejected the FACT that God's living, inexorable spiritual law is THE WAY OF GOOD — the CAUSE of all GOOD — and its transgression THE WAY OF EVIL — the CAUSE of all evil. Since they and humanity in general after them have taken to *themselves* the determination of what is GOOD, they of necessity have followed THE WAY contrary to God's law. They have followed THE WAY that has produced all the vast mountain of EVILS that has descended on this *sick, SICK* world!

They made themselves competitors of the living GOD. That is why it is written in Romans 8:7, "The carnal mind is enmity [hostile] against God: for it is not subject to THE LAW OF GOD, neither indeed can be."

### What IS the missing dimension?

So what, then, is the MISSING DIMENSION in SEX knowledge — in ALL knowledge?

*It is revelation from GOD!*

For even though rejected by the first humans — even though rejected by mankind in general — God did bequeath to mankind HIS REVELATION OF BASIC KNOWLEDGE. We have it IN WRITING! The Holy Bible is that revelation. It contains history, instruction, revelation of basic knowledge and prophecy.

It does not contain ALL knowledge. It contains that basic, foundational knowledge *otherwise inaccessible to man!*

What, then, is WRONG with

knowledge production today? The most vital dimension is MISSING! I have said that error generally comes from *assuming* a false premise, taken carelessly for granted without proof, and building on that premise. And when the basic hypothesis or premise is false, the entire structure built upon it topples with it!

I have said that the tools of modern science are *observation, experimentation and reason*. Are those tools wrong? NOT AT ALL! The error comes from REJECTION of revelation. For revelation is the true starting premise. When man substitutes his own false hypothesis, the most vital dimension in knowledge production is MISSING!

God's Word — His INSTRUCTION MANUAL for mankind — is the FOUNDATION of ALL knowledge. It is NOT the sum total of knowledge. It is the foundation — the true premise — the starting point — the concept that directs the approach to the acquisition of further knowledge.

God INTENDED for man to PRODUCE ADDITIONAL KNOWLEDGE. He gave us the basis — the foundation — the premise — the concept. But He also provided us with eyes with which to observe. With hands and feet to explore and measure. With means to produce laboratories, test tubes, means of EXPERIMENTATION. He gave us awesome MINDS with which to THINK.

God intended man to use observation, experimentation and human reason. He supplied us with the basis — the foundation — *the start* in the right direction, with the right concept. But our first parents rejected the most vital dimension in all knowledge. And mankind has continued to reject the very FOUNDATION of all knowledge. Knowledge production has been operating without a foundation — based on false premises and erroneous hypotheses.

That is THE REASON human knowledge production has FAILED to solve humanity's problems, and to cure the world's ills. □

*(To be continued)*

## My Mom

*(Continued from page 5)*

ers and daughters everywhere enjoy is shopping. Mom can help you pick out clothes that fit well and are becoming to you. My mother and I have spent countless hours shopping together. Usually we make a whole day of it and include stopping for lunch at a restaurant that we haven't been to before.

Certainly the one-to-one time spent with your mother doesn't have to be planned minute by minute. Leisure, unplanned and unorganized time often yields the best memories.

### Learning from Mom

How many things would you guess your mother has taught you since you were born?

She has taught you to walk, to talk, to feed yourself, to tie your shoes, perhaps to ride a bike — the list is endless. The potential for things you can yet learn is immense.

More than likely, your mother is a good cook and homemaker. Why not ask your mother one evening if you can help her cook dinner? You will not only please your mom by helping her, but you will be learning at the same time.

By helping my mom harvest and preserve fruits and vegetables, I learned a great deal about gardening, canning and freezing. I also learned how to economize while at the same time providing nutritious food for the family year-round.

If there is a hobby you are interested in or a special skill you would like to develop — sewing, knitting or perhaps needlepoint — seek your mother's help in pursuing your interests.

Soon you will discover that Mom is not just someone that has always been there to do things for you, but someone you share a special bond with. Let her know how you feel and that she is appreciated. The bond you are building now will last a lifetime. □

## Spend Me

(Continued from page 7)

plan his entertainment so he does what he really wants to do. In addition, David's savings program has served him well. Since he started saving \$6 a week for his bicycle about five months ago, David has put away \$120. In five more weeks he'll be able to buy a brand new 10-speed.

Knowing how much he has to spend on entertainment allows David to pick and choose his leisure activities wisely. And his saving program allows him to plan long-range for more expensive items.

Sure, budgeting takes discipline. It's hard to stick to a budget, but it does have its rewards.

Budgeting gives you the confidence and security of knowing how much money you can spend and how much you need to save. You'll be in control of your money — rather than the other way around. You'll reduce your impulse buying and stop filling your room with things you don't really want. Instead, you'll have something to show for your hard work.

Wise spending habits will enable you to develop a good savings program. If you're serious about saving, get your parents to take you to a bank. Let a bank official explain the requirements for opening a savings account and the various types of accounts — such as passbook, statement and time deposit — available at his establishment. It will be well worth your while.

But altering a life-style isn't easy, and that's what budgeting means. However, if you want to get out of your rut of always being broke and dissatisfied, try a budget.

Sit down with your parents and determine your wants and needs and draw up a realistic budget accordingly. If you do, the next time you hear a voice in a store, it may be a store clerk thanking you after you've bought a new 10-speed. □

## Femininity

(Continued from page 13)

macy, venereal disease, heartache, sorrow, guilt, warped attitudes about sex.

In our Western society, more than half of all young brides have experienced premarital sexual relations. (Unfortunately, the percentage is even higher among men. God does not have a double standard — men are just as accountable.)

What a testimony against our society and against true femininity! Remember the title of this article is "True Femininity: Every Girl's Challenge." It is a challenge to maintain a pure and chaste life — to present oneself in marriage as a virgin.

Think of virginity not as something you lose (the common thought), but something you give. It should be a gift you give your husband on your wedding night.

It's worth waiting for and you and your husband will always be glad you waited.

### But is it worth it?

Is it worth it to be properly educated? Is it worth it to be truly beautiful from within as well as without? Is it worth it to maintain purity? Is it worth it to set goals for quality education and a proper feminine career? Is it worth it to swim upstream, to buck the tide, to resist the crowds?

You bet it is!

A truly feminine young woman has personality, a sharp mind, is educated and knows where she is going. She dresses well, does her hair neatly, is clean and well-groomed, maintains a good weight, exercises and works for success in whatever she does.

But . . .

All the while she never forgets she is a woman — she is female. She is feminine. She learns her life-style and attitude from the sacred Word of God.

That's the challenge. Living in this world with all its pulls, it's not easy to maintain godly femininity. It will require your best effort, but you can do it! □

## Who Are We?

(Continued from page 29)

by His rules, accepting His code of conduct.

The young woman is also right that if you turn to God, all your problems are not immediately solved. It takes work — building character and patience. And that's one reason we try to stress the positive — to encourage readers to stick it out and receive the positive end results.

So, who are we? And what right do we have to tell anybody what's right or wrong?

Well, we're a Church — the Worldwide Church of God — with headquarters in Pasadena, Calif., and members all over the world. It's not a matter of whether we have the right or enough experience to tell you what's right or wrong. God does. God gives His standard for right or wrong in the Bible.

He gave us this standard, not because He enjoys telling human beings what to do, but because He created us and therefore knows what's good for us. The Bible is a sort of handbook that the Creator sent along with His product, telling how it should be handled for best results.

So in *Youth 83*, we use God's standard — not our own. God has given us guidelines dealing with every area of human life — health, money, sex, dealing with other people — everything. We try to show readers how God's standard, the Bible, applies to everyday life. And we have found, by experience, that people who live God's way are happy. Not completely free of problems, but growing and fulfilled and happy.

Of course, your accepting God's standard in your own life is not going to change all the evil and wretchedness in the world. But the Bible also shows that in the future the whole world will accept God's way — and the "slums, prostitution, hunger and poverty" will be replaced by a happy, perfect world.

Even better than in the pictures. □

# BY THE WAY...

An Open Letter to  
Our Readers-

## Who Are We to Say What's Right and Wrong?

By Dexter H. Faulkner

One thing I have to say about you *Youth 83* readers — you certainly let us know what's on your minds. Every day, it seems, we get letters from you — commenting on articles, asking questions, telling us how you feel.

We read all of your letters with interest, and publish as many as we can. And once in a while, we get a letter that asks some basic questions that seem to demand our attention. A few days ago (as of this writing) we got such a letter:

"Dear *Youth 83*,

"Whenever you take pictures of people, they always look so lovely and goody-goody. Life isn't like that. I've been a lot of places in the world, and I can tell you they don't all look as lovely as your photos — slums, prostitution, hunger and poverty.

"The problems that you do publish always end in the sort of attitude that if you turn to God, your problems are solved. Don't get me wrong — I do believe in God — but out of experience I can tell you that He has never gotten me out of anything sinful or wrong.

"I guess that if you do publish this, your answer will say something like you know my feelings are genuine, but I still haven't really had enough experience in life. Well, all I can say is, have you really had enough experience to go around telling people what's right or wrong?"

Perhaps you, too, have wondered who we are and why we publish *Youth 83*.

To begin with, I'll tell you what we're not. We're not a sports magazine or a "food-fashion-fun" magazine, although we do publish articles on those subjects. And although we do print articles about current events, we're not primarily a newsmagazine either. (However, we do publish another magazine, called *The Plain Truth*, which delves more deeply into world conditions. For a free subscription, just write us.)

In *Youth 83* illustrations, more than always showing the world as it is today, we try to show the world as it should be, and could be. We show lots of pictures of happy people because we think people should

be happy and can be happy. We picture young people who are living by a definite set of standards that produce happiness, and who are reaping the results.

You see, being happy involves finding the *causes* of problems, and eliminating them. Every problem, from the simplest argument with a brother or sister, to world hunger and malnutrition, has a cause or several causes. If we can eliminate the causes of problems, rather than just treating their effects, we can be rid of the problems for good.

One of the main causes of many people's problems today is not including God in their plans or way of living. That's why we mention God so often. But the young woman who wrote the letter is right — just turning to God to get you out of trouble when you're in a jam is not the answer. It's only part of the solution. You can only

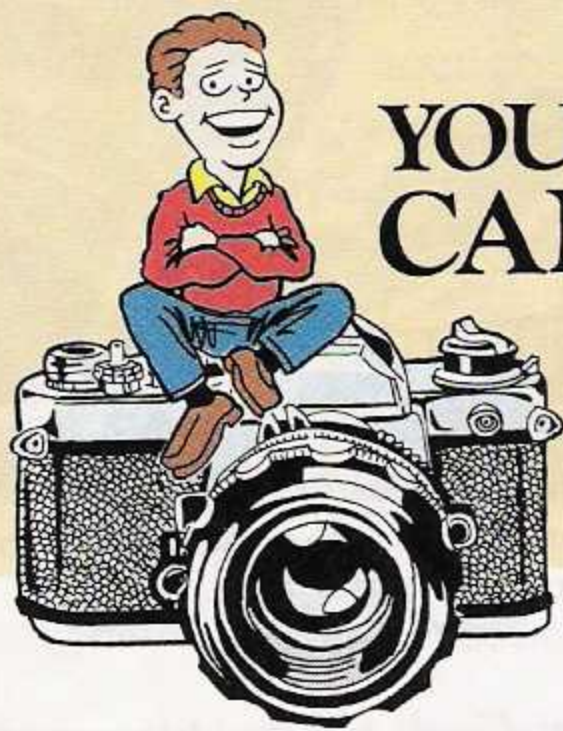
Photo by Nathan Faulkner



A reader asked why we always show happy people in our pictures. This article gives the answer.

expect God to do His part if you have done yours. And your part includes turning your own life around to His way, abiding  
(Continued on page 28)

Photographer — Deanna Schow  
Age 19  
Port Orchard, Wash.



## YOUTH ON CAMERA

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